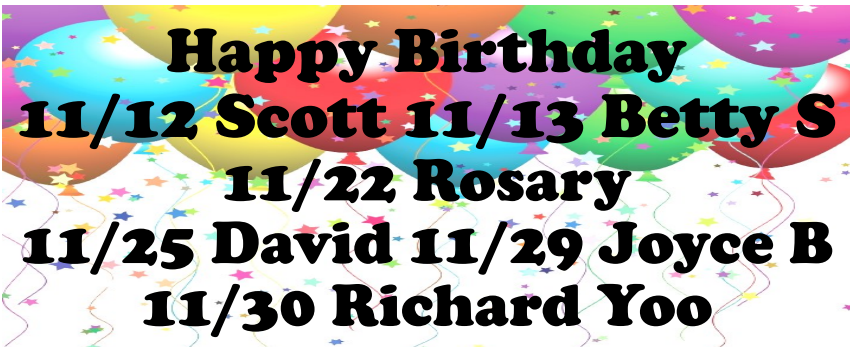



Eskaton Granite Bay Activities Calendar-November 2018

8550 Barton Road
Granite Bay, California
Independent living & Assisted Living
916-789-0326

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><u>Location Key</u> AR= Activity Room FSL= Fireside Lounge DR= Dining Room CCY=Center Court Yard</p> <p>Veterans Day Celebration November 9th at 10am</p>		<p>Medical Transport 1 9:45 Exploring Calendar-AR 10:00 Exercise-AR 10:30 Love of Learning Mexico-AR 1:30 Dominos/Cards-AR 3:00 Poppy Pins Craft-AR 6:00 Flag Retirement Ceremony on the patio weather permitting</p>	<p>2 9:45 Exercise-AR 10:30 Bible Time w/ Michelle-AR 10:45 Domestic Divas-signup 1:00 Speed Bunco .25-AR 2:30 Pinochle/Mahjong-AR 6:00 .25 Bingo-AR</p>	<p>3 10:00 Exercise-AR 10:30 Mind Works-AR Exercise for the Brain 1:00 Mahjong-AR 3:00 Prize Bingo-AR 6:00 Movie-AR</p>
<p>Daylight Savings Fall Back Church Transportation as follows: 8:10 Shepherd of the Sierra 10:00 St. Joseph Marelo 10:30 Centerpoint Community 1:00 Games w/ BTC-AR 1:00 Vital Signs nurses office 3:00 Resident ran .25 Bingo-AR 6:00 Musical/Big Band-AR</p> <p>4</p>	<p>9:00 Banking/CVS 10:00 Exercise-AR 10:30 Farkle-AR 10:45 Walgreens-Sign-Up 1:00 Walmart-Sign-Up 1:00 Stich & %*^?!-AR 2:00 LRC (nickels)-AR 3:00 Yoga-AR 6:00 Singalong w/Dianne, Marlene, Sandy & Lynne-FSL</p> <p>5</p>	<p>Medical Transport 6 Activity Room Closed Due to General Election 9:45 Exercise-DR 10:30 Catholic Communion-PDR 1:00 Choir Practice-DR 2:00 Mexican Train-PDR 3:30 Manicures-PDR</p>	<p>7 9:00 -12:00 Well Being Retreat-AR 1:00 Family Feud (prizes)-AR 2:30 Trivia Chat-AR 6:00 Texas Holdem \$5 buy in-AR</p>	<p>Medical Transport 8 10:00 Exercise-AR 10:30 Love of Learning Chile & Brazil-AR 1:30 Dominos/Cards-AR 3:00 Mingle w/ Neighbors-AR 6:00 .25 Bingo-AR</p>	<p>9 10:00 Veteran's Day Celebration-DR 1:00 Bridge-PDR 1:00 Speed Bunco .25-AR 2:30 Pinochle-AR 6:00 Movie Night Documentary -AR</p>	<p>10 10:00 Exercise-AR 10:30 Key Club/Games-AR 1:00 Mahjong-AR 3:00 Prize Bingo-AR 6:00 Movie-AR</p>
<p>Church Transportation as follows: 8:10 Shepherd of the Sierra 10:00 St. Joseph Marelo 10:30 Centerpoint Community 1:30 Pioneer Quilters Guild Show(\$7) signup 6:00 Musical/Big Band-AR</p> <p>11</p>	<p>9:00 Banking/CVS 10:00 Exercise-AR 10:30 Skip Bo-AR 10:45 Safeway-Sign-Up 1:00 JCP-Sign-Up 1:00 Stich & %*^?!-AR 2:00 Trivia-AR 3:00 Yoga-AR</p> <p>12</p>	<p>Medical Transport 13 9:45 Exercise-DR 10:30 Catholic Communion-AR 1:00 Ping Pong-AR 2:00 Resident Council-AR 3:15 LRC (nickels)-AR 6:00 .25 Bingo-AR</p>	<p>9:00 Coffee outing-signup 14 10:00 Exercise-AR 11-1 Traveling Boutique & Resident Book Sale-AR 1:00 Let's Sparkle-PDR w/Helzberg jewelry cleaning 2:00 Entertainer Collin Hobbs-DR 3:00 Choir Practice-DR 6:00 Movie Night-AR</p>	<p>Medical Transport 15 10:00 Exercise-AR 10:30 Love of Learning Peru-AR 1:30 Dominos/Cards-AR 3:00 Mingle w/ Neighbors-AR 6:00 .25 Bingo-AR</p>	<p>16 9:45 Exercise-AR 10:30 Bible Time w/ Michelle-AR 11:30 Silver Diners La Huaca-signup 1:00 Bridge-PDR 2:30 Pinochle/Mahjong-AR 6:00 Movie Night Documentary -AR</p>	<p>17 10:00 Exercise-AR 10:30 BTC/Games-AR 1:00 Mahjong-AR 3:00 Prize Bingo-AR 6:00 Movie-AR</p>
<p>Church Transportation as follows: 8:10 Shepherd of the Sierra 10:00 St. Joseph Marelo 10:30 Centerpoint Community 1:30 Scenic Drive-sign-up 3:00 Resident ran .25 Bingo-AR 6:00 Musical/Big Band-AR</p> <p>18</p>	<p>9:00 Banking/CVS 10:00 Exercise-AR 10:30 31 Cards (Dimes)-AR 10:45 Walgreens-Sign-Up 1:00 Target-Sign-Up 1:00 Stich & %*^?!-AR 2:00 Trivia-AR 3:00 Yoga-AR 6:00 Singalong w/Dianne, Marlene, Sandy & Lynne-FSL</p> <p>19</p>	<p>Medical Transport 20 9:45 Exercise-AR 10:30 Catholic Communion-AR 1:00 Ping Pong-AR 2:00 Choir Practice-DR 3:15 LRC (nickels)-AR 6:00 .25 Bingo-AR</p>	<p>21 10:00 Exercise-AR 10:00 Thunder Valley-signup 10:30 Love of Learning-AR 1:00 Tick (cards)-AR 2:00 Thanksgiving Hangman-AR 3:30 Manicures-AR 6:00 Movie Night -AR</p>	<p>Happy Thanksgiving 22 9:00 Macy's Day Parade-AR Thanksgiving Dinner 11:30 -5:00pm If you plan on having guests please RSVP at the reception desk. Football games in the Activity room</p>	<p>23 10:00 Exercise-AR 1:00 Bridge-PDR 1:00 Speed Bunco .25-AR 2:30 Pinochle-AR 6:00 Movie Night Documentary -AR</p>	<p>24 10:00 Exercise-AR 10:30 Mind Works-AR Exercise for the Brain 1:00 Mahjong-AR 3:00 Prize Bingo-AR 6:00 Movie-AR</p>
<p>Church Transportation as follows: 8:10 Shepherd of the Sierra 10:00 St. Joseph Marelo 10:30 Centerpoint Community 1:30 Scenic Drive-sign-up 3:00 Resident ran .25 Bingo-AR 6:00 Musical/Big Band-AR</p> <p>25</p>	<p>9:00 Banking/CVS 10:00 Exercise-AR 10:30 4 & 1 (Dimes)-AR 10:45 Walgreens-Sign-Up 1:00 Walmart-signup 1:00 Stich & %*^?!-AR 2:00 Tenderhearts-AR (Making Cards for homeless Teens) 3:00 Yoga-AR</p> <p>26</p>	<p>Medical Transport 27 9:45 Exercise-AR 10:30 Catholic Communion-AR 1:00 Ping Pong-AR 2:00 Choir Practice-DR 3:15 LRC (nickels)-AR 6:00 .25 Bingo-AR</p>	<p>28 10:00 Exercise-AR 10:30 Trivia Chat-AR 11:00 Silver Dinners Granite Bay Chinese-signup 2:00 Travelogue-AR (Ethiopia) 6:00 Movie Night -AR</p>	<p>Medical Transport 29 10:00 Exercise-AR 10:30 Love of Learning-AR 1:30 Dominos/Cards-AR 3:00 Mingle w/ Neighbors-AR 6:00 .25 Bingo-AR</p>	<p>30 9:45 Exercise-AR 10:30 Bible Time w/ Michelle-AR 1:00 Bridge-PDR 1:00 Speed Bunco .25-AR 2:30 Pinochle-AR 3:00 Decorating Dining Room Tree-DR 6:00 Tree Lighting and Entertainment by Pair-A-Docs-DR</p>	<p>Tree Lighting Nov. 30th at 6pm</p> 