

# welcome home TO ESKATON



ESKATON®

Transforming the Aging Experience

ESKATON WASHINGTON MANOR

1020 KINGSTON ROAD

MT. SHASTA, CA 96067



## NOVEMBER 2017

### Holiday Office Hours

The administrative offices will be closed on Thursday, November 23<sup>rd</sup>, and Friday, November 24<sup>th</sup> for the Thanksgiving holiday. We send blessings to you and those you love during this time of giving thanks.

### NEW BUS SCHEDULE!

Because of the holidays in November, there will be changes in the bus schedule. On Friday, November 3<sup>rd</sup>, join the group going shopping at Grocery Outlet in Weed. For the rest of the month, the bus will leave on Thursday, November 9<sup>th</sup>; Friday, November 17<sup>th</sup>; and Wednesday, November 22<sup>nd</sup>, at 12:45 pm and take you shopping locally (Ray's, or Berryville, Rite-Aid).

### Praise Service

Every Sunday, at 3 p.m. in MPR I, there will be a praise service. All denominations are welcome. First Sunday of the month is led by St. Anthony's; the rest of the month will be led by Andy Grossman from Abundant Life.

### Senior Nutrition Center

The Senior Nutrition Center will be closed on November 10<sup>th</sup> for Veteran's Day, and November 23<sup>rd</sup> for Thanksgiving.

### USDA Commodities

Pick-up on Tuesday, Nov. 21<sup>st</sup>. at St. Barnabas Church at 12:30 p.m.. If you have no way to pick them up, please call Joan Ward at 926-4587 before noon on Friday, November 17<sup>th</sup> to register and schedule delivery here at Eskaton. Pick them up here in MPRI between 2 pm - 4 p.m on Tuesday, Nov. 21<sup>st</sup>.

### Resident Council

Election Meeting, Nov. 13<sup>th</sup>, MPRI @ 3p.m.; Potluck on Saturday, Nov. 11<sup>th</sup> @ 5 p.m., please bring a main dish, finger food, or dessert.; Birthday Party and coffee hour, Nov. 17<sup>th</sup> @ 3 p.m., MPRI. Other Friday coffee hours, Nov. 3, 10, 24, MPRI @ 3 p.m.

### Scrabble

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Every Saturday in November at 1 p.m. in MPRI.

## Staff Directory

### Management and Facilities

Peggy Wood- Interim Executive Director  
Bernadette Arwood- Assistant Executive Director  
Carrie Ogden- Office Manager  
Jim Shott- Maintenance Supervisor  
John Rader- Maintenance / Grounds

### Service Coordinator

Holly Lenz - Social Service Coordinator  
Phone: 530-926-2013

### Campus Monitors and Lock Up

4A- Tom Collins- Head Campus Monitor  
9L- Frank Salzler- Campus Monitor Bld. 8 & 9  
Back-up Campus Montior

**BIRTHDAY PARTY THIS MONTH IS ON FRIDAY, November 17<sup>th</sup> , 3 PM, MPR I**

## Happy November Birthdays

6E	Mairen Jordan	11/1
ST	Bernadette Arwood	11/10
9D	Jerry Porter	11/11
3C	Virginia Gomez	11/19
2E	Judy Redd	11/20



## Winter Preparation

Before winter begins, please make sure that you are prepared for a potential power outage. Have a flashlight with good batteries standing by as well as plenty of blankets and bottled water in the event of a pipe burst.



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Thankfully, Eskaton's **Guardian Angel** Program is going strong. The good work and dedication of our employees illuminate throughout the company.

If you would like to recognize the exceptional care or service you received by an Eskaton employee or caregiver, you can make a donation in any amount in his or her honor to Eskaton Foundation. Your **Guardian Angel** will receive a certificate informing her of your thoughtful gift, as well as a custom-crafted lapel pin to wear proudly.

It's easy to honor your **Guardian Angel** today! Simply use the **Guardian Angel** envelope located at the front desk, or donate on-line at [www.eskatonfoundation.org](http://www.eskatonfoundation.org).

To learn more about Eskaton Foundation, please contact Kim Rhinehelder, President, Eskaton Foundation at 916-334-0810.



## Weekly

Sunday	3 pm Praise Service – MPR Manor I
Monday	None
Tuesday	10:30 am bus to Nutrition Center 1:00 Bible study – Craft Room
Wednesday	10:30 am bus to Nutrition Center 1:00 pm Ceramics – Craft room 6:00 pm Chess Club – Craft Room
Thursday	10:30 am bus to Nutrition Center
Friday	12:45 pm shopping bus 1:00 pm – 4:30 pm Art Group – Craft Room 3:00 pm Coffee Hour – MPR I
Saturday	1 p.m. Scrabble Games MPRI

## Monthly

Resident Council	2 <sup>nd</sup> Monday of each month @ 3:00 pm
Garden Group	2 <sup>nd</sup> Monday @ 1:30 am, MPR I
Clark Pest Control	2 <sup>nd</sup> Tuesday, weather permitting
Golden Umbrella	In-service (4 <sup>th</sup> Wednesday of the month) 11:45 – 3:00 pm, MPR I
Book Club	Last Thursday of the month, 10:30 – 12:30 pm, MPR II
Potluck	2 <sup>nd</sup> Saturday @ 1 p.m. MPRI
Birthday Party	3 <sup>rd</sup> Friday @ 3 p.m. During Coffee Hour MPRI

**\*\*Eskaton is a Non-Profit Corporation\*\***