



## [Welcome to Eskaton Village Grass Valley](#)

**Set among the striking beauty of the Sierra Nevada foothills on an attractive 42-acre campus near the Sierra College campus and Litton Trail, and close to a golf course and tennis club, the stimulation of learning and recreation are close at hand.**

## **Supportive Independence**

Enjoy campus living with hospitality-style services in The Lodge — all the options you want to lead an independent, vibrant lifestyle. Residents appreciate a full complement of amenities:

- Café dining with a variety of healthy and delicious menu choices. Snacks and beverages available all day
- Housekeeping service
- Scheduled transportation
- Heated, indoor swimming pool and spa
- State-of-the art fitness center
- Hair salon
- Free Wi-Fi and technology support
- [Full activity program](#), including Brain Fitness and intergenerational programs, educational and spiritual programs, inspiring exercise classes and unique excursions
- [Life-enrichment programs](#)
- Nearby walking trails
- Pet-friendly

## **Assisted Living**

An enhanced style of living that includes assistance-as-you-need-it options is also available in The Lodge. For those who benefit from personal services, our professional caregivers are ready to assist 24/7.

## **Memory Care**

Eskaton Village Grass Valley offers two exceptional memory care programs designed by Dr. Teri Tift. [Dayspring pre-memory care](#) is for individuals with mild cognitive impairment. [Dawn of a New Day](#) Memory Care provides comfort, security and inspiration for older adults with dementia and Alzheimer's disease. Personal dignity, family support and social engagement are key to both programs.

Every employee completes an extensive course on dementia, so they can better understand our residents and their needs.

## **Short-term Respite Stays**

In order to take the best care of your family member at home, it is important to take care of yourself. It's easy to arrange for your family member to be our guest. Short-stay guests enjoy the same amenities as full-time residents.

**Experience Eskaton Village Grass Valley for yourself. Contact us today to schedule a personal tour and complimentary lunch.**



## [Eskaton Village Grass Valley](#)

Multi-Level Community: Independent Living with Services, Assisted Living and Memory Care

[625 Eskaton Circle, Grass Valley, CA 95945](#)

**530-273-1778**

License # 297001933

**eskaton.org**

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