


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-Church Service (SR) 1 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Sing Along (AD) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Coffee & Gardening (AD) 2 10-Sit N Fit (AD) 10:30-Card Games (AD) 1:00-Mexican Train (AD) 2:00-Sing Fit(AD) 3:00-Whats cooking: Brownie in A mug (AD)	9:15-Morning Walk 3 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Arts & Crafts (AD) 2:00-Music with the nightcaps (SR) 3:00-Shooting Range(AD)	<u>Pajama Day</u> 4 9:15- Coffee Talk (AD) 9:30- Tai-Chi with Darlene (AD) 10:00-Pets Visit (AD) 10:00-Wheel of Fortune (AD) 1:00-Karaoke (AD) 2:00-Food Committee Meeting (L) 3:00-Sewing (AD)	9:00-Bible Study (T) 5 9:15-Walking Group(Lobby) 10:00-Scented Hand Massages (Lobby) 10:30-Outing: Sam's Hof Brau 1:00- Paul Harvey & other short stories (lobby) 2:00-Traditional Rosary (AD) 3:00-Make A Word(AD) 6:00-Dime bingo with Marie (AD) Sukkot	9:00-Catholic Communion 6 (L) 9:15-Shop at Bel Air (lobby) 10:30-Hand Weight Exercise (AD) 1:00-October IQ (SR) 2:00-Music with Don Terra (SR) 3:00-Happy Hour (SR) 6:30- Friday Night Flicks	9:00-Make a word 7 10:00-Lighthouse Gospel (SR) 1:00- Bingo (AD) 2:00-Music with Marvin (SR) 3:00-Pretty & polished
9:00-Church Service (SR) 8 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Mike Shields (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Coffee & Gardening (AD) 9 10:00-Kids Connection (AD) 1:30-Mexican Train/Card Games (AD) 3:00-Sing Fit (AD) Columbus Day (US) Thanksgiving Day (Canada)	9:15-Morning Walk 10 10:00- Make A Word(AD) 1:00-Scrabble with Marie (L) 1:00-Arts & Crafts (AD) 2:00-Bingo (AD) 3:00-Shooting Range(AD)	9:30-Sit N Fit (AD) 11 10:00-Wheel of fortune (AD) 1:00-Sing Along (AD) 2:00-Town Hall Meeting (L) 3:00-Sewing (AD)	9:00-Bible Study (T) 12 9:15-Walking Group(Lobby) 10:00-Scented Hand Massages (Lobby) 10:30-Outing: Spirit Store 1:00-Paul Harvey & other short stories(lobby) 2:00-Traditional Rosary (AD) 3:00-Make A Word(AD) 6:00-Dime bingo with Marie (AD)	<u>Oktoberfest</u> 13 9:00-Catholic Communion (L) 9:15-Shop at Bel Air (lobby) 10:30-Expressive Painting with Alicia (AD) 1:00- Bean bag Toss/Yodeling contest/Raffle 2:00- Accordion Music with Sandy (SR) 3:00-Happy Hour/Beer tasting (SR) 6:30- Friday Night Flicks	9:00-Make a word 14 10:00-Sit N Fit (Lobby) 1:00-3:00-Art Show (Lobby) 4:00-Dinner Outing: Casa De Gardens (Lobby)
9:00-Church Service (SR) 15 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Marvin (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	<u>Fun & Funky Week 16</u> <u>Sports day</u> 9:30-Coffee & Gardening (AD) 10-Sit N Fit (AD) 10:30-Card Games (AD) 1:00-Mexican Train (AD) 2:00-Sing Fit(AD) 3:00-Whats cooking: Hot Dog Mummies(AD)	<u>Top Hat/Crazy Socks</u> 17 9:30-Morning Walk 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Arts & Crafts (AD) 2:00-Music with Mike Jasper (SR) 3:00-Shooting Range(AD)	<u>Wrong Holiday</u> 18 9:00- Coffee Talk (AD) 9:30- Sit N Fit (AD) 10:00- Wheel of Fortune (AD) 1:00-Bingo (AD) 2:00-Kids At Heart Ceramics (BD) 3:00-Resident Council (L)	<u>Decade Day</u> 19 9:00-Bible Study (T) 9:30-Walking Group(Lobby) 10:00-Scented Hand Massages (Lobby) 10:15-Outing: Dash of Panache 1:00-Paul Harvey & other short stories (lobby) 2:00-Traditional Rosary (AD) 3:00-Make A Word(AD) 6:00-Dime bingo with Marie (AD)	<u>Nerd Day</u> 20 9:00-Catholic Communion 9:15-Shop at Bel Air (lobby) 10:30-Hand Weight Exercise (AD) 1:00-Word search & crosswords 2:00-Music with Your Melody Makers (SR) 3:00-Happy Hour (SR) 6:30- Friday Night Flicks	9:00-Make a word 21 10:00-Laughtfer Yoga (SR) 1:00- Bingo (AD) 2:00-Sing Fit (AD) 3:00-Pretty & polished(AD)
9:00-Church Service (SR) 22 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Chrissie B (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Coffee & Gardening (AD) 23 10-Sit N Fit (AD) 10:30-Card Games (AD) 1:00-Mexican Train (AD) 2:00-Sing Fit(AD) 3:00-Whats cooking: Jack O'Lantern floats(AD)	9:30-Morning Walk 24 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Arts & Crafts (AD) 2:00-Karaoke (SR) 3:00-Shooting Range(AD)	<u>Old Western Day</u> 25 9:00- Coffee Talk (AD) 9:30- Tai Chi with Darlene (AD) 10:00- Wheel of Fortune (AD) 1:00-Bingo (AD) 2:00- Trivia (SR) 3:00-Music with Vickie Lee (SR)	9:00-Bible Study (T) 26 9:30-Walking Group(Lobby) 10:00-Scented Hand Massages (Lobby) 10:00-Outing: California Museum/Day of the dead exhibit 2:00-Traditional Rosary (AD) 3:00-Make A Word(AD) 4:00-Candelight Dinner with Cello music 6:00-Dime bingo with Marie	9:00-Catholic Communion 27 9:15-Shop at Bel Air (lobby) 10:00-Art Reflection with Tiffany (AD) 1:00-Word search & crosswords 2:00-Music with Julian Lacalle (SR) 3:00-Happy Hour (SR) 6:30- Friday Night Flicks	9:00-Make a word 28 10:00-Sit N Fit (SR) 1:00- Bingo (AD) 2:00-Music with Voz Alta (SR) 3:00-Pretty & polished
9:00-Church Service (SR) 29 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Girl Scouts 1534 (AD) 2:00-Music with Steve Davis (SR) 2:00-Movie Matinee:(T) 3:00-Poetry Reading (AD)	9:30-Coffee & Gardening (AD) 30 10-Sit N Fit (AD) 10:30-Card Games (AD) 1:00-Mexican Train (AD) 2:00-Music with Michelle Devol (AD) 3:00-Whats cooking: Mini Poison Apples (AD)	<u>Halloween!</u> 31 9:00- Halloween Prep 9:30- La petite Trick or treat 10:00-Brain Gym with Michael (AD) 1:00-Monster ball & costume contest (SR) 2:00-Resident Costume Birthday Party featuring Little Trouble (SR) Halloween	<h1>October 2017</h1> <h2>Assisted Living</h2>			

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9:00-Church Service (SR) 1 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Mike Shields (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Gardening Fun 2 10:00-Music with Ciprian (MCU) 1:00- Short Stories 2:00-Sing Fit (AD) 3:00-Whats cooking/~ Brownie in A mug (AD)	9:00-Bible Study 3 9:30-Morning Walk 10:00-Sing Along with Paloma 1:00- Shooting Range 2:00-Music with the nightcaps (SR) 3:00-Table Games	9:30- Morning Stretch 4 10:00-Music with Mike Ely (MCU) 1:00-Sing Along with Sandy 2:00-Kids at heart Ceramics (BD) 3:00-Make a word	9:30-Cofee Talk 5 10:00-Morning Walk 10:30-Outing: Sam's Hof Brau 1:00-Ballon Volleyball 2:00-Sing Fit 3:00-Hand massages	9:30-Group Reading 6 10:00-Gardening Fun 10:30-Sit N Fit 1:00-Expressive Painting 2:00-Music with Don Terra (SR) 3:00-Happy Hour (SR)	9:00-Make a word 7 10:00-Lighthouse Gospel (SR) 1:00- Bingo (AD) 2:00-Music with Marvin (SR) 3:00-Pretty & polished
9:00-Church Service (SR) 8 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Marvin (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Gardening Fun 9 10:00-Kids Connection 1:00-Movie Matinee 2:00-Short Stories 3:00-Sing Fit (AD) Columbus Day (US) Thanksgiving Day (Canada)	9:00-Bible Study 10 9:30-Morning Walk 10:00-Sing Along with Paloma 1:00- Shooting Range 2:00-Music with the nightcaps (SR) 3:00-Table Games	9:30- Morning Mingle 11 10:00-Country Music with Jerry (MCU) 1:00-Sing Along with Sandy 2:00-Make A Word 3:00-Arts & Crafts	9:30-Cofee Talk 12 10:00-Morning Walk 10:30-Outing: Spirit Store 1:00-Balloon Volleyball 2:00-Sing Fit 3:00-Hand massages	Oktoberfest 13 9:30-Group Reading 10:00-Expressive Painting with Alicia(BD) 1:00- Bean bag Toss/Yodeling contest/Raffle(SR) 2:00- Accordion Music with Sandy (SR) 3:00-Happy Hour/Beer tasting (SR)	9:00-Make a word 14 10:00-Sit N Fit 1:00-3:00-Art Show (Lobby) 4:00-Dinner Outing: Casa De Gardens (Lobby)
9:00-Church Service (SR) 15 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Chrissie B (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	Spirit Week Sports Day 16 9:30-Gardening Fun 10:00-Music with Ciprian (MCU) 1:00- Short Stories 2:00-Sing Fit (AD) 3:00-Whats cooking/~ Hot Dog Mummies (AD)	Top Hat/Crazy Socks 17 9:00-Bible Study 9:30-Morning Walk 10:00-Sing Along with Paloma 1:00- Shooting Range 2:00-Music with Mike Jasper (SR) 3:00-Table Games	Wrong Holiday 18 9:30- Morning Mingle 10:00-Music with Mike Ely (MCU) 1:00-Sing Along with Sandy 2:00-Kids at heart Ceramics (BD) 3:00-Arts & crafts	Decade Day 19 9:30-Cofee Talk 10:00-Morning Walk 10:30-Outing: Dash of Panache 1:00-Balloon Volleyball 2:00-Sing Fit 3:00-Hand massages	Nerd Day 20 9:30-Group Reading 10:00-Gardening Fun 10:30-Sit N Fit 1:00-Expressive Painting 2:00-Music with Your Melody Makers (SR) 3:00-Happy Hour (SR)	9:00-Make a word 21 10:00-Laughtfer Yoga (SR) 1:00- Bingo (AD) 2:00-Sing Fit (AD) 3:00-Pretty & polished(AD)
9:00-Church Service (SR) 22 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Sing Along (AD) 2:00-Movie Matinee: (T) 3:00-Poetry Reading	9:30-Gardening Fun 23 10:00-Sit N Fit 10:30-Bean bag Toss 1:00-Short stories 2:00-Sing Fit (AD) 3:00-Whats cooking/~ Jack O'Lantern floats (AD)	9:00-Bible Study 24 9:30-Morning Walk 10:00-Sing Along with Paloma 1:00- Shooting Range 2:00-Music with the nightcaps (SR) 3:00-Table Games	9:30- Morning Mingle 25 10:00-Country Music with Jerry (MCU) 1:00-Sing Along with Sandy 2:00-Music with Vickie Lee 3:00-Make A Word	9:30-Cofee Talk 26 10:00-Morning Walk 10:30-Outing: California Museum/Day of the dead exhibit 1:00-Ballon Volleyball 2:00-Sing Fit 3:00-Hand massages 4:00-Candelight Dinner	9:30-Group Reading 27 10:00-Art Reflection with Tiffany (AD) 1: Expressive Painting 2:00-Music with Julian Lacalle (SR) 3:00-Happy Hour (SR)	9:00-Make a word 28 10:00-Sit N Fit (SR) 1:00- Bingo (AD) 2:00-Music with Voz Alta (SR) 3:00-Pretty & polished
9:00-Church Service (SR) 29 10:00-Slendid Sunday Stretch (AD) 10:30-Balloon Volleyball (AD) 1:00-Make A Word (AD) 2:00-Music with Steve Davis (SR) 2:00-Movie Matinee: (T) 3:00-Poetry Reading (AD)	9:30-Gardening Fun 30 10:00-Sit N Fit 10:30-Bean bag Toss 1:00-Short stories 2:00-Music with Michele Devol (SR) 3:00-Whats cooking/~ Mini Poison Apples (AD)	9:00-Bible Study 31 9:30-Morning Walk 10:00-Sing Along with Paloma 1:00- Shooting Range 2:00-3:00- Resident Birthday Party Featuring Music with Hats N Taps (SR) Halloween				

Type the name, address and other information about your community/company here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9-Daily Chronicle 10-Sit N Fit 1-Arts & Crafts 2-Sing Fit 3-Hymn-Sing Along with Friends</p>	<p>1 9-Morning Stretch 9:30-The Daily Chronicle 10-Violin music with Ciprian 1-Trivia 2-Snack & Chat 3-Discovery</p>	<p>2 9-Morning Coffee Social 9:30- The Daily Chronicle 10-Outing: Red Apple Cafe 2-Music with The Nightcaps (ALU) 3-Expressive Painting</p>	<p>3 9-Morning Stretches 9:30-Daily Chronicle 10-Rock N Roll with Mike Ely 1-Tea Social 2-Kids at Heart Ceramics (ALU) 3-Karaoke</p>	<p>4 9-Morning stretches 9:30-The Daily Chronicle 10-Balloon Volleyball 1-Arts & Crafts 2-Sing Along 3-Movie Matinee <small>Sukkot</small></p>	<p>5 9-Morning stretches 9:30-The Daily Chronicle 10-Sing Fit 1-Fancy Nails & Make over 2-Music with Don Terra (ALU) 3-Happy Hour (ALU)</p>	<p>6 9-Sit N Fit 9:30-The Daily Chronicle 10-Lighthouse Gospel (ALU) 1-Ball Games 2-Adult Coloring 3-Bingo</p>
<p>8 9-Daily Chronicle 10-Sit N Fit 1-Arts & Crafts 2-Music with Mike Shields (ALU) 3-Hymn-Sing Along with Friends</p>	<p>9 9-Morning Stretch 9:30-The Daily Chronicle 10-Kids Connection 1-Scented Hand massage 2-Snack & Chat 3-Discovery <small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>9 9-Morning Coffee Social 9:30- The Daily Chronicle 10-Outing: Spirit Store 2-Snack & Chat 3-Expressive Painting</p>	<p>10 9-Morning Stretches 9:30-Daily Chronicle 10-Country Music with Jerry Jingles 1-Tea Social 2-Mind Stretchers 3-Karaoke</p>	<p>11 9-Morning stretches 9:30-The Daily Chronicle 10-Balloon Volleyball 1-Arts & Crafts 2-Sing Along 3-Movie Matinee</p>	<p>12 Oktoberfest 9-Morning stretches 9:30-The Daily Chronicle 10-Sing Fit 1:00- Bean bag Toss/Yodeling contest/Raffle 2:00- Accordion Music with Sandy (SR) 3:00-Happy Hour/Beer tasting (SR)</p>	<p>13 9-Sit N Fit 9:30-The Daily Chronicle 10-1-3 Art Show/Entertainment (ALU) 3-Bingo</p>
<p>15 9-Daily Chronicle 10-Sit N Fit 1-Arts & Crafts 2-Music with Marvin (ALU) 3-Hymn-Sing Along with Friends</p>	<p>15 Fun & Funky Week Sports day 9-Morning Stretch 9:30-The Daily Chronicle 10-Violin music with Ciprian 1-Trivia 2-Snack & Chat 3-Discovery</p>	<p>17 Top Hat/Crazy Socks 9-Morning Coffee Social 9:30- The Daily Chronicle 10-Outing: Hooverville Orchard 2-Music with Mike Jasper (ALU) 3-Expressive Painting</p>	<p>18 Wrong Holiday 9-Morning Stretches 9:30-Daily Chronicle 10-Rock N Roll with Mike Ely 1-Tea Social 2-Kids at Heart Ceramics (ALU) 3-Karaoke</p>	<p>19 Decade Day 9-Morning stretches 9:30-The Daily Chronicle 10-Balloon Volleyball 1-Arts & Crafts 2-Sing Along 3-Movie Matinee</p>	<p>20 Nerd Day 9-Morning stretches 9:30-The Daily Chronicle 10-Sing Fit 1-Fancy Nails & Make over 2-Music with Your Melody Makers(ALU) 3-Happy Hour (ALU)</p>	<p>21 9-Sit N Fit 9:30-The Daily Chronicle 10-Laughter Yoga (ALU) 1-Ball Games 2-Adult Coloring 3-Bingo</p>
<p>22 9-Daily Chronicle 10-Sit N Fit 1-Arts & Crafts 2-Music with Chrissie B (ALU) 3-Hymn-Sing Along with Friends</p>	<p>22 9-Morning Stretch 9:30-The Daily Chronicle 10-Sing Fit 1-Scented Hand Massage 2-Snack & Chat 3-Discovery</p>	<p>23 9-Morning Coffee Social 9:30- The Daily Chronicle 10-Outing: Picnic at Davis Ranch 2-Snack & Chat 3-Expressive Painting</p>	<p>25 9-Morning Stretches 9:30-Daily Chronicle 10-Country Music with Jerry Jingles 1-Tea Social 2-Music with Vickie Lee (ALU) 3-Karaoke</p>	<p>26 9-Morning stretches 9:30-The Daily Chronicle 10-Balloon Volleyball 1-Arts & Crafts 2-Sing Along 3-Movie Matinee</p>	<p>27 9-Morning stretches 9:30-The Daily Chronicle 10-Art Reflection (ALU) 1-Fancy Nails & Make over 2-Music with Julian Lacalle(ALU)</p>	<p>28 9-Sit N Fit 9:30-The Daily Chronicle 10-Lighthouse Gospel (ALU) 1-Ball Games 2-Music with Voz Alta (ALU) 3-Bingo</p>
<p>29 9-Daily Chronicle 10-Sit N Fit 1-Arts & Crafts 2-Music with Steve Davis (ALU) 3-Hymn-Sing Along with Friends</p>	<p>29 9-Morning Stretch 9:30-The Daily Chronicle 10-Sing Along 1-Trivia 2-Music with Michelle Devol (ALU) 3-Discovery</p>	<p>30 9-Morning Halloween Prep 9:30- Visit from La Petite 10-Sing Fit 2-Resident Birthday Party/Music with Little Trouble (ALU) <small>Halloween</small></p>	<p><i>October 2017</i> DAWN OF A NEW DAY</p>			