

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# ASSISTED LIVING

<p>9:00- Church Service (AD) <b>4</b>            9:15-Coffee Talk (BD)            10:00--Splendid Sunday Shape Up (BD)            10:30-Make a Word (BD)            1:00-Puzzles&amp;BrianGames            2:00- Movie Matinee~ Skyfall (T)            2:00-Music with Chrissie B (Lobby)            3:00-Poetry Club (BD)            6:00-Your choice movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) <b>5</b>            10:00-Resistance Bands Exercise (AD)            10:30-Word Games (AD)            1:00-Poker Party (AD)            2:00-Sing Fit (AD)            3:00-Cooking Fun~ Banana Pancakes</p>	<p><b>KIDS CONNECTION 6</b>            9:30-Bible Study (Theatre)            9:30-Sit N Fit (BD)            10:00-Kids Connection (AD)            10:00-Brain Gym (BD)            1:00-Scrabble with Marie (L)            1:00-Bingo (BD)            2:00-Music with the nightcaps (Lobby)            3:00-Afternoon walk followed by refreshments and Blackjack</p>	<p><b>FOOD COMMITTEE MEETING~2PM(PD) 7</b>            9:15- Coffee Talk (AD)            9:30-Tai-chi with Darlene(AD)            10:00-Wheel of Fortune(AD)            1:00-Karaoke (AD)            2:00-Spanish Club (Bistro)            2:00-Kids at heart Ceramics (BD)            3:00-Bingo (AD)            7:30-Wheel of Fortune (T)</p>	<p>9:15- Morning Mingle (BD) <b>1</b>            9:30-Walking Group (BD)            10:00- Current Events &amp; Gardening Fun (BD)  <b>10:30-Outing: In N Out</b>            1:00- Paul Harvey, "The Rest of The Story" (Lobby)            2:00-Bridge Club (SR)            2:00- Sing Fit (BD)            3:00 -Make A Word (BD)            6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>2</b>            9:15-Shopping at Bel Air            10:00- Hand Weight Exercise (AD)            1:00-June IQ (AD)            2:00- Music with Don Terra (Lobby)            3:15- Happy Hour(lobby)            6:30-Friday Night Flicks~ Field of Dreams(BD)</p>	<p>9:00- Make a Word (AD) <b>3</b>            10:00-Lighthouse Gospel            1:00- Crafting-stained glass butterfly's (AD)            2:00- Music with Marvin            3:00- Scented Hand Massage/Pretty &amp; Polish (AD)            6:00-On Demand Movie (T)</p>
<p>9:00- Church Service (AD) <b>11</b>            10:00--Splendid Sunday Shape Up (BD)            10:30-Make a Word (BD)            1:00-Puzzles &amp; Brain Games (BD)            2:00-Movie Matinee~ Gladiator (T)            2:00-Music with Mike Shields(Lobby)            3:00-Poetry Club (BD)            6:00-Your Choice Movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) <b>12</b>            10:00-Resistance Bands Exercise (AD)            10:30-Word Games(AD)            1:00-Poker Party (AD)            2:00-Sing Fit (AD)            3:00-Cooking Fun~ Sunday best Fruit Salad</p>	<p>9:30-Bible Study (Theatre) <b>13</b>            9:30-Sit N Fit (BD)            10:00-Make a word (BD)            10:00-Brain Gym (AD)            1:00-Scrabble with Marie (L)            1:00-Bingo (BD)            2:00-Music with (Lobby)            3:00-High Tea Social Hour</p>	<p><b>TOWN HALL MEETING 14</b>  <b>2PM (T)</b>            9:00- Coffee Talk (AD)            9:30- Tai-Chi with Darlene (AD)            10:00-All Veterans meet and greet with Dale (BD)            10:00-Black Jack (AD)            1:00-Karaoke (AD)            2:00-Spanish Club (Bistro)            2:00-Trivia (AD)            3:00-Music with Lily (lobby)            7:30-Wheel of Fortune (T) Flag Day (US)</p>	<p>9:15- Morning Mingle (BD) <b>15</b>            9:30-Walking Group (BD)            10:00-Current Events &amp; Gardening Fun (BD)  <b>10:30-Outing: BURRS</b>            1:00- Paul Harvey, "The Rest of The Story" (Lobby)            2:00-Bridge Club (SR)            2:00- Music with Melody Makers (BD)            3:00--Make A Word (BD)            6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>16</b>            9:15-Shopping at Bel Air            10:30- Hand Weights Exercise (AD)            1:00- Word Search (AD)            2:00- Music with (Lobby)            3:15- Happy Hour (Lobby)            6:30-Friday Night Flicks~ Mrs. Doubtfire (BD)</p>	<p><b>Papa's 17</b>  <b>Burgers &amp; Brew Fathers Day Celebration</b>            9:00- Make a Word (AD)            10:00- Ballroom Dancing (AD)  <b>1-4:00-Papas burgers &amp; Brew fathers day celebration (front Entrance)</b></p>
<p>9:00- Church Service (AD) <b>18</b>            9:30-Coffee Talk (BD)            10:00--Splendid Sunday Shape Up (BD)            10:30-Make a Word (BD)            1:00-Puzzles &amp; Brain Games (BD)            2:00-Movie Matinee~ Father Of The Bride(T)            2:00-Music with Marvin (BD)            3:00-Sunday Social (BD)            6:00-Your Choice Movie (T) Father's Day</p>	<p>9:30- Coffee &amp; Gardening Fun(AD) <b>19</b>            10:00- Resistance Bands Exercise (AD)            10:30-Word Games (AD)            1:00-Poker Party (AD)            2:00-Sing Fit (AD)            3:00-Cooking Fun ~ Macaroni Cheese (AD)</p>	<p>9:30-Bible Study (Theatre) <b>20</b>            9:30-Sit N Fit (BD)            10:00-Make a word(BD)            10:00-Brain Gym (AD)            1:00-Scrabble with Marie (L)            1:00-Bingo (BD)            2:00-Music with Mike Shields(Lobby)            3:00-Afternoon walk followed by refreshments and Blackjack (lobby)</p>	<p><b>RESIDENT COUNCIL 21</b>  <b>3 PM (L)</b>            9:00- Coffee Talk (AD)            9:30- Tai-chi with Darlene (AD)            10:00-Wheel of Fortune (AD)            1:00-Karaoke (AD)            2:00-Spanish Club (Bistro)            2:00-Kids At Heart Ceramics (BD)            3:00-Bingo (AD)            7:30-Wheel of Fortune (T) Summer Begins</p>	<p>9:15- Morning Mingle (BD) <b>22</b>            9:30-Walking Group (BD)            10:00- Scented Hand Messages (BD)  <b>10:30-Outing: Boxed Lunch and Picnic at Davis Ranch</b>            1:00- Paul Harvey, "The Rest of The Story" (Lobby)            2:00-Bridge Club (SR)            2:00- Sing Fit (BD)            3:00 -Make A Word (BD)            6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>23</b>            9:15-Shopping at Bel Air            10:00 Art Reflection(AD)            1:00- Crossword puzzles (AD)            2:00- Music with Julian Lacalle (Lobby)            3:15- Happy Hour (Lobby)            6:30-Friday Night Flicks~ The Good, The Bad, The Ugly (BD)</p>	<p>9:00- Make a Word (AD) <b>24</b>            10:00- Ballroom Dancing (AD)            1:00- Crafting~ Tie dye shirt's (AD)            2:00- Music with Voz Alta (Lobby)            3:00-Scented Hand Massage /Pretty and Polished (AD)            6:00-On Demand Movie (T)</p>
<p>9:00- Church Service (AD) <b>25</b>            9:15-Coffee Talk (BD)            10:00--Splendid Sunday Shape Up (BD)            10:30-Make a Word (BD)            1:00-Puzzles&amp;Brian Games(BD)            2:00- Movie Matinee~ To kill A Mockingbird (T)            2:00-Sing Fit (BD)            3:00- Poetry Club (BD)            6:00-Your choice movie (T)</p>	<p>9:30-Coffee &amp; Gardening fun (AD) <b>26</b>            10:00-Sit N Fit (AD)            10:30-Word Games            1:00-Poker Party (AD)            2:00-Music with (AD)            3:00-Cooking Fun~ Ground Turkey Tacos</p>	<p>9:30-Bible Study (Theatre) <b>27</b>            9:30-Sit N Fit (BD)            10:00- Make a Word (BD)            10:00- Brain Gym (AD)            1:00-Scrabble with Marie (L)            1:00-Bingo (BD)  <b>2:00-Resident Birthday Party/Music with Collin Hebbs (Lobby)</b></p>	<p>9:00- Coffee Talk (AD) <b>28</b>            9:30- Walk N Roll (lobby)            10:00- Black Jack (Lobby)            1:00-Karaoke (AD)            2:00-Spanish Club (Bistro)            2:00-Trivia (AD)            3:00-Bingo (AD)            7:30-Wheel of Fortune (T)</p>	<p>9:15- Morning Mingle (BD) <b>29</b>            9:30-Walking Group[ (BD)            10:00- Scented Hand Messages (BD)            1:00- Paul Harvey, "The Rest of The Story"            2:00- Sing Fit (BD)            3:00 -Make A Word (BD)  <b>6:00-Outing:Fair Oaks concert at the park featuring The Metro Swing Band</b>            6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion <b>30</b>            9:15-Shopping at Bel Air            10:00- Hand Weight Exercise (AD)            1:00- Word Search(AD)            2:00- Music with Michelle Devol (Lobby)            3:15- Happy Hour (Lobby)            6:30-Friday Night Flicks~ The magnificent Seven (BD)</p>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# June 2017 DAY SPRING

<p>9:00- Church Service (AD) 9:15-Coffee Talk (BD) 10:00--Splendid Sunday Shape Up (BD) 10:30-Make a Word (BD) 1:00-Puzzles&amp;BrianGames 2:00- Movie Matinee~ Skyfall (T) 2:00-Music with Chrissie B (Lobby) 3:00-Poetry Club (BD) 6:00-Your choice movie (T)</p>	<p>9:30- Coffee &amp; Gardening Fun (AD) 10:00-Resistance Bands Exercise (AD) 10:30-Word Games (AD) 1:00-Poker Party (AD) 2:00-Sing Fit (AD) 3:00-Cooking Fun~ Banana Pancakes</p>	<p><b>KIDS CONNECTION</b> 9:30-Bible Study (Theatre) 9:30-Sit N Fit (BD) 10:00-Kids Connection (AD) 10:00-Brain Gym (BD) 1:00-Scrabble with Marie (L) 1:00-Bingo (BD) 2:00-Music with the nightcaps (Lobby) 3:00- Afternoon walk followed by refreshments and Blackjack (lobby)</p>	<p><b>FOOD COMMITTEE MEETING~2PM(PD)</b> 9:15- Coffee Talk (AD) 9:30-Tai-chi with Darlene(AD) 10:00-Wheel of Fortune(AD) 1:00-Karaoke (AD) 2:00-Spanish Club (Bistro) 2:00-Kids at heart Ceramics (BD) 3:00-Bingo (AD) 7:30-Wheel of Fortune (T)</p>	<p>9:15- Morning Mingle (BD) 9:30-Walking Group (BD) 10:00- Current Events &amp; Gardening Fun (BD) <b>10:30-Outing: In N Out</b> 1:00- Paul Harvey, "The Rest of The Story" (Lobby) 2:00-Bridge Club (SR) 2:00- Sing Fit (BD) 3:00 -Make A Word (BD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 9:15-Shopping at Bel Air 10:00- Hand Weight Exercise (AD) 1:00-June IQ (AD) 2:00- Music with Don Terra (Lobby) 3:15- Happy Hour(lobby) 6:30-Friday Night Flicks~ Field of Dreams(BD)</p>	<p>9:00- Make a Word (AD) 10:00-Lighthouse Gospel 1:00- Crafting-stained glass butterfly's (AD) 2:00- Music with Marvin 3:00- Scented Hand Massages/Pretty &amp; polished (AD) 6:00-On Demand Movie (T)</p>
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<p>9:00- Church Service (AD) 9:30-Coffee Talk (BD) 10:00--Splendid Sunday Shape Up (BD) 10:30-Make a Word (BD) 1:00-Puzzles &amp; Brain Games (BD) 2:00-Movie Matinee~ Father Of The Bride(T) 2:00-Music with Marvin (BD) 3:00-Sunday Social (BD) 6:00-Your Choice Movie (T) Father's Day</p>	<p>9:30- Coffee &amp; Gardening Fun(AD) 10:00- Resistance Bands Exercise (AD) 10:30-Word Games (AD) 1:00-Poker Party (AD) 2:00-Sing Fit (AD) 3:00-Cooking Fun ~ Macaroni Cheese (AD)</p>	<p>9:30-Bible Study (Theatre) 9:30-Sit N Fit (BD) 10:00-Make a word(BD) 10:00-Brain Gym (AD) 1:00-Scrabble with Marie 2:00-Music with Mike Shields(Lobby) 3:00-Afternoon walk followed by refreshments and Blackjack (lobby)</p>	<p><b>RESIDENT COUNCIL</b> 9:00- Coffee Talk (AD) 9:30- Tai-chi with Darlene (AD) 10:00-Wheel of Fortune (AD) 1:00-Karaoke (AD) 2:00-Spanish Club (Bistro) 2:00-Kids At Heart Ceramics (BD) 3:00-Bingo (AD) 7:30-Wheel of Fortune (T)  Summer Begins</p>	<p>9:15- Morning Mingle (BD) 9:30-Walking Group (BD) 10:00- Scented Hand Messages (BD) 10:30-Outing: Boxed Lunch and Picnic at Davis Ranch 1:00- Paul Harvey, "The Rest of The Story" (Lobby) 2:00-Bridge Club (SR) 2:00- Sing Fit (BD) 3:00 -Make A Word (BD) 6:00-Dime Bingo with Marie (AD)</p>	<p>9:00- Catholic Communion 9:15-Shopping at Bel Air 10:00 Art Reflection(AD) 1:00- Crossword puzzles (AD) 2:00- Music with Julian Lacalle (Lobby) 3:15- Happy Hour (Lobby) 6:30-Friday Night Flicks~ The Good, The Bad, The Ugly (BD)</p>	<p>9:00- Make a Word (AD) 10:00- Ballroom Dancing (AD) 1:00- Crafting~ Tie dye shirt's (AD) 2:00- Music with Voz Alta (Lobby) 3:00-Scented hand Massage/Pretty and Polished (AD) 6:00-On Demand Movie (T)</p>
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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# JUNE 2017

## DAWN OF A NEW DAY

				<p>9:00- Exercise 1 10:00-Sing Fit 10:30-Hand Massage 1:00-Arts &amp; Crafts 2:00-Painting Fun 3:00-Iced Tea Social in the courtyard</p>	<p>9:00-Tea Social/Current Events/Exercise 2 10:00-Sing Fit 10:30-Fanci Nails 1:00-Fancy Make over 2:00-Musical Entertainment with Don Terra (ALU) 3:00-Happy Hour(ALU)</p>	<p>9:00-Walk, Roll, and Stretch in the courtyard 3 10:00-Lighthouse Gospel (ALU) 1:00-Bowling Games in the breezeway 2:00-Music with Marvin (ALU) 3:00-World travelers(BW)</p>
<p>9:00-Church Service 4 9:30-Sit N Fit (BW) 10:00-Sing Along with Instruments(BW) 1:00-Trivia 2:00-Musical Entertainment with Chrissie B (ALU) 3:00-Bingo (BW)</p>	<p>9:00Exercise 5 10:00-Violin Music with Ciprian 10:00-Snack 1:00-Magazine Collage 2:00-Sing Along 3:00-Cooking fun~ Banana Pancakes</p>	<p>9:00-Exercise 6 <b>10:00-Outing: Take out from McDonald's and Picnic at Lake Natoma</b> 2:00-Musical Entertainment with The Nightcaps (ALU) 3:00-Movie Matinee</p>	<p>9:00-Exercise 7 10:00-Rock N Roll with Mike Ely 1:00-Flower Arrangements 2:00-Kids at heart Ceramics (ALU) 3:00-Karaoke</p>	<p>9:00-Exercise 8 10:00-Sing Fit 10:30-Hand Massages 1:00-Arts &amp; Crafts 2:00-Painting Fun 3:00-Lemonade Tea Social in the Sunroom</p>	<p>9:00-Tea Social/Current Events/ Exercise 9 10:00-Expresive Painting With Alicia (ALU) 1:00-Fancy Nails &amp; Make over 2:00-Musical Entertainment with Capitol City Reflections (ALU) 3:00-Happy Hour(ALU)</p>	<p>9:00-Walk, Roll, and Stretch in the courtyard (BW) 10 10:00-Laughfter Yoga (ALU) 1:00- Bowling games in the breezeway 2:00-Music with Alfredo (ALU) 3:00-World Travelers(BW)</p>
<p>9:00-Church Service 11 9:30-Sit N Fit (BW) 10:00-Sing Along with Instruments(BW) 1:00-Trivia 2:00-Musical Entertainment with Mike Shields (ALU) 3:00-Bingo (BW)</p>	<p>9:15-Exercise 12 10:00- Sing Fit 10:00-Snack 1:00- Arts &amp; Crafts 2:00-Reminiscing music 3:00-Cooking fun~ Sunday best Fruit Salad</p>	<p>9:00-Exercise 13 <b>10:00-Outing: To Round Table Pizza</b> 2:00-Sing Fit 3:00-MasonJar Salad Making</p>	<p>9:00- Exercise 14 10:00-Country Music with Jerry Jingles 1:00-Flower Arrangements 2:00-Reminusing Music 3:00-Musical Entertainment with Lily Hernandez (ALU) <small>Flag Day (US)</small></p>	<p>9:00-/Exercise 15 10:00-Sing Fit 10:30-Hand Massages 1:00-Arts &amp; Crafts 2:00-Painting Fun 3:00-Cucumber Tea Social</p>	<p>9:00-Tea Social/Current Events/ Exercise 16 10:00-Sing Fit 10:30-Fancy Nails 1:00-Fancy Make over 2:00-Musical Entertainment with Melody Makers (ALU) 3:00-Happy Hour(ALU)</p>	<p>9:00-Walk, Roll, and Stretch in the courtyard (BW) 17 10:00-Ballroom Dancing (ALU) <b>1:00-4:00PM Papas Burgers &amp; Brew fathers day celebration all afternoon in the Front entrance (ALU)</b></p>
<p>9:00-Church Service 18 9:30-Sit N Fit (BW) 10:00-Sing Along with Instruments(BW) 1:00-Trivia 2:00-Musical Entertainment with Marvin (ALU) 3:00-Bingo (BW) <small>Father's Day</small></p>	<p>9:15-Exercise 19 10:00- Violin Music with Ciprian 10:00-Snack 1:00- Board games and Puzzles 2:00-Sing Along 3:00-Cooking fun~ Macaroni Cheese</p>	<p>9:00- Exercise 20 <b>10:00-Outing: Take out food from EL Pollo Loco and picnic at the park</b> 2:00-Musical Entertainment with Mike Shields (ALU) 3:00-Movie Matinee</p>	<p>9:00- Exercise 21 10:00- Rock N Roll with Mike Ely 1:00-Flower Arrangements 2:00-Kids at heart Ceramics (ALU) 3:00-Karaoke <small>Summer Begins</small></p>	<p>9:00- Exercise 22 10:00-Sing Fit 10:30-Hand Massages 1:00-Arts &amp; Crafts 2:00-Painting Fun 3:00-Mango Iced Tea Social</p>	<p>9:00-Tea Social/Current Events/ Exercise 23 10:00-Art Reflections with Tiffany (ALU) 1:00-Fancy Nails &amp; Make over 2:00- Musical Entertainment with Julian Lacalle (ALU) 3:00-Happy Hour(ALU)</p>	<p>9:00-Walk, Roll, and Stretch in the courtyard (BW) 24 10:00-Ballroom Dancing (ALU) 1:00-Bowling Games in the breezeway 2:00-Musical Entertainment with Voz Alta (ALU) 3:00-Word travelers(BW)</p>
<p>9:00-Church Service 25 9:30-Sit N Fit (BW) 10:00-Sing Along with Instruments(BW) 1:00-Trivia 2:00-Sunday Social/Baking Fun 3:00-Bingo (BW)</p>	<p>9:15-Exercise 26 10:00- Sing Fit 10:00-Snack 1:00- Arts &amp; Crafts 2:00- Reminiscing music 3:00-Cooking fun~ Ground Turkey Tacos</p>	<p>9:00- Exercise 27 <b>10:00-Outing: Thai Paradise</b> <b>2:00-Resident Birthday Party/Entertainment with Collin Hebbs (ALU)</b> 3:00-Fresh Fruit Smoothie Making</p>	<p>9:00- Exercise 28 10:00- Country Music with Jerry Jingles 1:00-Flower Arrangements 2:00- Reminiscing Music 3:00-Karaoke</p>	<p>9:00- Exercise 29 10:00-Sing Fit 10:30-Hand Massages 1:00-Arts &amp; Crafts 2:00-Painting Fun 3:00-Cheer tea Social</p>	<p>9:00-Tea Social/Current Events/ Exercise 30 10:00-Sing Fit 10:30-Fancy nails 1:00-Fancy Make over 2:00-Musical Entertainment with Michelle Devol (ALU) 3:00-Happy Hour(ALU)</p>	