






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:15 ARMCHAIR EXERCISE 9:45 ARMCHAIR EXERCISE 10:15 Crossword 10:45 Bingo 1:00 Dominoes Group 1:00 SHOPPING TO WALMART	2 9:15 SITTE RCISE 9:45 SITTE RCISE 10:15 Crossword 10:45 Bonus Bingo FR 1:00 Bridge Club CK2 2:00 TEA POT PLANTER SESSION 2 FR	3 9:15 EXERCISE WITH TIES 9:45 EXERCISE WITH TIES 10:00 Dominoes Group 2:00 BONUS BINGO CK1 5:15 Movie CK2
4 CHURCH SHUTTLE 9:00 Movie CK2 1:30 WORSHIP W/ PHILIP DENNIS MV 1:30 MOVIE CK2 2:30 Dominoes Group	5 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 9:45 EXERCISE W/ WEIGHTS 10:15 Crossword 10:45 Bonus Bingo 1:00 Dominoes Group 1:00 LEND A HEART THERAPY DOGS 3:00 Sing Along CK1	6 DOCTOR APPOINTMENTS 9:00 BIBLE STUDY PDR 9:30 Episcopal Communion 9:30 Sophia & Sam Eucharist 9:30 CHAIR EXERCISE 10:00 Crossword 10:30 Bingo 2:00 BIRTHDAY SOCIAL CK1	7 DOCTOR APPOINTMENTS 9:15 EXERCISE WITH BANDS 9:45 EXERCISE WITH BANDS 10:15 Crossword 10:45 Bonus Bingo 3:00 SUSAN LAMB COOK FR	8 9:15 ARMCHAIR EXERCISE 9:45 ARMCHAIR EXERCISE 10:15 Crossword 10:45 Bingo 1:00 Dominoes Group 1:00 SCENIC DRIVE	9 9:15 SITTE RCISE 9:45 SITTE RCISE 10:15 Crossword 10:45 Bonus Bingo FR 1:00 Bridge Club CK2 2:00 GARDENING GROUP CK1	10 9:15 EXERCISE WITH TIES 9:45 EXERCISE WITH TIES 10:00 Dominoes Group 10:00 HANGTOWN KENNEL DOGS 1:00 PROF. GEORGE WHEELDON (GEOLOGIST) VC 5:15 Movie CK2
11 CHURCH SHUTTLE 9:00 Movie CK2 10:00 THERAPY DOGS—HUSKIES 1:30 WORSHIP W/ PHILIP DENNIS 1:30 MOVIE CK2 2:30 Dominoes Group	12 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 9:45 EXERCISE W/ WEIGHTS 10:15 Crossword 10:45 Bonus Bingo 1:00 Dominoes Group 3:00 Sing Along CK1	13 DOCTOR APPOINTMENTS 9:00 BIBLE STUDY PDR 9:30 Sophia & Sam Eucharist 9:30 CHAIR EXERCISE 10:00 Crossword 10:30 Bingo 12:30 Resident Council 2:00 MEETING MINDS AND SHARING MOMENTS CK1	14 DOCTOR APPOINTMENTS 9:15 LIGHT AND LIVELY 9:45 LIGHT AND LIVELY 10:15 Crossword 10:45 Bonus Bingo 1:00 Sandra—Hearing Aid 1:50 CORGI DOGS 2:00 Book Mobile 3:00 BOB RAWLEIGH FR	15 9:15 ARMCHAIR EXERCISE 9:45 ARMCHAIR EXERCISE 10:15 Crossword 10:45 Bingo 11:30 LUNCH OUTING - MILESTONE RESTAURANT (EL DORADO HILLS) 1:00 Dominoes Group	16 9:15 SITTE RCISE 9:45 SITTE RCISE 10:15 Crossword 10:45 Bonus Bingo FR 1:00 Bridge Club CK2 2:00 JEWELRY WITH JEANNE	17 9:15 EXERCISE WITH TIES 9:45 EXERCISE WITH TIES 10:00 Dominoes Group 10:30 SING ALONG WITH GRACE FR 2:00 The Return of ALEX RAMON VC 5:15 Movie CK2
18 CHURCH SHUTTLE 9:00 Movie CK2 1:30 WORSHIP W/ BOB RAWLEIGH 1:30 MOVIE CK2 2:30 Dominoes Group	19 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 9:45 EXERCISE W/ WEIGHTS 10:15 Crossword 10:45 Bonus Bingo 1:00 Dominoes Group 2:00 ESTATE PLANNING WORKSHOP PART 2 VC 2:00 STORYTELLERS FR	20 DOCTOR APPOINTMENTS 9:00 BIBLE STUDY PDR 9:30 Episcopal Communion 9:30 Sophia & Sam Eucharist 9:30 CHAIR EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes 2:00 BOOK CLUB 2:00 CRAFTING WITH YARNS WITH CYNTHIA & CINDY	21 DOCTOR APPOINTMENTS 9:15 LIGHT AND LIVELY 9:45 LIGHT AND LIVELY 10:15 Crossword 10:45 Bonus Bingo 3:00 SCOTCH TAPE AND BALING WIRE FR 4:00 PAWS FOR A CAUSE VISIT	22 9:15 ARMCHAIR EXERCISE 9:45 ARMCHAIR EXERCISE 10:15 Crossword 10:45 Bingo 1:00 MOVIE OUTING - TBA 1:00 Dominoes Group	23 9:15 SITTE RCISE 9:45 SITTE RCISE 10:15 Crossword 10:45 Bonus Bingo 1:00 Bridge Club CK2 2:00 SUMMER PAINTING CK1	24 9:15 EXERCISE WITH TIES 9:45 EXERCISE WITH TIES 1:00 BONUS BINGO CK1 3:00 NANCY HEGARTY FR 10:00 Dominoes Group 5:15 Movie CK2
25 CHURCH SHUTTLE 9:00 Movie CK2 10:00 THERAPY DOGS—HUSKIES 1:30 WORSHIP W/ PHILIP DENNIS 1:30 MOVIE CK2 2:30 Dominoes Group	26 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 9:45 EXERCISE W/ WEIGHTS 10:15 Crossword 10:45 Bonus Bingo 3:00 Sing Along CK1	27 DOCTOR APPOINTMENTS 9:00 BIBLE STUDY PDR 9:30 Sophia & Sam Eucharist 9:30 CHAIR EXERCISE 10:00 Crossword 10:30 BINGO 2:00 NEW RESIDENTS SOCIAL	28 DOCTOR APPOINTMENTS 9:15 EXERCISE WITH BANDS 9:45 EXERCISE WITH BANDS 10:15 Crossword 10:45 Bonus Bingo 1:50 CORGI DOGS 3:00 ROSS HAMMOND FR	29 9:15 ARMCHAIR EXERCISE 9:45 ARMCHAIR EXERCISE 10:15 Crossword 10:45 Bingo 1:00 Dominoes Group	30 9:15 SITTE RCISE 9:45 SITTE RCISE 10:15 Crossword 10:45 Bonus Bingo 1:00 Bridge Club 2:00 SUMMER PAINTING	

ESKATON VILLAGE PLACERVILLE

Memory Village June 2017 Activities

ESKATON
Transforming the Aging Experience

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:15 Residents make fruit bowls 9:30 Walk and Wheel/Gardening 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, block 1:30 Scenic Drive 2:30 Serve Refreshments 2:45 Storytelling 5:15 Movie	2 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Megan plays the flute 2:30 Sing Along 3:30 Hand massages 5:15 Movie	3 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 2:15 BIRTHDAY SOCIAL 3:15 Sharing 5:15 Movie
4 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Hand massages 1:30 WORSHIP W/ PHILIP DENNIS 2:30 HOT COCOA AFTERNOON 5:15 Movie	5 9:15 Residents make fruit bowls 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Arts and Crafts 2:30 Serve Refreshments 2:45 Bingo 5:15 Movie	6 9:15 Residents make fruit bowls 9:30 Walk and Wheel / Gardening 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:30 Hand massages 2:15 Ice Cream Social 3:15 Card games / IPOD / Dominoes 5:15 Movie	7 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon Volleyball 12:30 Reading, IPOD, Puzzles, blocks 2:00 SUSAN LAMB COOK 3:00 Manicure and Foot Spa time 5:15 Movie	8 9:15 Residents make fruit bowls 9:30 Walk and Wheel/Gardening 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:30 Scenic Drive 2:30 Serve Refreshments 2:45 Storytelling 5:15 Movie	9 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Spelling 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Megan plays the flute 2:30 Sing Along 3:30 Hand massages 5:15 Movie	10 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 HANGTOWN KENNEL DOGS 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Crossword 2:30 Serve Refreshments 2:45 Sharing 5:15 Movie
11 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Chair Yoga exercises 10:20 Serve Refreshments 10:30 THERAPY DOGS—HUSKIES 1:30 WORSHIP W/ PHILIP DENNIS 2:30 Serve Refreshments 2:45 Sing Along 3:45 Crossword 5:15 Movie	12 9:15 Residents make fruit bowls 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Arts and Crafts 2:30 Serve Refreshments 2:45 Bingo 5:15 Movie	13 9:15 Residents make fruit bowls 9:30 Walk and Wheel / Gardening 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:30 Hand massages 2:15 Ice Cream Social 3:15 Card games / IPOD / Dominoes 5:15 Movie	14 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon Volleyball 12:30 Reading, listen to music, IPOD 1:50 CORGI THERAPY DOGS 2:00 BOB RAWLEIGH 2:45 Serve Refreshments 3:00 Manicure and Foot Spa time 5:15 Movie	15 9:15 Residents make fruit bowls 9:30 Walk and Wheel/Gardening 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:30 Scenic Drive 2:30 Serve Refreshments 2:45 Storytelling 5:15 Movie	16 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Spelling 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Megan plays the flute 2:30 Sing Along 3:30 Hand massages 5:15 Movie	17 9:15 Residents make fruit bowls 9:30 Sing Along with Grace 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Crossword 2:30 Serve Refreshments 2:45 Sharing 5:15 Movie
18 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Hand massages 1:30 WORSHIP W/ BOB RAWLEIGH 2:30 HOT COCOA AFTERNOON 5:15 Movie	19 9:15 Residents make fruit bowls 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Arts and Crafts 2:30 Serve Refreshments 2:45 Bingo 5:15 Movie	20 9:15 Residents make fruit bowls 9:30 Walk and Wheel / Gardening 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:30 Hand massages 2:15 Ice Cream Social 3:15 Card games / IPOD / Dominoes 5:15 Movie	21 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon volleyball 12:30 Reading, IPOD, Puzzles, blocks 2:00 SCOTCH, TAPE AND BALING WIRE 3:00 Manicure and Foot Spa time 5:15 Movie	22 9:15 Residents make fruit bowls 9:30 Walk and Wheel/Gardening 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:30 Scenic Drive 2:30 Serve Refreshments 2:45 Storytelling 5:15 Movie	23 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Spelling 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Megan plays the flute 2:30 Sing Along 3:30 Hand massages 5:15 Movie	24 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Crossword 2:00 NANCY HEGARTY 2:45 Sharing 5:15 Movie
25 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:30 THERAPY DOGS—HUSKIES 1:30 WORSHIP W/ PHILIP DENNIS 2:30 Serve Refreshments 2:45 Sing Along 3:45 Crossword 5:15 Movie	26 9:15 Residents make fruit bowls 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Arts and Crafts 2:30 Serve Refreshments 2:45 Bingo 5:15 Movie	27 9:15 Residents make fruit bowls 9:30 Walk and Wheel / Gardening 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:30 Hand massages 2:15 Ice Cream Social 3:15 Card games / IPOD / Dominoes 5:15 Movie	28 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:00 Serve Refreshments 10:15 Armchair exercises 10:45 Balloon volleyball 12:30 Reading, IPOD, Puzzles, blocks 1:50 CORGI THERAPY DOGS 2:00 ROSS HAMMOND 2:45 Serve Refreshments 3:00 Manicure and Foot Spa time 5:15 Movie	29 9:15 Residents make fruit bowls 9:30 Walk and Wheel/Gardening 10:00 Chair Yoga exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:30 Scenic Drive 2:30 Serve Refreshments 2:45 Storytelling 5:15 Movie	30 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:15 Armchair exercises 10:45 Spelling 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Megan plays the flute 2:30 Sing Along 3:30 Hand massages 5:15 Movie	