



### Welcome home to Eskaton Monroe Lodge

**An elegant six-story building located in beautiful Land Park. It features 97 private apartments, spacious lounges and large rooms for events. Every apartment features a spectacular view — varying from the city skyline to snowcapped mountains.**

### **Your independence. Our support.**

Supportive independence is the Eskaton philosophy and practice of offering older adults the services needed to remain as independent as possible. Eskaton Monroe Lodge residents enjoy the benefits of community living — good friends and neighbors and a supportive, caring staff — as well as access to a wide range of features and amenities, including:

- 24-hour staff on-site
- [Smart-sensor technology](#) in addition to emergency call systems in each apartment
- Weekly housekeeping and bed linen service
- On-site self-service laundry facilities
- Scheduled shuttle bus trips for errands, events and appointments
- [Regular schedule of social, educational and wellness activities](#)
- Fully equipped fitness center
- Well-stocked libraries and reading rooms
- Spacious lounges and community rooms on every floor
- Multi-purpose Garden Room for socials, private celebrations and engaging musical entertainment
- Entertainment and game lounge with large-screen TV and billiards table

- Full-service beauty and barber salon
- Built-in four-hole putting green
- Deluxe spa and tranquil water garden
- Landscaped walking paths lined with rose gardens and fruit trees
- Pet-friendly

### **For your dining pleasure.**

Your table is always ready. Breakfast, lunch and dinner are special occasions every day in the elegantly appointed full-service dining room. Choose one, two or three meals daily from an extensive menu. Prepared by a professional chef and served by wait staff, residents dine on delicious, nutritious and well-balanced dishes fresh from our kitchen. During holidays, we feature banquet meals for both you and your family to enjoy. The dining room also provides tray service and bag-meal preparation, as requested. Private catering is available.

**Experience the Eskaton difference.  
Come for a visit today.**



### **Eskaton Monroe Lodge**

Independent Living with Services

[3225 Freepoint Boulevard, Sacramento, CA 95818](#)

**916-441-1015**

[eskaton.org](http://eskaton.org)

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