



Year *of the* Story



Improving the lives of seniors through the power of generosity.

Why Eskaton Foundation

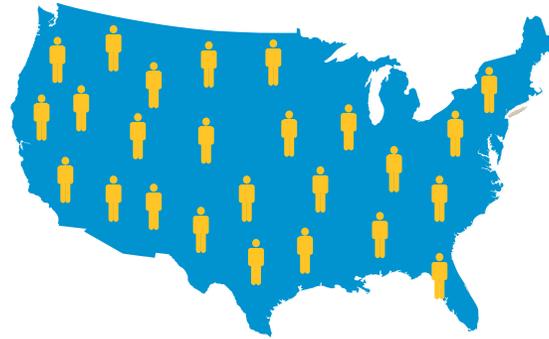
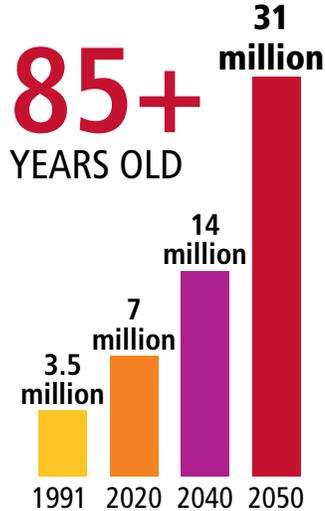
Eskaton Foundation, its board of directors, donors, and volunteers fervently believe that Seniors Matter.



Of all giving
in the U.S. only
2% is directed
toward senior causes.

We aim to change that!

The Senior Boom Continues



In November 2016, the U.S. hit a milestone of **50,000,000 people 65+ years old** — more than the entire population of 25 states combined!



If all U.S. seniors held hands, they would wrap around the entire world **TWICE**.

Adult Day Health Cares

“Our family was not prepared for Mark’s diagnosis, at the age of 54, of Early Onset Alzheimer’s Disease and the forthcoming medical, social and financial challenges it brings. The generous help from Eskaton Foundation allows Mark to be part of the Adult Day Health Center, an incredible place of respect and friendship. While he is there, our family is encouraged and supported and able to continue on with our work and school obligations. The center’s care for their clients impacts the whole family and the community at large. We are so grateful.” – Mark’s wife

It’s difficult to describe the magnificence of this program. Please call us to receive a personal tour. We guarantee a first-hand visit will touch your life in a meaningful way!

Your thoughtful gift will mean the difference between caring for a loved-one at home and a premature placement in a nursing home.

What will your gift do? 

A gift of \$110 – helps one senior with one full day of activity, therapy and hygiene care.

A gift of \$550 – helps one senior with one full day for five weeks of activity, therapy and hygiene care.

A gift of \$2,200 – changes the life of both the senior and his/her family for three months of care (two days a week).



Future participants

Transitions Care Fund

The transition can be difficult for low-income seniors who, after a hospital stay, move to nursing/rehabilitation and then back home, especially when living alone. Whether the medical condition was a major surgery or a broken hip due to a fall, going home without help may result in a worsening condition. The Transitions Care Fund provides up to 72 hours of nonmedical home care for seniors who can't afford help during this critical transition.

What will your gift do?

A gift of \$900 – provides 26 hours of care including bathing, cooking, and transportation to doctor visits.

A gift of \$1,400 – provides 40 hours of care.

A gift of \$2,500 – provides 72 hours of care.

54%
of women over

85 
live alone.



Transportation Plus

Simple routines, such as getting weekly groceries or visiting a doctor, pose major obstacles for low-income seniors who no longer drive and do not have access to or can't manage public transportation.

Joanne, 79, and her husband Bernie, 92, use Transportation Plus to get back and forth to doctor appointments. Joanne, who has macular degeneration, says the program has been a huge help because she and her husband can no longer drive. "If we ever lost it, we'd be in a lot of trouble," Joanne says. "We don't have children and you can't rely on your friends and neighbors all the time. There are not enough words to say thank you for making this program available."

What will your gift do?

A gift of \$300 – provides one round-trip ride each week for a month.

A gift of \$900 – provides one round-trip ride each week for three months.

A gift of \$1,800 – provides one round-trip ride each month for two years.



In Sacramento County alone, there are **75,000** seniors no longer able drive.

Resident Assistance Fund

Residents living in Eskaton communities enter with the financial resources to sustain them. Sometimes, however, fate intervenes and disrupts the most careful planning and management. A resident might outlive resources or need extensive medical care.

Imagine being a 97-year-old living in memory care and no longer able to afford care. Eskaton does not say farewell to these individuals. Instead, Eskaton Foundation, through the generosity of donors, supports these residents until the end.

It's our fervent belief that Eskaton residents will always have a home if, in good faith, they run out of resources meant to carry them through.

What will your gift do?

A gift to the Resident Assistance Fund endowment today provides a brighter picture for our seniors tomorrow. When you make a donation to our endowment, you give a gift with both immediate and long-term benefits.

Here's how it works: Endowment donations are invested. A portion of the annual income from the investment is used to address immediate needs for resident assistance. The remaining funds are reinvested to ensure indefinite support for senior neighbors and friends.

"I had no idea that my Mom would be in this situation, but thanks to Eskaton Foundation, my mom who has advanced dementia will be taken care of until the end."



Therapeutic Music

When visiting a resident in Memory Care, harpist Aileen Kelly noted he was agitated. In a wheelchair, he rammed into his wife and all who came into his room. He was constantly wringing and tearing at a sweater on his lap. She played several songs with no change in his behavior ... until she played Brahm's Lullaby. His demeanor changed. "I used to play that song," he said. He became peaceful and friendly. And miraculously, he smoothed out the sweater, folded it and placed it on the bed!

Eskaton Foundation's popular Therapeutic Music Program comforts seniors who are in pain, agitated, and scared. Music helps those with Alzheimer's come alive! The program provides thousands of bedside sessions in both our nursing and memory care communities each year.

What will your gift do?

A gift of \$90 – provides one individual with three one-on-one visits.

A gift of \$180 – helps six seniors with advanced dementia become alive inside.

A gift of \$360 – relieves the pain and provides peace for 12 individuals with one-on-one visits.



We are unable to feature all the good work of our donors in this brief brochure. All of our programs improve the lives of seniors, their families, caregivers and friends.

And There's More

- **No One Dies Alone** – *While making patient rounds at a hospital, a veteran nurse was stopped by an elderly man near death. He asked, “Will you stay?” She said, “Of course, let me finish checking my other patients.” By the time she returned the man had died. Overcome by guilt and frustration, the nurse started No One Dies Alone. Today, the program is internationally acclaimed and Eskaton Foundation supports its presence in Eskaton’s skilled nursing and memory care communities.*
- **Eskaton Kids Connection** – This heartwarming program brings together 1,500 students and senior buddies for a unique and rewarding intergenerational experience.
- **Employee Emergency Assistance Fund** – For an employee experiencing an unexpected emergency, Eskaton Foundation provides a one-time gift to help him / her through a difficult time.
- **Where the Need is Greatest** – Giving an unrestricted gift provides us with the opportunity to fund vital services that are outside the scope of restricted funds. It also demonstrates your trust in us to steward your gift and use it in the wisest of ways.



Chaplaincy Assistance —
providing peace of mind,
hope and companionship.

Volunteer Opportunities

The power of giving back is strong at Eskaton Foundation. Volunteer talent, compassion and generosity come together to impact the lives of seniors.

Volunteer opportunities abound. Imagine the difference a volunteer makes by chatting on the phone with an isolated senior, bringing people together with a game of cards, escorting a resident outside for a breath of fresh air, or offering the gift of music by sharing their talent.

Additionally, uniquely crafted volunteer opportunities are created for company employee groups. These group projects involve heart-warming experiences with seniors while team camaraderie and staff morale are strengthened.

Volunteering at Eskaton powerfully demonstrates the belief that Seniors Matter!

What will your gift do?



1 hour a week – Assist our professional activity directors with special events and projects.

4 hours a month – Join hundreds of volunteers to serve as an ambassador to help spread the word about seniors right here in our community.

60 hours a year – Become a permanent and special volunteer who supports a myriad of meaningful engagements.



Philanthropic Partners – SAFE CU, Consolidated Communications, and DataSafe joined forces to create a peaceful garden courtyard for those living in long-term care at the Eskaton Care Center Fair Oaks.

When you give to Eskaton Foundation, you are demonstrating that you believe seniors matter! Donations help seniors maintain their independence, preserve their dignity, and increase their health and wellness for the best quality of life possible.

By working with an Eskaton Foundation staff member, you can create a gift plan that meets your philanthropic dreams and secures your family's future while strengthening projects and services you care about.

Ways You Can Give



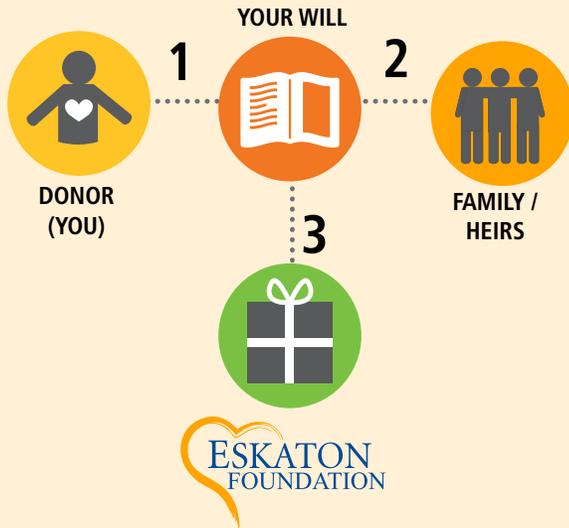
There are many ways you can make a gift:

- Cash
- Appreciated Stocks/Securities
- Bequests – Will/Living Trust
- Charitable Gift Annuity
- Real Estate and Collectibles
- Life Insurance
- Retirement Assets (Required Minimum Distribution)

Give FIVE!

Through the power of generosity, you can give a deferred gift through your Will or Trust. It's an easy way to provide an enduring gift to Eskaton Foundation.

A gift from your Will or Trust (bequest) —
It's as easy as 1 – 2 – 3.



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Eskaton Village Roseville resident Patsy King says: "I am thankful for my life and to be able to give back is important. Eskaton Foundation does good work for seniors and as a senior myself, I wanted to help."



eskatonfoundation.org

Seniors Matter

Join us in our endeavor to make it popular to give to senior causes!



facebook.com/EskatonFoundation

Eskaton Foundation is a nonprofit 501(C)(3) organization. Our tax ID # is 68-0227233.