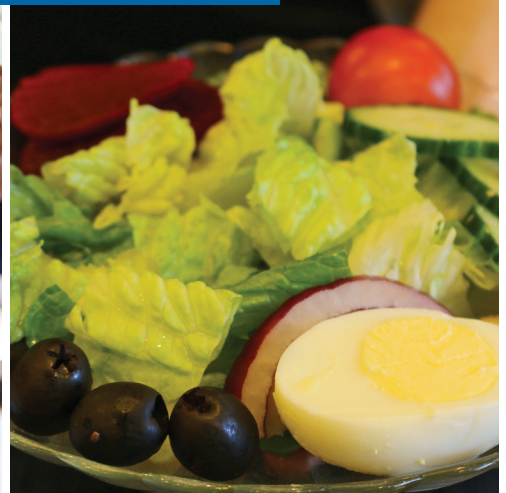


Diabetes Wellness Program



Be well. Take power over diabetes.

At Eskaton Lodge Cameron Park, we provide a comprehensive method to diabetic management to empower you. Our program includes these key elements:

Understand diabetes to give you control

Education is key to understanding how diabetes affects your body. We involve you and your family in creating your personalized plan of care.

Know the importance of diet

We feature diabetic-friendly options at every meal. We'll teach you how to choose wisely.

Effectively communicate with team members

Residents and families benefit by knowing what to report and what questions to ask.

Manage your medications and supplements

We'll assist you in taking the right medications at the right time.

Understand the importance of exercise

Be active. We'll show you how and give you opportunities.

Call today or come for a visit.

Your team members:

- Community Medical Partner
- Pharmacist Consultant
- Quality & Compliance Registered Nurses
- Registered Dietitians
- Executive Director
- Executive Chef
- Your caregivers and other staff members

Diabetes Services:

- Monitoring of glucose levels
- Insulin administration and dosing
- Medication management
- Menu planning
- Blood pressure monitoring
- Ongoing communication with your team members and personal physician

ESKATON
Transforming the Aging Experience

eskaton.org

Eskaton Lodge Cameron Park
Assisted Living

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License # 097001275