

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2018 Assisted Living

<p>9:00-Bible Study (T) 1 9:15-Agile Aging Movement (AD) 10:30-Outing: Mimi's Cafe 2:00-Traditional Rosary (AD) 3:00-Make A Word (AD) 6:00-Dime bingo with Marie (AD)</p>	<p>9:15-Shop at Bel Air 2 10:30-Hand weight exercise (AD) 1:00-February IQ 2:00-Music with Don Terra (SR) 3:00-Happy Hour (SR) <i>Groundhog Day</i></p>	<p>9:00-Make a word 3 (AD) 10:00-Lighthouse Gospel (SR) 1:00-Bingo (AD) 2:00-Music with Marvin (SR) 3:00-Pretty & Polished (AD)</p>
<p>9:00-Church Service 4 (SR) 9:15- Catholic Church @ SJV 1:00-Make A Word (AD) 2:00-Movie Matinee & popcorn (T)</p>	<p>9:30-Coffee and Avon samplers with Sarah (AD) 5 10:00-Kids Connection (AD) 1:00-Mexican Train (L) 2:00-Sing Fit (AD) 3:00-Play Reads (AD)</p>	<p>9:15-Sit n Fit (AD) 6 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Mad Libs & Trivia (SR) 2:00-Music with The Nightcaps (SR) 3:00-Monopoly & other</p>
<p>9:00-Church Service 11 (SR) 9:15- Catholic Church @ SJV 1:00-Make A Word (AD) 2:00-Music with Kazakah Sarai (SR) 2:00-Movie Matinee (T)</p>	<p>9:30-Monday wake up call (AD) 12 10:00-Sit N Fit (AD) 1:00-Mexican Train (L) 2:00-Sing Fit (AD) 3:00-Scattogories (AD)</p>	<p>Mardi Gras 13 9:15-Sit n Fit (AD) 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Mad Libs & Trivia (SR) 2:00-Music with Tim Durnan (SR) 3:00-Monopoly & other board games (AD) <i>Mardi Gras</i></p>
<p>9:00-Church Service 18 (SR) 9:15- Catholic Church @ SJV 1:00-Make A Word (AD) 2:00-Movie Matinee & popcorn (T)</p>	<p>9:30-Monday wake up call (AD) 19 10:00-Sit N Fit (AD) 1:00-Mexican Train (L) 2:00-Sing Fit (AD) 3:00-Play Reads (AD) <i>Presidents' Day (US)</i></p>	<p>9:15-Sit n Fit (AD) 20 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Mad Libs & Trivia (SR) 2:00-Music with Mike Jasper (SR) 3:00-Monopoly & other</p>
<p>9:00-Church Service 25 (SR) 9:15- Catholic Church @ SJV 1:00-Make A Word (AD) 2:00-Sing Along (SR) 2:00-Music with Steve (SR) 2:00-Movie Matinee (T)</p>	<p>9:30-Monday wake up call (AD) 26 10:00-Sit N Fit (AD) 1:00-Mexican Train (L) 2:00-Sing Fit (AD) 3:00-Scattogories (AD)</p>	<p>9:15-Sit n Fit (AD) 27 10:00-Brain Gym with Michael (AD) 1:00-Scrabble with Marie (L) 1:00-Mad Libs & Trivia (SR) 2:00- Resident Birthday Party Featuring Robert</p>
<p>9:15- Coffee Talk (AD) 7 9:30-Tai-Chi with Darlene (AD) 10:00- Wheel of Fortune (AD) 1:00-Kids at Heart Ceramics (AD) 2:00-Food Committee Meeting (L) 3:00-Bingo (AD)</p>	<p>9:00-Bible Study (T) 8 9:15-Agile Aging Movement (AD) 10:30-Outing: Mel's Diner 2:00-Traditional Rosary (AD) 3:00-Make A Word (AD) 6:00-Dime bingo with Marie (AD)</p>	<p>Happy Valentines Day 14 9:15-Fresh Donuts & Coffee Talk (AD) 9:30-Tai-Chi w/Darlene (AD) 10:00-Tea Social "Love Story" (AD) 1:00-Karaoke with Trivia (AD) 2:00-Town Hall Meeting (L) 3:00-Bingo (AD) 4:00-Canelight dinner with special guest Mable <i>Valentine's Day</i></p>
<p>9:15- Coffee Talk (AD) 21 9:30-Tai-Chi with Darlene (AD) 10:00-Wheel of Fortune 1:00-Kids at Heart Ceramics (AD) 2:00-Bingo 3:00-Resident Council (L)</p>	<p>9:15- Coffee Talk (AD) 28 9:30-Tai-Chi with Darlene (AD) 10:00- Wheel of Fortune (AD) 1:00-Karaoke with Trivia (AD) 2:00-Paul Harvey & other short stories(AD) 3:00-Bingo (AD)</p>	<p>9:00-Bible Study (T) 15 9:15-Agile Aging Movement (AD) 10:30-Outing: Love at Frist Bite Cafe 2:00-Traditional Rosary (AD) 3:00-Make A Word (AD) 6:00-Dime bingo with Marie (AD)</p>
<p>9:00-Bible Study (T) 22 9:15-Agile Aging Movement (AD) 10:30-Outing: Benihana Japanese restaurant 2:00-Traditional Rosary 3:00-Make A Word (AD) 6:00-Dime bingo with Marie (AD)</p>	<p>(AD)-A-DOWN ACTIVITY ROOM (BD)-B-DOWN ACTIVITY ROOM (SR)-Sunroom (T)-Theater room/upstairs (L)-Library/upstairs</p>	<p>9:15-Shop at Bel Air 16 10:30-Hand weight exercise (AD) 1:00-Crossword puzzle & word search 2:00-Music with Capital City Reflections (SR) 3:00-Happy Hour (SR) <i>Chinese New Year</i></p>
<p>9:15-Shop at Bel Air (Lobby) 23 10:00-Art Refection with Tiffany (AD) 1:00-Crossword puzzle & word search 2:00-Music with Cash Prophets (SR) 3:00-Happy Hour (SR)</p>	<p>9:00-Make a word 24 (AD) 10:00-Zumba (AD) 1:00-Bingo (AD) 2:00-Music with Mike Shields (SR) 3:00-Pretty & Polished (AD)</p>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

Day Spring

<p>9:00-Church Service (SR) 4</p> <p>9:15- Catholic Church @ SJV</p> <p>1:00-Make A Word (AD)</p> <p>2:00-Movie Matinee & popcorn (T)</p>	<p>9:30-The Daily Chronicle 5</p> <p>10:00-Kids Connection</p> <p>1-African American history</p> <p>month/Discussion</p> <p>2:00-Bingo</p> <p>3:00-Name that tune</p>	<p>9:15-Sit n Fit 6</p> <p>10:00-Sing Along</p> <p>1:00-Mad Libs & Trivia (SR)</p> <p>2:00-Music with The Nightcaps (SR)</p> <p>3:00-Monopoly & other boar games (AD)</p>	<p>9:30-The Daily Chronicle 7</p> <p>10:00-Music with Mike Ely (MCU)</p> <p>1:00-Biblical journal prompts</p> <p>2-Sing Along</p> <p>3:00-Winter crafting</p>	<p>9:00-Bible Study (T) 1</p> <p>9:15-Agile Aging Movement (AD)</p> <p>10:30-Outing: Mimi's Cafe</p> <p>2:00-Get to know one another penny game</p> <p>3:00-Make A Word (AD)</p> <p>6:00-Dime bingo with Marie (AD)</p>	<p>9:15-Shop at Bel Air 2</p> <p>10:30-Hand weight exercise (AD)</p> <p>1:00-Ground hog day discussion (BD)</p> <p>2:00-Music with Don Terra (SR)</p> <p>3:00-Happy Hour (SR)</p> <p><i>Groundhog Day</i></p>	<p>9:00-Make a word 3</p> <p>(AD)</p> <p>10:00-Lighthouse Gospel (SR)</p> <p>1:00-Bingo (AD)</p> <p>2:00-Music with Marvin (SR)</p> <p>3:00-Pretty & Polished (AD)</p>
<p>9:00-Church Service (SR) 11</p> <p>9:15- Catholic Church @ SJV</p> <p>1:00-Make A Word (AD)</p> <p>2:00-Music with Kazakah Sarai (SR)</p> <p>2:00-Movie Matinee (T)</p>	<p>9:30-The Daily Chronicle 12</p> <p>10:15-Violin music with Ciprian (MCU)</p> <p>10:30-Baloon Volleyball</p> <p>1:00-Biblical Journal Prompts</p> <p>2:00-Bingo</p> <p>3:00-Name that tune</p>	<p>Mardi Gras 13</p> <p>9:15-Sit n Fit</p> <p>10:00-Sing Along</p> <p>1:00-Mad Libs & Trivia (SR)</p> <p>2:00-Music with Tim Durnan (SR)</p> <p>3:00-Monopoly & other boar games (AD)</p> <p><i>Mardi Gras</i></p>	<p>Happy Valentines Day 14</p> <p>9:30-Fresh Donuts & Coffee</p> <p>10:00-Country music with Jerry Jingles (MCU)</p> <p>1:00- Punched tin hearts craft</p> <p>2:00-Sing Along</p> <p>3:00-Love is in the air Trivia</p> <p>4:00-Candlelight Dinner featuring Mable</p> <p><i>Valentine's Day</i></p>	<p>9:00-Bible Study (T) 8</p> <p>9:15-Agile Aging Movement (AD)</p> <p>10:30-Outing: Mel's Diner</p> <p>2:00-Get to know one another penny game</p> <p>3:00-Make A Word (AD)</p> <p>6:00-Dime bingo with Marie (AD)</p>	<p>9:15-Shop at Bel Air 9</p> <p>10:30-Hand weight exercise (AD)</p> <p>1:00-Expressive painting</p> <p>2:00-Music with Alvin/Musical journey (SR)</p> <p>3:00-Happy Hour (SR)</p>	<p>9:00-Make a word 10</p> <p>(AD)</p> <p>10:00-Zumba (AD)</p> <p>1:00-Bingo (AD)</p> <p>2:00-Karaoke (AD)</p> <p>3:00-Pretty & Polished (AD)</p>
<p>9:00-Church Service (SR) 18</p> <p>9:15- Catholic Church @ SJV</p> <p>1:00-Make A Word (AD)</p> <p>2:00-Movie Matinee & popcorn (T)</p>	<p>9:30-The Daily Chronicle 19</p> <p>10:00-Morning Stretch</p> <p>10:30-Baloon Volleyball</p> <p>1:00-Presidents day/discussion</p> <p>2:00-Bingo</p> <p>3:00-Name that tune</p> <p><i>Presidents' Day (US)</i></p>	<p>9:15-Sit n Fit 20</p> <p>10:00-Sing Along</p> <p>1:00-Mad Libs & Trivia (SR)</p> <p>2:00-Music with Mike Jasper (SR)</p> <p>3:00-Monopoly & other boar games (AD)</p>	<p>9:30-The Daily Chronicle 21</p> <p>10:00-Music with Mike Ely (MCU)</p> <p>1:00-Biblical journal prompts</p> <p>2:00-Sing Along</p> <p>3:00-Winter Crafting (BD)</p>	<p>9:00-Bible Study (T) 15</p> <p>9:15-Agile Aging Movement (AD)</p> <p>10:30-Outing: Love At First Bite</p> <p>2:00-Get to know one another penny game</p> <p>3:00-Make A Word (AD)</p> <p>6:00-Dime bingo with Marie (AD)</p>	<p>9:15-Shop at Bel Air 16</p> <p>10:30-Hand weight exercise</p> <p>1:00-Chinese New Year stories</p> <p>2:00-Music with Capital City Reflection (SR)</p> <p>3:00-Happy Hour (SR)</p> <p><i>Chinese New Year</i></p>	<p>9:00-Make a word (AD) 17</p> <p>10:00-Laughter Yoga (AD)</p> <p>1:00-Bingo (AD)</p> <p>2:00-Pretty & polished and Avon samplers with Sarah (SR)</p> <p>3:00-Music with Tammy (AD)</p>
<p>9:00-Church Service (SR) 25</p> <p>9:15- Catholic Church @ SJV</p> <p>1:00-Make A Word (AD)</p> <p>2:00Music with Steve (SR)</p> <p>2:00-Movie Matinee (T)</p>	<p>9:30-The Daily Chronicle 26</p> <p>10:15-Viloin music with Ciprian (MCU)</p> <p>10:30-Baloon Volleyball</p> <p>1:00-Biblical journal prompts</p> <p>2:00-Bingo</p> <p>3:00- Name that tune (BD)</p>	<p>9:15-Sit N Fit 27</p> <p>10:00-Sing Along</p> <p>1:00-Mad Libs & Trivia (SR)</p> <p>2:00-Resident Birthday Party Featuring Robert green (SR)</p>	<p>9:30-The Daily Chronicle 28</p> <p>10:00-Music with Jerry Jingle (MCU)</p> <p>1:00-Biblical journal prompts</p> <p>2:00-Sing Along</p> <p>3:00-Winter crafting (BD)</p>			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2018

DAWN OF A NEW DAY

				<p>9:15-Agile Aging Movement (AD) 1 10:00-Ballon Exercise 11:00-Aroma hand massage 1:00-Arts & Crafts 2:00- Fancy Nails 3:00-Sing Along</p>	<p>9:15- Coffee Social & The Daily chronicle 2 10:00-Sing Fit 11:00-Napkin Folding 1:00-Make over 2:00-Music with Marvin (ALU) 3:00-Happy Hour (ALU) <small>Groundhog Day</small></p>	<p>9:00-The Daily Chronicle 3 10:00-Lighthouse gospel (ALU) 11:00-Sing along 1:00-Bingo 2:00-Music with Marvin (ALU) 3:00-Soccercise</p>
<p>9:00-Church Service 4 3:00-Music with Denis</p>	<p>9:15- Coffee Social & The daily Chronicle 5 10:00-KIDS CONNECTION 1:00-Color Workshop 2:00-Snack & chat 3:00- Karaoke</p>	<p>9:15-Cofee Social & The daily chronicle 6 10:00-Outing: Fairy tale town 2:00-Music with the Nightcaps (SR) 3:00-Ball toss</p>	<p>9:15-Coffee Social & The daily chronicle 7 10:00-Rock N Roll with Mike Ely 1:00-Peeling Fruit Social 2:00-Color Pictures 3:00-Soccercise</p>	<p>9:15-Agile Aging Movement (AD) 8 10:00-Ballon Exercise 11:00-Aroma hand massage 1:00-Arts & Crafts 2:00-Fancy Nails 3:00-Sing Along</p>	<p>9:15- Coffee Social & The Daily chronicle 9 10:00-Sing Fit 11:00-Napkin Folding 1:00-Make over 2:00-Music with Alvin (ALU) 3:00-Happy Hour (ALU)</p>	<p>9:00-The Daily Chronicle 10 10:00-Bowling Games 11:00-Sing along 1:00-Bingo 2:00-Reading & Reflecting 3:00-Soccercise</p>
<p>9:00-Church Service 11 2:00-Music with Kazakah Sarai (ALU)</p>	<p>9:15-Coffee Social & The daily Chronicle 12 10:15-Viloin music with Ciprian 11:00-Relaxation music 1:00-Color Workshop 2:00-Snack & chat 3:00- Karaoke</p>	<p>Mardi Gras 13 9:15-Cofee Social & The daily chronicle 10:00-Outing: Scenic drive to Old Sac 2:00-Music with Tim Durnan (SR) 3:00-Roll Yarn <small>Mardi Gras</small></p>	<p>Happy Valentines Day 14 9:15-Fresh Donuts & Coffee Social & The daily chronicle 10:00- Country Music with Jerry Jingles 1:00-Peeling Fruit Social 2:00-Color Pictures 3:00-Soccercise <small>Valentine's Day</small></p>	<p>9:15-Agile Aging Movement (AD) 15 10:00-Ballon Exercise 11:00-Aroma hand massage 1:00-Arts & Crafts 2:00-Fancy Nails 3:00-Sing Along</p>	<p>9:15- Coffee Social & The Daily chronicle 16 10:00-Sing Fit 11:00-Napkin Folding 1:00-Make over 2:00-Music with Capital City Reflections (ALU) 3:00-Happy Hour (ALU) <small>Chinese New Year</small></p>	<p>9:00-The Daily Chronicle 17 10:00-Laughfter Yoga (ALU) 11:00-Sing along 1:00-Bingo 2:00-Reading & Reflecting 3:00-Music with Tammy (ALU)</p>
<p>9:00-Church Service 18 2:00-Sing Along</p>	<p>9:15- Coffee Social & The daily Chronicle 19 10:00-Yoga class 11:00-Name that tune 1:00-Painting fun 2:00-Snack & chat 3:00- Karaoke <small>Presidents' Day (US)</small></p>	<p>9:15-Cofee Social & The daily chronicle 20 10:00-Outing: IHOP restaurant in Roseville 2:00-Music with Mike Jasper (SR) 3:00-Ball toss</p>	<p>9:15-Coffee Social & The daily chronicle 21 10:00-Rock N Roll with Mike Ely 1:00-Afternoon Tea Social 2:00-Color Pictures 3:00-Soccercise</p>	<p>9:15-Agile Aging Movement (AD) 22 10:00-Ballon Exercise 11:00-Aroma hand massage 1:00-Arts & Crafts 2:00-Fancy Nails 3:00-Sing Along</p>	<p>9:15- Coffee Social & The Daily chronicle 23 10:00-Art Refection with Tiffany (ALU) 11:00-Napkin Folding 1:00-Make over 2:00-Music with Cash Prophets (ALU) 3:00-Happy Hour (ALU)</p>	<p>9:00-The Daily Chronicle 24 10:00-Bowling Games 11:00-Sing along 1:00-Bingo 2:00-Music with Mike Shields(ALU) 3:00-Soccercise</p>
<p>9:00-Bible Study 25 2:00-Music with Steve (ALU)</p>	<p>9:15- Coffee Social & The daily Chronicle 26 10:15-Violin music with Ciprian 11:00-Instrumental music 1:00-Painting fun 2:00-Snack & chat 3:00- Karaoke</p>	<p>9:15-Cofee Social & The daily chronicle 27 10:00-Outing: Scenic drive to Fair oaks 2:00-Resident Birthday Party Featuring Robert Green</p>	<p>9:15-Coffee Social & The daily chronicle 28 10:00-Country music with Jerry Jingles 1:00-Afternoon Tea Social 2:00-Color Pictures 3:00-Soccercise</p>			