

Welcome to Eskaton Lodge Gold River, where residents enjoy beautiful surroundings, combined with customized personal support by caring and experienced staff.

Supportive Independence

Conveniently located in the prestigious Gold River community near shops and medical plazas, Eskaton Lodge Gold River offers assisted living, pre-memory care, memory care and short-term stays. Our emphasis is on wellness, nutrition and socialization to nourish the body, mind and spirit. You'll experience all the benefits of community living — good friends and neighbors, support services and caring staff — as well as access to a wide range of features and amenities.

Personal assistance is offered when needed for tasks of everyday living like bathing, dressing and grooming, to help you lead a healthy, contented life. Benefits include:

- Around-the-clock caregivers
- Licensed nurses on site
- <u>Smart motion-sensor technology</u> seamlessly integrated into each apartment
- Café dining with a variety of healthy and delicious menu choices. Snacks and beverages available all day
- <u>Full activity program</u>, including Brain Fitness, inspiring exercise classes, lifelong learning and unique excursions
- <u>Life enrichment initiatives</u>, like music and pet therapies, veterans recognition, 100+ celebration and Thrill of a Lifetime
- Transportation to medical appointments
- Full-service beauty salon and manicurist

Pre-Memory and Memory Care

We offer <u>Dayspring Pre-memory care</u> for residents experiencing mild cognitive impairment and early dementia, as well as <u>Dawn of a New Day Memory Care</u>. We focus on comfort, personal dignity and self-worth. Residents engage in activities to promote self-expression and overcome cognitive challenges. Families are involved with activities and regular communication.

Respite Care Short-term Stays

In order to take the best care of your family member at home, it is important to take care of yourself. It's easy to arrange for your family member to be our guest. Short-stay guests enjoy the same amenities as full-time residents.

Experience Eskaton Lodge Gold River for yourself. Contact us today to schedule a personal tour and complimentary lunch.



Eskaton Lodge Gold River

Assisted Living, Pre-Memory and Memory Care

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eskaton.org

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