

For some seniors, it's the only conversation they'll have in a day.

Telephone Reassurance

Personal connection

Socialization, peace of mind and a friendly voice are all part of the experience for Eskaton's Telephone Reassurance participants.

Trained volunteers place calls seven days a week, 365 days a year to older adults who live alone. The calls serve as a "wellness check", plus provide an opportunity to socialize.

The program has been offered since 1996 as a community service to older adults in the greater Sacramento region.

Home visits

For isolated seniors, having a personal visit makes all the difference in the world.

Caring volunteers, who are partnered with homebound older adults based on common interests and location, provide companionship two to four times a month. All volunteers have passed a background check.

Volunteer

Volunteer work is extremely meaningful. YOU make a difference.

Are you interested in becoming a Telephone Reassurance or Home Visit volunteer? Share your time and talent to enrich the lives of seniors!

"I look so forward to my daily calls and sometimes it's the only one I get. May God bless you all for the outstanding job you do."

- Wayne, Participant



**For more information
about these programs or to
volunteer, contact:**

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