





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30- Exercise 1 10:15-Exercise 1:15-Make A Word 2:30-Make A Word	9:30-Exercise 2 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 3 10:15-Exercise 1:15-Canvas Painting 2:30-Canvas Painting	9:30-Exercise 4 10:15-Exercise 1:15-Bingo 2:30-Bingo	9:30-Exercise 5 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 6 10:15-Exercise 1:15-Sing Fit 2:30-Sing Fit
9:30-Exercise 7 10:15-Exercise 1:15-Virtual Adventures 2:30-Virtual Adventures	9:30-Exercise 8 10:15-Exercise 1:15-Expressive Art 2:30-Expressive Art	9:30-Exercise 9 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 10 10:15-Exercise 1:15-Canvas Painting 2:30-Canvas Painting	9:30-Exercise 11 10:15-Exercise 1:15-Carnival Games 2:30-Carnival Games	9:30-Exercise 12 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 13 10:15-Exercise 1:15- Discussions 2:30- Discussions
9:30-Exercise 14 10:15-Exercise 1:15-Tunes & Tidbits 2:30-Tunes & Tidbits <small>Flag Day (US)</small>	9:30-Exercise 15 10:15-Exercise 1:15-Make A Word 2:30-Make A Word	9:30-Exercise 16 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 17 10:15-Exercise 1:15-Canvas Painting 2:30-Canvas Painting	9:30-Exercise 18 10:15-Exercise 1:15-Bingo 2:30-Bingo	9:30-Exercise 19 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	FIRST DAY OF SUMMER!! 20 9:30-Exercise 10:15-Exercise 1:15-Sing Fit 2:30-Sing Fit <small>Summer Begins</small>
HAPPY FATHER'S DAY 21 9:30-Exercise 10:15-Exercise 1:00-3:00-Father's Day celebration (details to follow) <small>Father's Day</small>	9:30-Exercise 22 10:15-Exercise 1:15- Expressive Art 2:30- Expressive Art	9:30-Exercise 23 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 24 10:15-Exercise 1:15-Canvas Painting 2:30-Canvas Painting	9:30-Exercise 25 10:15-Exercise 1:15-Carnival Games 2:30-Carnival Games	9:30-Exercise 26 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 27 10:15-Exercise 1:15- Discussions 2:30- Discussions
9:30-Exercise 28 10:15-Exercise 1:15-Tunes & Tidbits 2:30-Tunes & Tidbits	9:30-Exercise 29 10:15-Exercise 1:15-Make A Word 2:30-Make A Word	9:30-Exercise 30 10:15-Exercise 2:00-Outdoors Music 2:30-Outdoors Music	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> FaceTime, Zoom, Crosswords, word search and other brain teasers available upon request </div> <div style="margin-left: 20px;"> <h1 style="font-size: 2em; margin: 0;">June 2020</h1> <h2 style="font-size: 1.5em; margin: 0;">ASSISTED LIVING</h2> </div>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30-Exercise 1 1:15-Make A Word 2:30-Outdoors Social	9:30-Exercise 2 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 3 9:30-Exercise 1:15-Canvas Painting 2:30-Pretty & Polished	9:30-Exercise 4 1:15-Bingo 2:30-Sing Along	9:30-Exercise 5 2:00-Outdoors Music 3:00-Brain Teasers	9:30-Exercise 6 1:15-Sing Fit 2:30-Sing Fit
9:30-Exercise 7 9:30-Exercise 1:15-Virtual Adventures 2:30-Virtual Adventures	9:30-Exercise 8 1:15-Make A Word 2:30-Expressive Art	9:30-Exercise 9 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 10 9:30-Exercise 1:15-Canvas Painting 2:30-Pretty & Polished	9:30-Exercise 11 1:15-Bingo 2:30-Sing Along	9:30-Exercise 12 2:00-Outdoors Music 3:00-Brain Teasers	9:30-Exercise 13 1:15-Sing Fit 2:30-Sing Fit
9:30-Exercise 14 9:30-Exercise 1:15-Virtual Adventures 2:30-Virtual Adventures <small>Flag Day (US)</small>	9:30-Exercise 15 1:15-Make A Word 2:30-Outdoors Social	9:30-Exercise 16 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 17 9:30-Exercise 1:15-Canvas Painting 2:30-Pretty & Polished	9:30-Exercise 18 1:15-Bingo 2:30-Sing Along	9:30-Exercise 19 2:00-Outdoors Music 3:00-Brain Teasers	SUMMER!! 20 9:30-Exercise 1:15-Sing Fit 2:30-Sing Fit <small>Summer Begins</small>
HAPPY FATHER'S DAY 21 9:30-Exercise 9:30-Exercise 1:15-Virtual Adventures 2:30-Virtual Adventures <small>Father's Day</small>	9:30-Exercise 22 1:15-Make A Word 2:30-Expressive Art	9:30-Exercise 23 2:00-Outdoors Music 2:30-Outdoors Music	9:30-Exercise 24 9:30-Exercise 1:15-Canvas Painting 2:30-Pretty & Polished	9:30-Exercise 25 1:15-Bingo 2:30-Sing Along	9:30-Exercise 26 2:00-Outdoors Music 3:00-Brain Teasers	9:30-Exercise 27 1:15-Sing Fit 2:30-Sing Fit
9:30-Exercise 28 9:30-Exercise 1:15-Virtual Adventures 2:30-Virtual Adventures	9:30-Exercise 29 1:15-Make A Word 2:30-Outdoors Social	9:30-Exercise 30 2:00-Outdoors Music 2:30-Outdoors Music	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Face Time & zoom calls available upon request </div> <div style="text-align: right; padding-right: 20px;">  </div>			

June 2020

DAYSPRING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00-Ball Workout 10:00-Sing Fit 1:00-Topic Cards 2:00-Movie of the Day	9:00-Chair Exercise 10:00-Pretty & Polished 1:00-Tv Entertainment & FACETIME CALLS 3:00-Outdoor Entertainment	9:00-Noodle Pool Exercise 10:00-White Board Games 1:00-Arts & Crafts 2:00-Pass the Present 3:00-Tunes & Tidbits	9:00-Chair Exercise 10:00-Sing Fit 1:00-Outdoors Social 2:00-Adult Coloring, Sing Along & FACETIME CALLS	9:00-Ball Workout 10:00-Scattategories 1:00-Math Class 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Wake Up Workout 10:00-Outloud Short Stories 1:00-Arts & Crafts 2:00-Smoothies & Outdoors Social
9:00-Chair Exercise 9:30-Inspirational Stories 10:00-Sing Fit 1:00-Arts & Crafts 2:00-Brain Games 3:00-Sing Along	9:00-Ball Workout 10:00-Sing Fit 1:00-Topic Cards 2:00-Movie of the Day	9:00-Chair Exercise 10:00-Pretty & Polished 1:00-Short Stories 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Noodle Pool Exercise 10:00-White Board Games 1:00-Arts & Crafts 2:00-Pass the Present 3:00-Tunes & Tidbits	9:00-Chair Exercise 10:00-Sing Fit 1:00-Outdoors Social 2:00-Adult Coloring, Sing Along & FACETIME CALLS	9:00-Ball Workout 10:00-Scattategories 1:00-Math Class 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Wake Up Workout 10:00-Outloud Short Stories 1:00-Arts & Crafts 2:00-Smoothies & Outdoors Social
9:00-Chair Exercise 9:30-Inspirational Stories 10:00-Sing Fit 1:00-Arts & Crafts 2:00-Brain Games 3:00-Sing Along <small>Flag Day (US)</small>	9:00-Ball Workout 10:00-Sing Fit 1:00-Topic Cards 2:00-Movie of the Day	9:00-Chair Exercise 10:00-Pretty & Polished 1:00-Short Stories 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Noodle Pool Exercise 10:00-White Board Games 1:00-Arts & Crafts 2:00-Pass the Present 3:00-Tunes & Tidbits	9:00-Chair Exercise 10:00-Sing Fit 1:00-Outdoors Social 2:00-Adult Coloring, Sing Along & FACETIME CALLS	9:00-Ball Workout 10:00-Scattategories 1:00-Math Class 2:00-Tv Entertainment 3:00-Outdoor Entertainment	SUMMER!! 9:00-Wake Up Workout 10:00-Outloud Short Stories 1:00-Arts & Crafts 2:00-Smoothies & Outdoors Social <small>Summer Begins</small>
HAPPY FATHER'S DAY 1-3PM--Father's day Celebration (details to follow) <small>Father's Day</small>	9:00-Ball Workout 10:00-Sing Fit 1:00-Topic Cards 2:00-Movie of the Day	9:00-Chair Exercise 10:00-Pretty & Polished 1:00-Short Stories 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Noodle Pool Exercise 10:00-White Board Games 1:00-Arts & Crafts 2:00-Pass the Present 3:00-Tunes & Tidbits	9:00-Chair Exercise 10:00-Sing Fit 1:00-Outdoors Social 2:00-Adult Coloring, Sing Along & FACETIME CALLS	9:00-Ball Workout 10:00-Scattategories 1:00-Math Class 2:00-Tv Entertainment 3:00-Outdoor Entertainment	9:00-Wake Up Workout 10:00-Outloud Short Stories 1:00-Arts & Crafts 2:00-Smoothies & Outdoors Social
9:00-Chair Exercise 9:30-Inspirational Stories 10:00-Sing Fit 1:00-Arts & Crafts 2:00-Brain Games 3:00-Smoothies & Outdoors Social	9:00-Ball Workout 10:00-Sing Fit 1:00-Topic Cards 2:00-Movie of the Day	9:00-Chair Exercise 10:00-Pretty & Polished 1:00-Short Stories 2:00-Tv Entertainment 3:00-Outdoor Entertainment	<h1>June 2020</h1> <h2>DAWN OF A NEW DAY</h2>			