

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2017

## ESKATON LODGE GOLD RIVER

							<p>9:00- Make a Word (AD) <b>1</b>                  10:00-Lighthouse Gospel (Lobby)                  1:00- Crafting (AD)                  2:00-Music with Marvin (Lobby)                  3:00- Pretty &amp; Polished (AD)                  6:00-On Demand Movie (T) Canada Day</p>
<p>9:00- Church Service (AD) <b>2</b>                  9:15-Coffee Talk (AD)                  10:00--Splendid Sunday Shape Up (AD)                  10:30-Make a Word (AD)                  1:00-Puzzles&amp;Brain Games(AD)                  2:00- Movie Matinee-- A Star Is Born (T)                  2:00-Sing Fit (AD)                  3:00-Poetry Club (AD)                  6:00-Your choice movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) <b>3</b>                  10:00-Resistance Bands Exercise (AD)                  10:30-Word Games (AD)                  1:00-Poker Party (AD)                  2:00-Patriotic Sing Along with Mike Shields (Lobby)                  3:00-Cooking Fun-- Pecan Pie</p>	<p>9:00-Bible Study (Theatre) <b>4</b>                  9:15-Sit N Fit (AD)                  10:00-Brain Gym (AD)                  1:00-Scrabble with Marie (L)                  1:00-Bingo (AD)                  2:00-Music with The Nightcaps (Lobby)                  3:00- Afternoon walk followed by refreshments and Blackjack (lobby)                  Independence Day</p>	<p><b>FOOD COMMITTEE MEETING--2PM(PD)</b> <b>5</b>                  9:15- Coffee Talk (AD)                  9:30-Tai-chi with Darlene(AD)                  10:00-Wheel of Fortune(AD)                  1:00-Karaoke                  2:00-Spanish Club (Bistro)                  2:00-Kids at Heart Ceramics (BD)                  3:00-Laptop Computer Fun (AD)</p>	<p>9:15- Morning Mingle (AD) <b>6</b>                  9:30-Walking Group (lobby)                  10:00- Scented Hand Massages (lobby)  <b>10:30-Outing:Jasper's Burger</b>                  1:00- Paul Harvey, "The Rest of The Story" (Lobby)                  2:00-Pray the fiat rosary (AD)                  3:00 -Make A Word (AD)                  6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>7</b>                  9:15-Shopping at Bel Air                  10:00- Hand Weight Exercise (AD)                  1:00-July IQ (AD)                  2:00- Happy Hour (Lobby)                  3:00-Musical Entertainment with Tammy (Lobby)                  6:30-Friday Night Flicks~ La La Land (BD)</p>	<p>9:15- Make a Word (AD) <b>8</b>                  10:00- Sit-N-Fit                  1:00- Crafting- (AD)                  2:00- Music With Alfredo (Lobby)                  3:00-Pretty and Polished (Lobby)                  6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) <b>9</b>                  10:00--Splendid Sunday Shape Up (AD)                  10:30-Make a Word (AD)                  1:00-Puzzles&amp;Brain Games(BD)                  2:00-Movie Matinee-- Youth (T)                  2:00-Music with Mike Shields(Lobby)                  3:00-Sunday Social (lobby)                  6:00-Your Choice Movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) <b>10</b>                  10:00-Resistance Bands Exercise (AD)                  10:30-Word Games(AD)                  1:00-Poker Party (AD)                  2:00-Sing Fit (AD)                  3:00-Cooking Fun-- Make Your Own Ice Cream Sundae</p>	<p>9:00-Bible Study (T) <b>11</b>                  9:15-Sit N Fit (AD)                  10:00-Brain Gym (AD)                  1:00-Scrabble with Marie (L)                  1:00-Bingo (AD)                  2:00- Sing Along (AD)                  3:00- Afternoon walk followed by refreshments and Blackjack (AD)</p>	<p>9:00- Coffee Talk (AD) <b>12</b>                  9:30- Tai-Chi with Darlene (AD)                  10:00-Black Jack (AD)                  1:00-Karaoke (AD)                  2:00-Town Hall Meeting (PD)                  3:00- Laptop Computer Fun (AD)</p>	<p>9:15- Morning Mingle (AD) <b>13</b>                  9:30-Walking Group (Lobby)                  10:00- Scented Hand Massages (lobby)  <b>10:30-Outing: Boxed Lunch and Davis Ranch</b>                  1:00- Paul Harvey, "The Rest of The Story" (Lobby)                  2:00-Pray the fiat rosary (AD)                  3:00-Make A Word (AD)                  6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>14</b>                  9:15-Shopping at Bel Air                  10:00--Expressive Painting (BD)                  1:00-crossword puzzle (AD)                  2:00- Music with Chrissie B (Lobby)                  3:15- Happy Hour (Lobby)                  6:30-Friday Night Flicks~ The 100 Year Old Man Who Climbed Out The Window And Disappeared (BD)</p>	<p>9:00- Make a Word (AD) <b>15</b>                  10:00-Ballroom Dancing (AD)                  10:00-Laughter Yoga (BD)                  1:00-Crafting-                  2:00-Sing Fit (AD)                  3:00-Pretty &amp; Polished (AD)                  6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) <b>16</b>                  9:30-Coffee Talk (AD)                  10:00--Splendid Sunday Shape Up (AD)                  10:30-Make a Word (AD)                  1:00-Puzzles &amp; Brain Games (AD)                  2:00-Movie Matinee-- Summer Stock (T)                  2:00-Music with Marvin (Lobby)                  3:00-Sunday Social (lobby)                  6:00-Your Choice Movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun(AD) <b>17</b>                  10:00- Resistance Bands Exercise (AD)                  10:30-Word Games (AD)                  1:00-Poker Party (AD)                  2:00-Sing Fit (AD)                  3:00-Cooking Fun ~ Mango Salsa with chips (AD)</p>	<p>9:00-Bible Study (Theatre) <b>18</b>                  9:15-Sit N Fit (AD)                  10:00-Make a word(AD)                  10:00-Brain Gym (AD)                  1:00-Scrabble with Marie (L)                  1:00-Bingo (AD)                  2:00-Music with Mike Shields (Lobby)                  3:00-Afternoon walk followed by refreshments and Blackjack (lobby)</p>	<p>9:00- Coffee Talk (AD) <b>19</b>                  9:30- Tai-chi with Darlene (AD)                  10:00- wheel of fortune (AD)                  1:00-Karaoke (AD)                  2:00-Spanish Club (Bistro)                  2:00-Kids At Heart Ceramics (BD)                  3:00-Resident Council (L)</p>	<p>9:15- Morning Mingle (AD) <b>20</b>                  9:30-Walking Group (Lobby)                  10:00- Scented Hand Massages (Lobby)  <b>10:30-Outing: Take out and Lake Natoma</b>                  1:00- Paul Harvey, "The Rest of The Story" (Lobby)                  2:00-Pray the fiat rosary (AD)                  3:00 -Make A Word (AD)                  6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>21</b>                  9:15-Shopping at Bel Air                  10:30- Hand Weights Exercise (AD)                  1:00- Word Search (AD)                  2:00- Music with Ellen Smith (Lobby)                  3:15- Happy Hour (Lobby)                  6:30-Friday Night Flicks~ Florence Foster Jenkins (BD)</p>	<p>9:15- Make a Word (AD) <b>22</b>                  10:00- Sit N Fit(AD)                  1:00- Crafting-(AD)                  2:00-Sing Fit (AD)                  3:00-Pretty and Polished (Lobby)                  6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) <b>23</b>                  9:15-Coffee Talk (AD)                  10:00--Splendid Sunday Shape Up (AD)                  10:30-Make a Word (AD)                  1:00-Puzzles&amp;Brain Games(AD)                  2:00- Movie Matinee-- Snowden (T)                  2:00-Sing Fit (AD)                  3:00- Poetry Club (AD)                  6:00-Your choice movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun(AD) <b>24</b>                  10:00- Resistance Bands Exercise (AD)                  10:30-Word Games (AD)                  1:00-Poker Party (AD)                  2:00-Sing Fit (AD)                  3:00-Cooking Fun ~Lasagna Rolls (AD)</p>	<p>9:00-Bible Study (Theatre) <b>25</b>                  9:15-Sit N Fit (AD)                  10:00- Make a Word (AD)                  10:00- Brain Gym (AD)                  1:00-Scrabble with Marie (L)                  1:00-Bingo (BD)  <b>2:00-Resident Birthday Party/Music with Michelle De Vol (Lobby)</b></p>	<p>9:00- Coffee Talk (AD) <b>26</b>                  9:30- Tai Chi with Darlene (AD)                  10:00- Black Jack (Lobby)                  1:00-Karaoke (AD)                  2:00-Spanish Club (Bistro)                  2:00-Trivia (AD)                  3:00- Laptop Computer Fun (AD)</p>	<p>9:15- Morning Mingle (AD) <b>27</b>                  9:30-Walking Group (Lobby)                  10:00- Scented Hand Massages (Lobby)  <b>10:30-Outing: Olive Garden</b>                  1:00- Paul Harvey, "The Rest of The Story" (Lobby)                  2:00-Pray the fiat rosary (AD)                  3:00 -Make A Word (AD)                  6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>28</b>                  9:15-Shopping at Bel Air                  10:00 Art Reflection(AD)                  1:00- Crossword puzzles (AD)                  2:00- Music with Breanna (Lobby)                  3:15- Happy Hour (Lobby)                  6:30-Friday Night Flicks~ Hacksaw Ridge (BD)</p>	<p>9:00- Make a Word (AD) <b>29</b>                  10:00-Sit N Fit                  1:00- Crafting- (AD)                  2:00- Karaoke Fun (AD)                  3:00- /Pretty &amp; Polished (AD)                  6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) <b>30</b>                  9:15-Coffee Talk (AD)                  10:00--Splendid Sunday Shape Up (AD)                  10:30-Make a Word (AD)                  1:00-Puzzles&amp;BrainGames(AD)                  2:00- Movie Matinee-- Enough Said (T)                  2:00-Sing Fit (AD)                  3:00-Poetry Club (AD)                  6:00-Your choice movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) <b>31</b>                  10:00-Resistance Bands Exercise (AD)                  10:30-Word Games (AD)                  1:00-Poker Party (AD)                  2:00-Sing Fit (AD)                  3:00-Cooking Fun-- Egg rolls</p>	 <h1 style="text-align: center;">ASSISTED LIVING</h1>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# ESKATON LODGE GOLD RIVER

<h1>ESKATON LODGE GOLD RIVER</h1>						<p>9:30- Sit N Fit (BD) 10:00-Lighthouse Gospel (Lobby) 1:00- Laptop Computer Fun (BD) 2:00-Music with Marvin (Lobby) 3:00- Scented Hand Massage (BD) 6:00-On Demand Movie (T)</p> <p style="text-align: right;">Canada Day</p>	<b>1</b>
<p>9:00- Church Service (AD) 2 9:15-Coffee Talk (AD) 10:00--Splendid Sunday Shape Up (AD) 10:30-Make a Word (AD) 1:00-Puzzles&amp;Brain Games(AD) 2:00- Movie Matinee~ A Star Is Born (T) 2:00-Sing Fit (AD) 3:00-Poetry Club (AD) 6:00-Your choice movie (T)</p>	<p>10:00 -Ball toss exercises (BD) 3 1:00- Word game category (BD) 2:00- Patriotic Sing Along with Mike Shields (Lobby) 3:00- Pretty &amp; Polished</p>	<p>9:00-Bible Study (Theatre)4 9:30-Sit N Fit (BD) 10:00-Trivia 1:00-Scrabble with Marie (L) 1:00-Alphabeth challenge (BD) 2:00-Music with The Nightcaps (Lobby) 3:00- Card Games</p> <p style="text-align: center;">Independence Day</p>	<p style="text-align: center;"><b>Food Committee Meeting</b> 2PM</p> <p>9:30- Coffee Talk Outdoors (BD) 10:00-Sit N Fit (AD) 1:00-Brain Games (BD) 2:00-Kids at Heart Ceramics (BD) 3:00-Sing Along (BD)</p>	<p>9:30- Morning Mingle (BD)6 10:00-Walking Group (BD) <b>10:30-Outing:Jasper's Burger</b> 1:00-Make a Word (Lobby) 2:00- Sing Fit (AD) 3:00--Bingo (AD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 7 9:15-Shopping at Bel Air 10:00- Resistance band exercise (BD) 1:00-Arts &amp; Crafts (BD) 2:00- Happy Hour (Lobby) 3:00-Musical Entertainment with Tammy (Lobby) 6:30-Friday Night Flicks~ La La Land (BD)</p>	<p>9:30- Sit N Fit (BD) 8 10:00-Cofee talk &amp; Gardening 1:00- Laptop Computer Fun (BD) 2:00-Music with Alfredo (Lobby) 3:00- Scented Hand Massage (BD) 6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) 9 9:15-Coffee Talk (AD) 10:00--Splendid Sunday Shape Up (AD) 10:30-Make a Word (AD) 1:00-Puzzles&amp;Brain Games(AD) 2:00- Movie Matinee~ A Star Is Born (T) 2:00-Sing Fit (AD) 3:00-Poetry Club (AD) 6:00-Your choice movie (T)</p>	<p>10:00 -Ball toss exercises (BD) 10 1:00- Word game category (BD) 2:00- Patriotic Sing Along with Mike Shields (Lobby) 3:00- Pretty &amp; Polished</p>	<p>9:00-Bible Study (Theatre) 11 9:30-Sit N Fit (BD) 10:00-Trivia 1:00-Scrabble with Marie (L) 1:00- Alphabet challenge (BD) 2:00-Sing Fit (BD) 3:00- Card Games(BD)</p>	<p style="text-align: center;"><b>TOWN HALL MEETING-2PM(T)</b></p> <p>9:30- Coffee Talk Outdoors (BD) 10:00-Sit N Fit (AD) 1:00-Brain Games (BD) 2:00-Coloring with numbers (BD) 3:00-Sing Along (BD)</p>	<p>9:30- Morning Mingle (B)13 10:00- Walking Group (BD) <b>10:30-Outing:Boxed Lunch and Davis Ranch</b> 1:00-Make a Word (Lobby) 2:00- Sing Fit (AD) 3:00--Bingo (AD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 14 9:15-Shopping at Bel Air 10:00- Resistance band exercise (BD) 1:00-Arts &amp; Crafts (BD) 2:00- Musical Entertainment with Chrissie B (lobby) 3:15- Happy Hour(Lobby) 6:30-Friday Night Flicks~ The 100 Year Old Man Who Climbed Out The Window And Disappeared (BD)</p>	<p>9:30- Sit N Fit (BD) 15 10:00-Laughfter Yoga (BD) 1:00- Laptop Computer Fun (BD) 2:00-Sing Along (Lobby) 3:00- Scented Hand Massage (BD) 6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) 16 9:15-Coffee Talk (AD) 10:00--Splendid Sunday Shape Up (AD) 10:30-Make a Word (AD) 1:00-Puzzles&amp;Brain Games(AD) 2:00- Movie Matinee~ A Star Is Born (T) 2:00-Sing Fit (AD) 3:00-Poetry Club (AD) 6:00-Your choice movie (T)</p>	<p>10:00 -Ball toss exercises (BD) 17 1:00- Word game category (BD) 2:00- Patriotic Sing Along with Mike Shields (Lobby) 3:00- Pretty &amp; Polished</p>	<p>9:00-Bible Study (T) 18 9:30-Sit N Fit (AD) 10:00-Trivia 1:00-Scrabble with Marie (L) 1:00-Alphabet Challenge (BD) 2:00-Music with Mike Shields (Lobby) 3:00- Card Games(BD)</p>	<p>9:30- Coffee Talk 19 Outdoors (BD) 10:00-Sit N Fit (AD) 1:00-Brain Games (BD) 2:00-Kids at Heart Ceramics (BD) <b>3:00-Resident Council Meeting (T)</b></p>	<p>9:30- Morning Mingle (B)20 10:00- Walking Group (BD) <b>10:30-Outing:Take out and Lake Natoma</b> 1:00-Make a Word (Lobby) 2:00- Sing Fit (BD) 3:00--Bingo (BD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 21 9:15-Shopping at Bel Air 10:00- Resistance band exercise (BD) 1:00-Arts &amp; Crafts (BD) 2:00- Musical Entertainment with Ellen Smith(lobby) 3:15- Happy Hour(Lobby) 6:30-Friday Night Flicks~ Florence Foster Jenkins(BD)</p>	<p>9:30- Sit N Fit (BD) 22 10:00-Coffee talk &amp; Gardening 1:00- Laptop Computer Fun (BD) 2:00-Music with Marvin (Lobby) 3:00- Scented Hand Massage (BD) 6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) 23 9:15-Coffee Talk (AD) 10:00--Splendid Sunday Shape Up (AD) 10:30-Make a Word (AD) 1:00-Puzzles&amp;Brain Games(AD) 2:00- Movie Matinee~ A Star Is Born (T) 2:00-Sing Fit (AD) 3:00-Poetry Club (AD) 6:00-Your choice movie (T)</p>	<p>10:00 -Ball toss exercises (BD) 24 1:00- Word game category (BD) 2:00- Patriotic Sing Along with Mike Shields (Lobby) 3:00- Pretty &amp; Polished</p>	<p>9:00-Bible Study (T) 25 9:30-Sit N Fit (BD) 10:00-Trivia 1:00-Scrabble with Marie (L) 1:00- Alphabet Challenge (BD) <b>2:00-Resident Birthday Party/Music with Michelle De Vol (Lobby)</b></p>	<p>9:30- Coffee Talk 26 Outdoors (BD) 10:00-Sit N Fit (AD) 1:00-Brain Games (BD) 2:00-Colotring with Numbers (BD) 3:00-Sing Along (BD)</p>	<p style="text-align: center;"><b>27</b></p> <p>9:30- Morning Mingle (BD) 10:00- Walking Group (BD) 10:30-Outing:Olive Garden 1:00-Make a Word (Lobby) 2:00- Sing Fit (AD) 3:00--Bingo (AD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 28 9:15-Shopping at Bel Air 10:00- Resistance band exercise (BD) 1:00-Arts &amp; Crafts (BD) 2:00- Musical Entertainment with Breanna(lobby) 3:15- Happy Hour(Lobby) 6:30-Friday Night Flicks~ Hacksaw Ridge</p>	<p>9:30- Sit N Fit (BD) 29 10:00-Coffee talk &amp; Gardening(BD) 1:00- Laptop Computer Fun (BD) 2:00-Sing Along (Lobby) 3:00- Scented Hand Massage (BD) 6:00-On Demand Movie (T)</p>	
<p>9:00- Church Service (AD) 30 9:15-Coffee Talk (AD) 10:00--Splendid Sunday Shape Up (AD) 10:30-Make a Word (AD) 1:00-Puzzles&amp;Brain Games(AD) 2:00- Movie Matinee~ A Star Is Born (T) 2:00-Sing Fit (AD) 3:00-Poetry Club (AD) 6:00-Your choice movie (T)</p>	<p>10:00 -Ball toss exercises (BD) 31 1:00- Word game category (BD) 2:00- Patriotic Sing Along with Mike Shields (Lobby) 3:00- Pretty &amp; Polished</p>	<h2 style="font-size: 4em; margin: 0;">-DAY SPRING-</h2>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# JULY 2017

## ESKATON LODGE GOLD RIVER

9:00-Word Games 10:00-Lighthouse Gospel(ALU) 1:00-Arts & Crafts 2:00-Musical Entertainment with Marvin (ALU) 3:00-Scented hand massage  Canada Day							<b>1</b>						
9:00-Church Service 9:30- Sit N Fit 10:00-Gardening in the sunroom courtyard 1:00-Soccer Games 2:00-Sing Fit 3:00-Getting to know each other Social	<b>2</b>	9:00-Exercise/current news 10:00-Violin Music with Ciprian 1:00-Magazine Collage 2:00-Sing Along with Instruments 3:00-Cooking Fun	<b>3</b>	9:00-Exercise/current news <b>10:00-Outing: Coloma RD Parade</b> 2:00-Musical Entertainment with The Nightcaps (ALU) 3:00-Special TV Series for 4 <sup>th</sup> of July!! Independence Day	<b>4</b>	9:00- Exercise/current news 10:00- Rock-N-Roll with Mike Ely 1:00-Icee Social 2:00-Kids at hearts ceramics(ALU) 3:00-Karaoke	<b>5</b>	9:00-Exercise/current news 10:00-Scented Hand massage 1:00-Arts & Crafts 2:00-Dart Games 3:00-Movie Time	<b>6</b>	9:00-Exercise/current news 10:00-Sing Fit 1:00-Fancy nails & Makeover 2:00- Happy Hour 3:00-Musical entertainment with Tammy	<b>7</b>	9:00-Word Games 10:00-Sit-N-Fit 1:00-Arts & Crafts 2:00-Musical Entertainment with Alfredo(ALU) 3:00-Scented hand massage	<b>8</b>
9:00-Church Service 9:30- Sit N Fit 10:00-Gardening in the sunroom courtyard 1:00-Soccer Games 2:00-Musical Entertainment with Mike Shields 3:00-Getting to know each other Social	<b>9</b>	9:00-Exercise/curre10 news 10:00-Sing Fit 1:00-Arts & Crafts 2:00-Puzzle games 3:00-Cooking Fun	<b>10</b>	9:00-Exercise/current11 news <b>10:00-Outing:Picninc &amp; Take out from Wendy's</b> 2:00-Sing Fit 3:00-Bingo	<b>11</b>	9:00- Exercise /current12 news 10:00- Country music with Jerry Jingles 1:00-Icee Social 2:00-Flower Arrangement 3:00-Karaoke	<b>12</b>	9:00-Exercise/current13 news 10:00-Scented Hand massage 1:00-Arts & Crafts 2:00-Bowling Games 3:00-Movie Time	<b>13</b>	9:00-Exercise/current news14 10:00-Expressive Painting (ALU) 1:00-Fancy nails & Makeover 2:00-Musical entertainment with Chrissie B (ALU) 3:00-Happy Hour	<b>14</b>	9:00-Word Games 10:00- Laughter yoga (ALU/BD) 1:00-Arts & Crafts 2:00-Musical Entertainment with 3:00-Scented hand massage	<b>15</b>
9:00-Church Service 9:30- Sit N Fit 10:00-Gardening in the sunroom courtyard 1:00-Soccer Games 2:00-Musical Entertainment with Marvin (ALU) 3:00-Getting to know each other Social	<b>16</b>	9:00-Exercise/current17 news 10:00-Violin Music with Ciprian 1:00-Magazine Collage 2:00-Sing Along with Instruments 3:00-Cooking Fun	<b>17</b>	9:00-Exercise/current18 news <b>10:00-Outing: Spaghetti Factory</b> 2:00-Musical Entertainment with Mike Shields (ALU) 3:00-Bingo	<b>18</b>	9:00- Exercise/current19 news 10:00- Rock-N-Roll with Mike Ely 1:00-Icee Social 2:00-Kids at hearts ceramics(ALU) 3:00-Karaoke	<b>19</b>	9:00-Exercise/current20 news 10:00-Scented Hand massage 1:00-Arts & Crafts 2:00-Dart Games 3:00-Movie Time	<b>20</b>	9:00-Exercise/current21 news 10:00-Sing Fit 1:00-Fancy nails & Makeover 2:00-Musical entertainment with Ellen Smith (ALU) 3:00-Happy Hour	<b>21</b>	9:00-Word Games 10:00-Sit-N-Fit 1:00-Arts & Crafts 2:00-Sing Fit 3:00-Scented hand massage	<b>22</b>
9:00-Church Service 9:30- Sit N Fit 10:00-Gardening in the sunroom courtyard 1:00-Soccer Games 2:00-Sing Along 3:00-Getting to know each other Social	<b>23</b>	9:00-Exercise/current24 news 10:00-Sing Fit 1:00-Arts & Crafts 2:00-Puzzle games 3:00-Cooking Fun	<b>24</b>	9:00-Exercise/current25 news <b>10:00-Outing: Folsom Park &amp; Take out from In N Out</b> 2:00-Resident birthday party with Michelle Devol (ALU)	<b>25</b>	9:00- Exercise/current26 news 10:00- Country music with Jerry Jingles 1:00-Icee Social 2:00-Flower Arrangement 3:00-Karaoke	<b>26</b>	9:00-Exercise/current27 news 10:00-Scented Hand massage 1:00-Arts & Crafts 2:00-Bowling Games 3:00-Movie Time	<b>27</b>	9:00-Exercise/current news28 10:00-Art Reflections (ALU) 1:00-Fancy nails & Makeover 2:00-Musical entertainment with Breanna (ALU) 3:00-Happy Hour(ALU)	<b>28</b>	9:00-Word Games 10:00-Sit-N-Fit 1:00-Arts & Crafts 2:00-Sing Fit 3:00-Scented hand massage	<b>29</b>
9:00-Church Service 9:30- Sit N Fit 10:00-Gardening in the sunroom courtyard 1:00-Soccer Games 2:00-Sing Fit 3:00-Getting to know each other Social	<b>30</b>	9:00-Exercise 10:00-Sing Fit 1:00-Magazine Collage 2:00-Sing Along with Instruments 3:00-Cooking Fun	<b>31</b>	<h3 style="margin: 0;">-DAWN OF A NEW DAY-</h3>									