

Dawn of a New Day Memory Care

Dawn of a New Day defines the mission of Eskaton Memory Care to inspire each resident, every day. Our empathic approach helps ensure that our residents at all stages of dementia live with personal dignity and self-worth. Dawn of a New Day distinguishes Eskaton's Memory Care by its commitment to:

- Make connections with, and among residents by sharing experiences.
- Engage residents in activities that promote self-expression and cognitive challenges.
- Partner with families; provide support and regular communication.
- Coordinate intergenerational connections.
- Require empathy, compassion and teamwork.
- Serve as an educational resource center.

Eskaton's Memory Care Academy is a 16 hour training program for caregivers of Memory Care residents. Even non-caregivers are required to complete the first 12 hours. The training is interactive, using real examples to facilitate learning. The Academy is taught by Teri Tift, Eskaton's executive director of quality and compliance. Teri's credentials include a bachelor's and master's degree in nursing with a focus on nurse



For more information
about this program,
talk to your
Eskaton community
representative.



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education and geriatric nursing; a doctorate in health administration and a graduate certificate in gerontology. She is also a part-time professor in the gerontology department at California State University, Sacramento.

Memory Care residents enjoy the intimacy of private or semi-private rooms, along with the benefits of the social atmosphere of the common living room, dining area, recreation room and courtyards. Additionally, creative sensory stimulation activities including arts and crafts, pet therapy, reminiscence, gardening, tea socials, exercise, outings and intergenerational connections are scheduled regularly — and often joined by family members and volunteers.

Eskaton also offers Dayspring Pre-memory Care. The innovative Dayspring model — for individuals experiencing mild cognitive impairment — combines the supportive independence of traditional assisted living and the assurances of memory care.

Eskaton Memory Care Communities

Eskaton Village Carmichael

Continuing Care Community
916-974-2000
800-300-3929 Toll Free
License # 340313383 | COA # 202

Eskaton Village Grass Valley

Multi-Level Community
530-295-3400
License # 297001933

Eskaton Village Placerville

Multi-Level Community
530-295-3400
License # 097005046

Eskaton Village Roseville

Multi-Level Community
916-789-7831
License # 315002052

Eskaton FountainWood Lodge (Orangevale)

Assisted Living and Memory Care
916-988-2200
License # 347003574

Eskaton Lodge Gold River

Assisted Living and Memory Care
916-852-7900
License # 347001241

The Parkview (Pleasanton)

Assisted Living and
Memory Care
925-461-3042
License # 015601283