

Eskaton Kids Connection

Eskaton's award-winning Kids Connection partners Eskaton communities with elementary schools to create intergenerational friendships. Since 2009 this program has grown to include 26 classrooms, 23 Eskaton communities and has more than 1,000 intergenerational buddies. Eskaton Kids Connection earned the "Inspire Award" from the Twin Rivers Unified School District, was recognized for excellence by The Eisner Foundation, and was awarded the Innovations in Quality award by California Assisted Living Association.

Research* shows that when generations come together, there are clear, positive outcomes for everyone involved. Older adults experienced:

- Fewer falls
- Increased strength and stability
- Increased mental acuity
- Increased calorie burning by 20% during child/senior engagement

Children experienced improved academic performance and enhanced social skills. Other benefits include increased mutual respect and sensitivity.

Structured activities at communities range from art projects, reading and interviewing to singing and eating lunch together. Classrooms also video chat with their buddies when not on site.

* According to Generations United Fact Sheet: The Benefits of Intergenerational Programs



California Assisted Living Association (CALA) presented the Innovations in Quality Award to Eskaton Kids Connection in 2015.



For more information
about this program,
talk to your
Eskaton community
representative.

