

# August 2018

Memory Lodge  
Eskaton Village Carmichael

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>TUESDAYS EVENING MUSIC WILL NOW BE WITH ANN ON ACOUSTIC GUITAR. HARPIST WILL BE OUT ON MATERNITY LEAVE. PRIVATE IN ROOM VISITS ARE AVAILABLE. 6:00-8:00PM</b></p>		<p><b>Activities and times may change. For any scheduling questions, call 916-974-2141</b></p>	<p>1 10:00 Morning Stretch 10:45 Massage by Sandra 2:00 Densmore and Blake Visit 3:00 Happy Hour w/ Lily</p> <p style="text-align: center;"> <b>11:30-1:00</b>  <b>CAFÉ LUNCHEON</b></p>	<p>2  <b>(Hairdresser Visits)</b> 10:00 Chair Yoga 10:30 This Day in History 1:30 Movie Matinee 3:30 Classical Sing Along 6:00 After Dinner Music 7:00 Evening TV</p>	<p>3 10:00 Chair Zumba w/ Christie 11:00 Hydration Time 1:45 Bible Study w/ Ch. Grant 3:30 Rick Steve's European Tour 6:00 After Dinner Music 7:00 Ch 6- PBS News Hour</p>	<p>4 10:00 Independent Activities 11:00 Hydration Time 2:00 PBS Documentary– Walt Disney Part I 6:00 CH 6– Lawrence Welk</p>
<p>5 11:15 Church Service 1:15 Sports Sunday 2:45 Ice Cream SUNdae Social 3:15 Spiritual Hymns w/ Pristina 6:00 After Dinner Music 7:00 Evening TV</p>	<p>6 10:00 Morning Walking Group 11:00 Classical Piano w/ Justin 1:30 Nail Spa 3:00 Julian LaCalle on Guitar 6:00 After Dinner Music 7:00 Evening TV</p>	<p>7 9:30 Breathe &amp; Stretch w/ Adam 10:30 Coffee &amp; News 1:30 Drive In Movie 6:00 Music Partners Visit</p> <p style="text-align: center;"> <b>3:45-4:45</b> <b>BIRTHDAY</b>  <b>ENTERTAINMENT</b></p>	<p>8 10:45 Massage by Sandra 2:00 Densmore and Blake Visit 3:00 Roadtrip USA– Waikiki <i>*Happy Hour moved to 8/7*</i></p> <p style="text-align: center;"> <b>11:00-12:00</b> <b>PETS FOR</b>  <b>PEOPLE VISIT</b></p>	<p>9  <b>(Hairdresser Visits)</b> 10:00 Chair Yoga 10:30 This Day in History 1:30 Twister Toss 6:00 After Dinner Music 7:00 Evening TV</p> <p style="text-align: center;"> <b>3:00-3:30</b> <b>TEA WITH</b>  <b>TIGHE</b></p>	<p>10 10:00 Chair Zumba w/ Christie 11:00 Hydration Time 1:45 Bible Study w/ Ch. Grant 3:30 Rick Steve's European Tour 6:00 After Dinner Music 7:00 Ch 6- PBS News Hour</p>	<p>11 10:00 Independent Activities 11:00 Hydration Time 2:00 PBS Documentary– Walt Disney Part II 6:00 CH 6– Lawrence Welk</p>
<p>12 11:15 Church Service 1:15 Sports Sunday 2:45 Ice Cream SUNdae Social 3:15 Piano Hymns w/ Voz Alta 6:00 After Dinner Music 7:00 Evening TV</p>	<p>13  <b>(Manicurist Visits)</b> 10:00 Morning Walking Group 11:00 Music w/ Skip Morgan 1:30 Afternoon Stretch 2:00 Around the World– Egypt 2:30 Movie Matinee– Cleopatra 6:00 After Dinner Music 7:00 Evening TV</p>	<p>14 9:30 Breathe &amp; Stretch w/ Adam 10:30 Coffee &amp; News 11:00 Bell Zumba 1:30 Drive In Movie 6:00 Music Partners Visit 7:00 Evening TV</p>	<p>15 10:00 Music w/ Michael Jaspar 10:45 Massage by Sandra 2:00 Densmore and Blake Visit 3:00 Happy Hour w/ Rick</p> <p style="text-align: center;"> <b>3:00-4:00</b> <b>HEARING AID</b> <b>CLINIC</b></p>	<p>16  <b>(Hairdresser Visits)</b> 10:00 Chair Yoga 10:30 Interactive Music w/ Alvin 2:00 This Day in History 3:00 DIY– Fruit Coasters 6:00 After Dinner Music 7:00 Evening TV</p>	<p>17 10:00 Chair Zumba w/ Christie 11:00 Hydration Time 1:45 Bible Study w/ Ch. Grant 3:30 Rick Steve's European Tour</p> <p style="text-align: center;"> <b>9:00-12:00</b> <b>DERMATOLOGY</b> <b>VISIT</b></p>	<p>18 10:00 Independent Activities 11:00 Hydration Time 2:00 PBS Documentary– Thomas Edison 6:00 CH 6– Lawrence Welk</p>
<p>19 11:15 Church Service 1:30 Sports Sunday 2:45 Ice Cream SUNdae Social 3:15 Spiritual Hymns w/ Pristina 6:00 After Dinner Music 7:00 Evening TV</p>	<p>20 10:00 Morning Walking Group 10:30 Music w/ Alta Gray 1:30 Afternoon Stretch 2:00 Lemonade Workshop 3:00 Table Talk 6:00 After Dinner Music 7:00 Evening TV</p>	<p>21 9:30 Breathe &amp; Stretch w/ Adam 10:30 Coffee &amp; News 11:00 TV Karaoke 1:30 Drive In Movie 6:00 Music Partners Visit</p> <p style="text-align: center;"> <b>2:00-3:00</b> <b>90'S</b>  <b>PARTY</b></p>	<p>22 9:30 Morning Stretch 10:45 Massage by Sandra 2:00 Densmore and Blake Visit 3:00 Happy Hour w/ Don 6:00 After Dinner Music</p> <p style="text-align: center;"> <b>10:00-11:30</b> <b>SCENIC DRIVE</b></p>	<p>23  <b>(Hairdresser Visits)</b> 10:00 Chair Yoga 10:30 This Day in History 1:30 No Bake– Strawberry Cake 3:00 Snacktime Social 6:00 After Dinner Music</p> <p style="text-align: center;"> <b>9:00-12:00</b> <b>PODIATRY</b>  <b>VISIT</b></p>	<p>24 10:00 Chair Zumba w/ Christie 11:00 Hydration Time 1:45 Bible Study w/ Ch. Grant 3:30 Rick Steve's European Tour 6:00 After Dinner Music 7:00 Ch 6- PBS News Hour</p>	<p>25 10:00 Independent Activities 11:00 Hydration Time 2:00 PBS Documentary– Henry Ford 6:00 CH 6– Lawrence Welk</p>
<p>26 11:15 Church Service 1:30 Sports Sunday 2:45 Ice Cream SUNdae Social 3:15 Piano Hymns w/ Voz Alta 6:00 After Dinner Music 7:00 Evening TV</p>	<p>27 10:00 Morning Walking Group 11:00 Classical Piano w/ Justin 1:30 Hisayo on Piano 3:00 DIY– Watermelon Fans 6:00 After Dinner Music 7:00 Evening TV</p>	<p>28 9:30 Breathe &amp; Stretch w/ Adam 10:30 Coffee &amp; News 11:00 Bell Zumba 6:00 Music Partners Visit</p> <p style="text-align: center;"> <b>2:00-3:00</b> <b>ART</b>  <b>PRESENTATION</b></p>	<p>29 9:30 Morning Stretch 10:45 Massage by Sandra 2:00 Densmore and Blake Visit 3:00 Happy Hour w/ Marvin Ulvid 6:00 After Dinner Music</p>	<p>30  <b>(Hairdresser Visits)</b> 10:00 Chair Yoga 10:30 This Day in History 2:00 The Parachute Game 6:00 After Dinner Music</p> <p style="text-align: center;"> <b>3:00-4:00</b> <b>DRUM W/ RHYTHMS</b>  <b>OF EMPOWERMENT</b></p>	<p>31 10:00 Chair Zumba w/ Christie 11:00 Hydration Time 1:45 Bible Study w/ Ch. Grant 3:30 Rick Steve's European Tour 6:00 After Dinner Music 7:00 Ch 6- PBS News Hour</p>	