




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 DOCTOR APPOINTMENTS PLACERVILLE 9:25 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:15 Fitness Gym 3:00 SIX STRING DAISY AND HER INVISIBLE BAND (PLAYS GUITAR) CK1	2 9:25 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes group 1:00 SHOPPING TO KMART (PLACERVILLE)	3 9:25 SITTERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 SEASHELL CENTERPIECE CK1	4 9:25 STRENGTH EXERCISE 10:00 Dominoes Group 10:30 SING ALONG WITH GRACE FR 2:00 BONUS BINGO CK1 5:15 Movie CK2
5 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP W/ PHILIP DENNIS MV	6 DOCTOR APPOINTMENTS PLACERVILLE 9:15 EXERCISE W/ WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 LUAU DAY "ALOHA DANCERS" VC	7 DOCTOR APPOINTMENTS CAMERON PARK 9:00 Open Episcopal Communion (Everyone is welcome) CK-2 9:30 Catholic Eucharist 9:30 Bible Study CR 9:25 EXERCISE WITH BANDS 10:00 Crossword 10:30 Bingo 2:00 BIRTHDAY SOCIAL CK1	8 DOCTOR APPOINTMENTS PLACERVILLE 9:25 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Sandra—Hearing Aid L 1:15 Fitness Gym VC 2:00 Book Mobile 3:00 BOB RAWLEIGH FR	9 9:25 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes Group 1:30 SCENIC DRIVE	10 9:25 SITTERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 JEWELRY MAKING CK1	11 9:25 STRENGTH EXERCISE 10:00 HANGTOWN KENNEL DOGS 10:00 Dominoes Group 2:00 BONUS BINGO CK1 5:15 Movie CK2
12 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP W/ BOB RAWLEIGH MV	13 DOCTOR APPOINTMENTS PLACERVILLE 9:15 EXERCISE W/ WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 1:00 Bridge Group CK2 3:00 Sing Along CK1	14 DOCTOR APPOINTMENTS CAMERON PARK 9:30 Bible Study CR 9:30 Catholic Eucharist 9:25 EXERCISE WITH BANDS 10:00 Crossword 10:30 Bingo 12:30 Resident Council CK1 2:30 SEWING FOR BAZAAR	15 DOCTOR APPOINTMENTS PLACERVILLE 9:25 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:15 Fitness Gym 3:00 NADIA CONNOLY (PLAYS HARP) FR 4:00 PAWS FOR A CAUSE L	16 9:25 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes group 11:00 LUNCH OUTING - APPLE BISTRO (CAMINO)	17 9:25 SITTERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 SEWING FOR BAZAAR CK1	18 9:25 STRENGTH EXERCISE 10:00 Dominoes Group 10:30 SING ALONG WITH GRACE FR 2:00 BONUS BINGO CK1 5:15 Movie CK2
19 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP W/ TY AND SANDY MV	20 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 1:00 Bridge Group CK2 1:00 STORYTELLERS CK1 3:00 Sing Along CK1	21 DOCTOR APPOINTMENTS 9:00 Open Episcopal Communion (Everyone is welcome) CK-2 Bible Study CRRoom 9:30 Catholic Eucharist 9:25 EXERCISE WITH BANDS 10:00 Crossword 10:30 Bingo 1:00 Dominoes 2:00 WATER COLOR PAINTING SESSION #1	22 DOCTOR APPOINTMENTS 9:25 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:15 Fitness Gym VC 3:00 SCOTCH TAPE AND BALING WIRE FR	23 9:25 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes Group 1:00 MOVIE OUTING	24 9:25 SITTERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 ICE CREAM SOCIAL - WALK TO END ALZHEIMER FUNDRAISING LOBBY 3:00 GARDENING CK1	25 9:25 STRENGTH EXERCISE 10:00 Dominoes Group 2:00 BONUS BINGO CK1 5:15 Movie CK2
26 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP W/ PHILIP DENNIS MV	27 DOCTOR APPOINTMENTS 9:15 EXERCISE W/ WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 1:00 Bridge Group CK2 3:00 Sing Along CK1	28 DOCTOR APPOINTMENTS 9:30 Bible Study CRoom 9:30 Catholic Eucharist 9:25 EXERCISE WITH BANDS 10:00 Crossword 10:30 BINGO 2:00 NEW RESIDENTS SOCIAL CK1	29 DOCTOR APPOINTMENTS 9:25 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:15 Fitness Gym VC 1:00 HISTORIAN SPEAKER "PLACERVILLE REFLECTIONS" VC 3:00 MICHAEL JASPAR FR	30 9:25 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 Dominoes Group 1:00 TRIP TO HOOVERVILLE ORCHARD	31 9:25 SITTERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 Dominoes Group 2:00 WATER COLOR PAINTING SESSION CK1	

ESKATON VILLAGE PLACERVILLE

Memory Village August 2018 Activities

ESKATON
Transforming the Aging Experience

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:20 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon Volleyball 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 SIX STRING DAISY AND HER INVISIBLE BAND 3:15 Crossword 5:15 Movie	2 9:30 Walk and Wheel 10:00 Rom Dance exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, block 1:15 Scenic Drive 2:00 Serve Refreshments 2:15 Bingo 3:30 Hand massages 5:15 Movie	3 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Sing Along 2:45 Spelling 3:30 Sharing moments 5:15 Movie	4 9:30 Sing Along with Grace 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 2:15 BIRTHDAY SOCIAL 3:15 Crossword 3:15 Spelling game 5:15 Movie
			5 9:30 Walk and Wheel 10:00 Chair Dancing exercises 10:30 Hand massages 1:30 WORSHIP W/ PHILIP DENNIS 2:30 HOT COCOA AFTERNOON 3:00 Back massage 5:15 Movie	6 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Sing Along 3:00 Serve Refreshments 3:15 Bingo 5:15 Movie	7 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Finish the sentence 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Trivia 3:00 Ice Cream Social 3:30 Manicure and Foot spa time 5:15 Movie	8 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon Volleyball 12:30 Reading, IPOD, Puzzles, blocks 2:00 BOB RAWLEIGH 2:45 Serve Refreshments 3:00 Crossword 5:15 Movie
12 9:30 Walk and Wheel 9:45 Chair Dancing exercises 10:15 Balloon Volleyball 10:30 Hand massages 1:30 WORSHIP W/ BOB RAWLEIGH 2:30 Sing Along 3:00 Crossword 5:15 Movie	13 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Sing Along 3:00 Serve Refreshments 3:15 Bingo 5:15 Movie	14 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Finish the sentence 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Trivia 3:00 Ice Cream Social 3:30 Manicure and Foot spa time 5:15 Movie	15 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon Volleyball 12:30 Reading, listen to music, IPOD 2:00 NADIA CONNOLLY 2:45 Serve Refreshments 3:00 Crossword 5:15 Movie	16 9:30 Walk and Wheel 10:00 Rom Dance exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:15 Scenic Drive 2:00 Serve Refreshments 2:15 Bingo 3:30 Hand massages 5:15 Movie	17 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Sing Along 2:45 Spelling 3:30 Sharing moments 5:15 Movie	18 9:30 Sing Along with Grace 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon volleyball 2:45 Serve Refreshments 5:15 Movie
19 9:30 Walk and Wheel 10:00 Chair Dancing exercises 10:30 Hand massages 1:30 WORSHIP W/ TY AND SANDY 2:30 HOT COCOA AFTERNOON 3:00 Who Am I? 5:15 Movie	20 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Sing Along 3:00 Serve Refreshments 3:15 Bingo 5:15 Movie	21 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Finish the sentence 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Trivia 3:00 Ice Cream Social 3:30 Manicure and Foot spa time 5:15 Movie	22 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Balloon volleyball 12:30 Reading, IPOD, Puzzles, blocks 2:00 SCOTCH TAPE AND BALING WIRE 2:45 Serve Refreshments 3:00 Crossword 5:15 Movie	23 9:30 Walk and Wheel 10:00 Rom Dance exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:30 Back Massages 2:00 Serve Refreshments 2:15 Bingo 3:30 Hand massages 5:15 Movie	24 9:30 Walk and Wheel 10:00 Armchair exercises 10:30 Serve Refreshments 10:45 Dancing 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 ICE CREAM SOCIAL— WALK TO END ALZHEIMER FUNDRAISING 2:45 Sing Along 3:30 Sharing moments 5:15 Movie	25 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon volleyball 2:30 Serve Refreshments 2:45 Crossword 5:15 Movie
25 9:30 Walk and Wheel 9:45 Chair Dancing exercises 10:15 Balloon Volleyball 10:30 Hand massages 1:30 WORSHIP W/ PHILIP DENNIS 2:30 Sing Along 3:00 Crossword 5:15 Movie	27 9:30 Music Therapy performer 10:30 Serve Refreshments 10:45 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Sing Along 3:00 Serve Refreshments 3:15 Bingo 5:15 Movie	28 9:30 Walk and Wheel 10:00 Light and Lively exercises 10:30 Serve Refreshments 10:45 Finish the sentence 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Trivia 3:00 Ice Cream Social 3:30 Manicure and Foot spa time 5:15 Movie	29 9:30 Walk and Wheel 10:00 Serve Refreshments 10:15 Armchair exercises 10:45 Balloon volleyball 12:30 Reading, IPOD, Puzzles, blocks 2:00 MICHAEL JASPAR 2:45 Serve Refreshments 3:00 Crossword 5:15 Movie	30 9:30 Walk and Wheel/Gardening 10:00 Rom Dance exercises 10:30 Serve Refreshments 10:45 Crossword 12:30 Reading, IPOD, Puzzles, blocks 1:15 Scenic Drive 2:30 Serve Refreshments 2:45 Bingo 5:15 Movie	31 9:15 Residents make fruit bowls 9:30 Walk and Wheel 10:15 Armchair exercises 10:45 Spelling 12:30 Reading, IPOD, Puzzles, blocks 1:00 Clare plays the Piano 2:00 Sing Along 3:00 Serve Refreshments 3:15 Hand massages 5:15 Movie	