

IMPACT OF *Your* PHILANTHROPY



FIGHT TO STAY ALIVE

Your gracious support takes Edward and Vicenta to the doctor

It is a small miracle that Edward is alive.

At age 85, he suffers from Chronic Obstructive Pulmonary Disease (COPD), diabetes and high blood pressure. Nevertheless, Edward has a positive attitude. He appears remarkably healthy when he is not dragging around the oxygen tank.

Luckily, donors like you help get low-income seniors like Edward to doctor appointments and other critical trips.

Edward's wife, Vicenta, who is 82, also has frequent doctor appointments. She has diabetes and asthma so severe that she needs pulmonary rehabilitation.

"This is a program of care and love because we feel cared for and that we are loved," says Vicenta.

The Transportation Plus driver helps Edward in and out of the car, gets a wheelchair at the medical building, carries the oxygen tank, and brings him right to the doctor's office.

After the appointment, the driver is in the waiting room, ready to assist Edward and take him home.

"We are glad that there are organizations and people who are kind-hearted and care for people like us ... people who need help ... and they are here to help us!"

– Vicenta, Eskaton Transportation Plus Program client.



Edward and Vicenta get to doctor appointments with the help of the Transportation Plus Program.

Edward is impressed by how caring the drivers are. "They strengthen our feelings," remarks Edward. They put them at ease and talk to them as if they are family.

"We are glad that there are organizations and people who are kind-hearted and care for people like us ... people who need help ... and they are here to help us!" exclaims Vicenta.

With support from the City of Roseville and the Sacramento Region Community Foundation, Eskaton Foundation is expanding the Transportation Plus Program reach in Placer County.

LIFE-LONG COMMITMENT FUND

The Life-Long Commitment Fund signifies Eskaton Foundation's commitment to helping Eskaton residents who through no fault of their own exhaust their financial resources. The program is available to help residents living independently, in assisted living, or memory care.

In 2015, Eskaton Foundation donated 77 months of assistance to needy residents.

DID YOU KNOW?

There are approximately 9,000 low-income seniors (age 65 and older) with disabilities in Sacramento, Placer and Yolo counties.

LETTER FROM THE PRESIDENT FOR LIFE

More people are living into their 90's and even reaching 100 years-old. It's really good news, but for many, running out of funds is a scary reality.

Imagine you're 95 years-old. You've outlived your spouse, and your only child is a senior himself at 76 years-old. You live in an Eskaton Community – independently for ten years; then in Memory Care when your dementia worsens.

You have nearly depleted your assets; your son can help, but not the full amount.

Thankfully, Eskaton is a nonprofit organization. Through Eskaton Foundation and the generosity of donors, the Life-Long Commitment Fund (Resident Assistance) is available for those who outlive their resources.

Currently, Eskaton Foundation dedicates **\$180,000 each year** to seniors in this situation because we fervently believe that residents will always have a home if, in good faith, they run out of resources meant to carry them through.

If you would like to help your neighbors and friends too, simply give me a call or email.




*Kim Rhinehelder
President
Eskaton Foundation*

MEMORIALS AND HONORARIUMS

When Sarah's father passed away, she knew she wanted to do something that would establish a lasting legacy for him.

She remembered how he had praised Eskaton Foundation, and decided to make a gift in his name using appreciated securities.

Thanks to the gift and a commemorative plaque, not only will her father's legacy live on at Eskaton, but also Sarah will receive a federal income tax charitable deduction along with eliminated capital gains tax on the securities.

VOLUNTEERS COMBAT LONELINESS AMONG ISOLATED SENIORS

Friendly Voice Brightens Carl's Day

Carl receives a phone call twice a week from a friendly volunteer at Eskaton's Telephone Reassurance Program.

Alone in his apartment and in poor health, Carl enjoys the phone calls. On some days, it is his only conversation with a human being.

Recently, the Telephone Reassurance Program connected Carl with Thomas, a Senior Companion volunteer with the Telephone Reassurance Program.

Thomas visits and takes Carl on outings. The two have become like "Mutt and Jeff." They go out for lunch, shop, and enjoy an occasional game of Bocce ball.

Each year, Telephone Reassurance volunteers make 76,000 calls to 600 lonely seniors in the Sacramento area.

Carl was active and social in his younger years. Interestingly, he volunteered for 19 years as a Senior Companion after he retired.

As a low-income Telephone Reassurance participant, Carl is also eligible for Eskaton Foundation's Transportation Plus Program.

Thank you for brightening Carl's day!



Carl (right) enjoys visiting with Thomas (left) a Senior Companion volunteer with Eskaton's Telephone Reassurance Program.

The two have become like "Mutt and Jeff." They go out for lunch, shop, and enjoy an occasional game of Bocce ball.

 CUT HERE



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You can also give online:
eskatonfoundation.org

YES, I WANT TO HELP SENIORS IN NEED!

Enclosed is a check for my contribution of: \$250 \$100 \$25 \$500 \$1,000
 Surprise! My donation is for: \$ _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Home Phone: _____

My donation is for: Transportation Plus Program
 Where the need is greatest

Therapeutic Music Program
 Other: _____



BILL HUSA, "THE LIFE OF THE PARTY"

Bill is an outstanding volunteer whose passion is making others happy.

For two years Eskaton Gold River Lodge has benefitted from his energetic service. He helps by joining residents on lunch outings, leading hearty sing-alongs, spontaneously performing magic tricks, and sparking conversations inviting all to join in his happiness.

Executive Director, Louise Barnett, says, "Bill is always ready to serve with a smile, kind word or one of his magic tricks to make the world brighter." Although Bill is retired, his lifestyle of generous service will never retire.



Bill Husa (second from left) enjoys spending time with residents of Eskaton Gold River Lodge.



Vera, a resident at Eskaton Village Placerville memory care, enjoys listening and reminiscing to the music played by Judy, a Certified Music Practitioner

MUSIC AWAKENS HAPPINESS AND MEMORIES

What do you love about music?

Vera, living with dementia, replies, "The melody. I love to sing and listen. I used to sing in Europe while I worked. It's a good feeling. Makes life happier and reminisce precious moments."

Thanks to you, our donors, Eskaton Foundation expanded the Therapeutic Music Program by bringing Music Partners in Healthcare musicians to six Eskaton memory care programs in the Sacramento area.

Jane Young, activity director at Eskaton Village Placerville, thinks it is an awesome program. "Judy (harpist) and Michael (guitarist) engaged with our residents in different forms like movement, conversation and gentle touch. They both know our residents by name and treat them with honor, dignity and respect."



For more information about Eskaton Foundation visit:
Eskaton Foundation website — eskatonfoundation.org

 Eskaton Facebook page —
facebook.com/EskatonFoundation

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