March 2017

Happy Birthday

Mary S. & Anny M. 1st Bobbie M. 9th Lois L 12th
Kay S. 17th Maxine K. 20th Penny N. 26th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lunch Bunch Rancho Grande Taqueria 10:00 Stand Up Exercise (MPR) 10:30 Classic Riddles (MPR) 11:30 Depart for Lunch 1:30 Afternoon Movie with Popcorn and Refreshments (MPR) 2:00 Bingo, Bingo, Bingo (AR) 3:00 Resident Meeting (MPR)	**2** Medical Appointments 10:00 Sit & Be Fit (MPR) 10:30 Chicken or the Egg? (MPR) 1:30 Afternoon Matinee & Milk Shakes (MPR) 2:00 Poker (AR) 2:00 Mahjong with Reme (AR) 3:00 Dominos (AR) 3:00 Write Letters to the Soldiers (AR) 4:00 Rummy (AR)	**3** Shopping Day 9:30 Depart for CVS 10:00 Chair Exercise (MPR) 10:30 Worship with Jackie & Dan (MPR) 1:30 Travel with Anthony Bourdain (MPR) 2:00 Bingo Time (AR) 3:00 Entertainment by Ciro Vargas (MPR)	**4** 9:30 Walk to the Farmers Market 10:00 Sit & Be Fit (MPR) 10:30 Jeopardy Trivia (MPR) 1:30 Afternoon Movie with Popcorn & Refreshments (MPR) 2:00 Seasoned Times on the Computer (L) 3:00 Entertainment with Antonia (MPR) 3:00 Cards of Your Choice (AR)
5 Sunday Service 9:30 Depart for Worship 10:00 Exercise Class (MPR) 10:30 Coffee & Donuts (MPR) 1:30 Afternoon Movie with Popcorn & Refreshments (MPR) 3:00 Scrabble Game (AR) 3:00 Rummikub (AR) 3:00 Spite & Malice (AR) 4:00 Adult Coloring with Colored Pencils (AR)	**6** Shopping Day 9:30 Depart for Dollar Store 10:00 Ball Exercise (MPR) 10:30 Worship & Music with Blue Oaks Church (MPR) 1:30 Afternoon Travelogue (MPR) 2:00 Bingo (AR) 3:00 Entertainment with Norm Meister (MPR) 4:00 Kings in the Corner (AR)	**7** Medical Appointments Farewell Party for Karen 9:30 Exercise Class (MPR) 10:00 Art Class (AR) 10:30 Crossword Puzzles and Word Finds (MPR) 1:00 Mahjong with Reme (AR) 2:00 Let the Party Begin (MPR) 2:00 Walk A Mile Club (FL) 2:00 Poker (AR) 3:00 Craft Making Mosaic (AR)	**8** Scenic Ride 9:30 Depart for Trip Alameda 10:00 Stretch Exercise Class (MPR) 10:30 Shopping Cents (MPR) 2:00 Resident Council Meeting (MPR) 3:00 Seasoned Times on the Computer (L) 3:00 Entertainment with Country Singer Randy Johnson (MPR) 4:00 Uno (AR)	**9** Medical Appointments 10:00 Sit & Be Fit (MPR) 10:30 Sudoku (MPR) 11:00 Slow Pace Stroll (FL) 1:30 Afternoon Matinee & Milk Shakes (MPR) 2:00 Poker (AR) 2:00 Mahjong with Reme (AR) 3:00 Entertainers Kate & Dan (MPR) 4:00 Crossword Puzzles (AR)	**10** Shopping Day 9:30 Depart for J.C. Penney's 10:00 Chair Exercise (MPR) 10:30 Worship with Jackie & Dan (MPR) 1:30 Arm Chair Travel (MPR) 2:00 Bingo Hour (AR) 3:00 Happy Hour & Sing-A-Long (AR) 3:00 Scrabble (AR)	**11** 9:30 Walk to the Farmers Market 10:00 Sitting & Standing Exercise (MPR) 10:30 One Minute Madness (MPR) 1:30 Afternoon Movie with Ice Cream Sundaes (MPR) 2:00 Up Word Scrabble (AR) 3:00 Rummikub (AR)
12 Sunday Service 9:30 Depart for Worship 10:00 Exercise Class (MPR) 10:30 Coffee & Donuts (MPR) 1:30 Afternoon Movie with Ice Cream (MPR) 3:00 Entertainment with Tri Valley Youth Ensemble (MPR) 4:00 Kings in the Corner (AR) Purim Daylight Saving Time Begins	**13** Shopping Day 9:30 Depart for Walmart 10:00 Ball Exercise (MPR) 10:30 Worship & Music with Blue Oaks Church (MPR) 2:00 Entertainment with Violinist Yakov Stanislavskiy (MPR) 3:00 Bingo, Bingo, Bingo (AR) 4:00 Adult Coloring with Colored Pencils (AR)	**14** Medical Appointments 10:00 Sit & Be Fit (MPR) 10:30 Name That Personality (MPR) 1:00 Mahjong with Reme (AR) 1:30 Afternoon Movie with Ice Cream (MPR) 2:00 Seasoned Times on the Computer (L) 2:00 Poker (AR) 3:00 Entertainers Jack & Dan (MPR)	**15** Oakland Aviation Museum 9:30 Depart for Outing $ 10:00 Stretch Exercise Class (MPR) 10:30 Sudoku (MPR) 11:00 Slow Pace Walking (FL) 1:30 Afternoon Travelogue (MPR) 2:00 Bingo Time (AR) 3:00 Resident Birthday Celebration with Ciro Vargas (MPR) 3:00 Kings in the Corner (AR)	**16** Medical Appointments 10:00 Light Weight Exercise (MPR) 10:30 Jumble (MPR) 1:30 Afternoon Matinee & Milk Shakes (MPR) 2:00 Poker & Green Beer (AR) 2:00 Mahjong with Reme (AR) 3:00 Healthy Eating with Jessica (AR) 4:00 Rummikub (AR)	**17** Shopping Day Annual Transit Fair Senior Center 9:30 Depart for Target 10:00 Chair Exercise (MPR) 10:30 Worship with Jackie & Dan (MPR) 1:30 Afternoon Matinee & Shamrock Shakes (MPR) 2:00 Entertainment by John Archimede (MPR) 3:00 Bingo, Bingo, Bingo (AR) St. Patrick's Day	**18** 9:30 Walk to the Famers Market 10:00 Exercise Class with Karin (MPR) 10:30 Word Search (MPR) 1:30 Afternoon Matinee & Banana Splits (MPR) 2:00 Crafts with Karin (AR) 2:00 Board Games (AR) 3:00 Card Games (AR)
19 Sunday Service McGrath Irish Dancers 9:30 Depart for Worship 10:00 Exercise Class (MPR) 10:30 Coffee & Donuts (MPR) 1:30 Afternoon Movie with Root Beer Floats (MPR) 1:30 Irish Dancers (MC) 3:00 Spite & Malice (AR) 3:00 Board Games (AR)	**20** Shopping Day 9:30 Depart for Trader Joe's 10:00 Ball Exercise (MPR) 10:30 Worship & Music with Blue Oaks Church (MPR) 11:00 Walk A Mile Club (FL) 2:00 Entertainment with Jack Convery (MPR) 3:00 Bingo, Bingo, Bingo (AR) 4:00 Scrabble Game (AR) 4:00 Rummikub (AR)	**21** Medical Appointments 9:30 Exercise Class (MPR) 10:00 Art Class (AR) 10:30 Concentration Puzzles (MPR) 1:00 Mahjong with Reme (AR) 1:30 Afternoon Movie with Popcorn (MPR) 2:00 Poker (AR) 3:15 Bake & Taste (AR)	**22** Walking Around Niles 10:30 Depart for Outing 10:00 Ball Exercise Class (MPR) 10:30 Chicken or the Egg? (MPR) 11:00 Walk A Mile Club (FL) 1:30 Travel with Anthony Bourdain (MPR) 2:00 Bingo (AR) 3:00 Seasoned Times on the Computer (L) 4:00 Scrabble Time (AR)	**23** Medical Appointments 10:00 Sit & Be Fit (MPR) 10:30 Wacky Wordies (MPR) 1:30 Afternoon Matinee & Banana Splits (AR) 2:00 Poker (AR) 2:00 Mahjong with Reme (AR) 2:00 Tie Blankets for Animal Shelters (AR) 3:00 Entertainment with Ed Davin (MPR)	**24** Shopping Day 9:30 Depart for Ross 10:00 Chair Exercise (MPR) 10:30 Worship with Jackie & Dan (MPR) 1:30 Afternoon Matinee & Popcorn (MPR) 2:00 Entertainment with Eddie Patascil (MPR) 3:00 Bingo Hour (AR)	**25** 9:30 Walk to the Famers Market 10:00 Exercise Class with Karin (MPR) 10:30 Word Search (MPR) 1:30 Afternoon Matinee & Orange Floats (MPR) 2:00 Crafts with Karin (AR) 2:00 Board Games (AR) 3:00 Card Games (AR)
26 Sunday Service Pleasanton Library Book Sale 9:30 Depart for Worship 10:00 Exercise Class (MPR) 10:30 Coffee & Donuts (MPR) 12:30 Depart for Book Sale 1:30 Afternoon Movie with Popcorn & Refreshments (MPR) 3:00 Entertainment with Country Singer Denny Collertt (MPR)	**27** Shopping Day 9:30 Depart for Walgreens 10:00 Ball Exercise (MPR) 10:30 Worship & Music with Blue Oaks Church (MPR) 1:30 Arm Chair Travel (MPR) 2:00 Bingo Time (AR) 2:30 Entertainment with Accordion Ed Gorzyski (MPR)	**28** Medical Appointments 10:00 Sitting & Standing Exercise (MPR) 10:30 Classic Riddles (MPR) 1:00 Mahjong with Reme (AR) 1:30 Afternoon Travelogue (MPR) 2:00 Poker (AR) 3:00 Entertainment with Dan & Margarita (MPR) 4:00 Rummikub (AR)	**29** Lunch & Out to the Movies 10:00 Fit for 70 Plus (MPR) 10:30 Sudoku (MPR) 11:00 Depart for Outing 11:00 Slow Pace Walking (FL) 1:30 Afternoon Matinee with Popcorn (MPR) 2:00 Bingo (AR) 2:00 New Resident Social (MPR) 3:00 Resident Art Show with Wine & Cheese (MPR)	**30** Medical Appointments 10:00 Sit & Be Fit (MPR) 10:30 Jeopardy Trivia (MPR) 1:30 Afternoon Matinee & Ice Cream Sundaes (MPR) 2:00 Seasoned Times on the Computer (L) 2:00 Poker (AR) 2:00 Mahjong with Reme (AR) 3:00 Papier Mâché Craft (AR) 4:00 Rummy (AR)	**31** Shopping Day 9:30 Depart for Dollar Store 10:00 Sit & Be Fit (MPR) 10:30 Jumble Word Game (MPR) 1:30 Afternoon Matinee & Ice Cream Bars (MPR) 2:00 Bingo Hour (AR) 3:00 Adult Coloring with Colored Pencils (AR) 3:00 Happy Hour & Sing-A-Long (MPR)	*Activities are Subject to Change.*