





ALU Activities for March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP w/ TY AND SANDY MV	2 DOCTOR APPOINTMENTS PLACERVILLE 9:15 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 DOMINOES WITH WENDY 1:00 TAYLOR GRAHAM— POET LAUREATE VC 3:00 Sing Along CK1	3 DOCTOR APPOINTMENTS CAMERON PARK 9:15 EXERCISE WITH BANDS 9:30 Catholic Eucharist 10:00 Crossword 10:30 Bingo 2:00 BIRTHDAY SOCIAL CK1	4 DOCTOR APPOINTMENTS PLACERVILLE 9:15 EXERCISE w/ SHARLENE 9:30 Westside Church Bible Study CK2 10:00 Crossword 10:30 Bonus Bingo 3:00 MUSIC WITH WAYBACK WHEN BAND FR	5 9:15 BALLO FLEX EXERCISE 9:30 Open Episcopal Communion (Everyone is welcome) CR 10:00 Crossword 10:30 Bingo 1:00 TRIP TO WALMART	6 9:15 EXERCISE WITH WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 2:00 WII BOWLING CK1	7 9:15 STRENGTH EXERCISE 10:30 SING ALONG WITH GRACE FR 2:00 BONUS BINGO CK1 5:15 Movie CK2
8 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP w/ PHILIP DENNIS MV	9 DOCTOR APPOINTMENTS PLACERVILLE 9:15 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 YAHTZEE WITH WENDY 1:00 LEZA—VISION CENTER L 3:00 Sing Along CK1	10 DOCTOR APPOINTMENTS CAMERON PARK 9:15 EXERCISE WITH BANDS 9:30 Catholic Eucharist 10:00 Crossword 10:30 Bingo 12:30 Resident Council CK1 2:00 BAKING WITH LAURA CK1	11 DOCTOR APPOINTMENTS PLACERVILLE 9:15 EXERCISE w/ SHARLENE 10:00 Crossword 10:30 Bonus Bingo 2:00 Book Mobile 3:00 MUSIC WITH BOB RAWLEIGH FR	12 10:00 KIDS CONNECTION 1:00 SCENIC DRIVE AMADOR COUNTY	13 9:15 EXERCISE WITH WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 2:00 NEEDLEWORK CK1	14 9:15 STRENGTH EXERCISE 10:00 HANGTOWN KENNEL CLUB L 1:00 BONUS BINGO CK1 3:00 NANCY HEGARTY AND THE KIDS FR 5:15 Movie CK2
15 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP w/ PHILIP DENNIS MV	16 DOCTOR APPOINTMENTS PLACERVILLE 9:15 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 SCRABBLE WITH WENDY 3:00 Sing Along CK1	17 DOCTOR APPOINTMENTS CAMERON PARK 9:15 EXERCISE WITH BANDS 9:30 Catholic Eucharist 10:00 Crossword 10:30 Bingo 3:00 MUSIC WITH JERRY FAIRLIE FR 	18 DOCTOR APPOINTMENTS PLACERVILLE 9:15 EXERCISE w/ SHARLENE 9:30 Westside Church Bible Study CK2 10:00 Crossword 10:30 Bonus Bingo 11:00 ONSITE DERMATOLOGY L 2:00 Book Club P 3:00 MUSIC WITH ROBERT MULLAN FR 4:00 PAWS FOR A CAUSE L	19 9:15 BALLO FLEX EXERCISE 9:30 Open Episcopal Communion (Everyone is welcome) CR 10:00 Crossword 10:30 Bingo 11:00 LUNCH OUTING RED ROBIN (FOLSOM) 2:00 FINISH PAINTINGS CK1	20 9:15 EXERCISE WITH WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 2:00 WII GOLF CK1	21 9:15 STRENGTH EXERCISE 10:30 SING ALONG WITH GRACE FR 2:00 BONUS BINGO CK1 5:15 Movie CK2
22 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP w/ BOB RAWLEIGH MV	23 DOCTOR APPOINTMENTS 9:15 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 DOMINOES WITH WENDY 1:00 JORDAN BRUSCHIA VC EDC SENIOR EDUCATION 3:00 Sing Along CK1	24 DOCTOR APPOINTMENTS 9:15 EXERCISE WITH BANDS 9:30 Catholic Eucharist 10:00 Crossword 10:30 Bingo 2:00 WATERCOLOR PAINTING SESSION #1 CK1	25 DOCTOR APPOINTMENTS 9:15 EXERCISE w/ SHARLENE 10:00 Crossword 10:30 Bonus Bingo 1:00 SANDRA HEARING AID L 3:00 MUSIC WITH BILLY BENSING FR	26 9:15 BALLO FLEX EXERCISE 10:00 Crossword 10:30 Bingo 1:00 MOVIE OUTING CK1 2:00 CHESS GAME WITH LAURA CK1	27 9:15 EXERCISE WITH WEIGHTS 10:00 Crossword 10:30 Bonus Bingo 1:00 EDC EMERGENCY PREPAREDNESS AND RESPONSE VC 2:00 WATERCOLOR PAINTING SESSION # 2 CK1	28 9:15 STRENGTH EXERCISE 1:00 BONUS BINGO CK1 3:00 MUSIC WITH ALA IVIE FR 5:15 Movie CK2
29 CHURCH SHUTTLE 10:00 Dominoes Group 1:30 WORSHIP w/ PHILIP DENNIS MV	30 DOCTOR APPOINTMENTS 9:15 STRENGTH EXERCISE 10:00 Crossword 10:30 Bonus Bingo 1:00 YAHTZEE WITH WENDY 1:00 GEORGE SABATO - DIGITAL IMPRESSIONIST PHOTOGRAPHER PRESENTATION VC 3:00 Sing Along CK1	31 DOCTOR APPOINTMENTS 9:15 EXERCISE WITH BANDS 9:30 Catholic Eucharist 10:00 Crossword 10:30 Bingo 2:00 NEW RESIDENT SOCIAL CK1				

Memory Village March 2020 Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>1</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Fact and Fiction 1:30 WORSHIP w/ TY AND SANDY 2:30 Serve Refreshments 2:45 Sing Along 3:30 Hand massages 5:15 Movie</p>	<p>2</p> <p>9:30 Live Therapeutic Music 10:00 Walk and Wheel 10:15 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Guess the music 2:00 Finish the sentence 2:45 Refreshments 3:00 Bingo 5:15 Movie</p>	<p>3</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Trivia 10:30 Opposite Word 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Cookie Decorating 3:00 Manicure and Foot spa time 3:45 Hand massages 5:15 Movie</p>	<p>4</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Math Quiz 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 MUSIC WITH WAYBACK WHEN BAND 2:45 Refreshments 3:00 Crossword 5:15 Movie</p>	<p>5</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Picture Perfect 12:30 Reading, IPOD, Puzzles, blocks 1:30 Dancing 2:15 Guess the music 2:45 Refreshments 3:00 American History Game 3:30 Manicure 5:15 Movie</p>	<p>6</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Bingo 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Sing Along 2:45 Refreshments 3:00 Painting 3:30 Memory with the senses 5:15 Movie</p>	<p>7</p> <p>9:15 Walk and Wheel 9:30 Sing Along with Grace 10:00 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 BIRTHDAY SOCIAL 2:45 Refreshments 3:00 Valentine's Card making 5:15 Movie</p>	
<p>8</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Fact and Fiction 1:30 WORSHIP w/ PHILIP DENNIS 2:30 Refreshments 2:45 Sing Along 3:30 Hand massages 5:15 Movie</p>	<p>9</p> <p>9:30 Live Therapeutic Music 10:00 Walk and Wheel 10:15 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Guess the music 2:00 Finish the sentence 2:45 Refreshments 3:00 Bingo 5:15 Movie</p>	<p>10</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Trivia 10:30 Opposite Word 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Cookie Decorating 2:45 Refreshments 3:00 Sing Along 5:15 Movie</p>	<p>11</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Math Quiz 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 MUSIC WITH BOB RAWLEIGH 2:45 Refreshments 3:00 Crossword 3:30 Guessing Game 5:15 Movie</p>	<p>12</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Picture Perfect 12:30 Reading, IPOD, Puzzles, blocks 1:30 Dancing 2:15 Who Am I? 2:45 Refreshments 3:00 American History Game 3:30 Manicure 5:15 Movie</p>	<p>13</p> <p>9:15 Walk and Wheel 9:30 Armchair exercise 10:00 Bingo 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Sing Along 2:45 Refreshments 3:00 Painting 3:45 Memory with the senses 5:15 Movie</p>	<p>14</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 HANGTOWN KENNEL CLUB 10:30 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon volleyball 2:00 NANCY HEGARTY 2:45 Refreshments 3:00 Arts and Crafts 5:15 Movie</p>	
<p>15</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Fact and Fiction 1:30 WORSHIP w/ PHILIP DENNIS 2:30 Refreshments 2:45 SING ALONG 3:30 Hand massages 5:15 MOVIE</p>	<p>16</p> <p>9:30 Live Therapeutic Music 10:00 Walk and Wheel 10:15 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Guess the music 2:00 Finish the sentence 2:45 Refreshments 3:00 Bingo 5:15 Movie</p>	<p>17</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Trivia 10:30 Opposite Word 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 MUSIC WITH JERRY FAIRLIE 2:45 Refreshments 3:00 Sing Along 5:15 Movie</p> 	<p>18</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Math Quiz 12:30 Reading, listen to music, IPOD 1:30 Balloon Volleyball 2:00 MUSIC WITH ROBERT MULLAN 2:45 Refreshments 3:00 Crossword 3:30 Guessing Game 5:15 Movie</p>	<p>19</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Picture Perfect 12:30 Reading, IPOD, Puzzles, blocks 1:30 Dancing 2:15 Guess the music 2:45 Refreshments 3:00 American History Game 3:30 Manicure 5:15 Movie</p>	<p>20</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Bingo 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Sing Along 2:45 Painting 3:45 Memory with the senses 5:15 Movie</p>	<p>21</p> <p>9:15 Walk and Wheel 9:30 Sing Along with Grace 10:00 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon volleyball 2:00 Finish the sentence 2:45 Refreshments 3:00 Arts and Crafts 5:15 Movie</p>	
<p>22</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Fact and Fiction 1:30 WORSHIP w/ BOB RAWLEIGH 2:30 Refreshments 2:45 Sing Along 3:30 Hand massages 5:15 Movie</p>	<p>23</p> <p>9:30 Live Therapeutic Music 10:00 Walk and Wheel 10:15 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Guess the music 2:00 Finish the sentence 2:45 Refreshments 3:00 Bingo 5:15 Movie</p>	<p>24</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Trivia 10:30 Opposite Word 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Cookie Decorating 2:45 Refreshments 3:00 Sing Along 5:15 Movie</p>	<p>25</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Math Quiz 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 MUSIC WITH BILLY BENSING 2:45 Refreshments 3:00 Crossword 3:30 Guessing Game 5:15 Movie</p>	<p>26</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Picture Perfect 12:30 Reading, IPOD, Puzzles, blocks 1:30 Dancing 2:15 Who Am I? 2:45 Refreshments 3:00 American History Game 3:30 Manicure 5:15 Movie</p>	<p>27</p> <p>9:15 Walk and Wheel 9:30 Armchair exercises 10:00 Bingo 12:30 Reading, IPOD, ,Puzzles, blocks 1:30 Balloon Volleyball 2:00 Sing Along 2:45 Refreshments 3:00 Painting 3:45 Memory with the senses 5:15 Movie</p>	<p>28</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Everyday Life Trivia 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon volleyball 2:00 MUSIC WITH ALA IVIE 2:45 Refreshments 3:00 Arts and Crafts 5:15 Movie</p>	
<p>29</p> <p>9:15 Walk and Wheel 9:30 Ballo Flex exercises 10:00 Fact and Fiction 1:30 WORSHIP w/ PHILIP DENNIS 2:30 Refreshments 2:45 Sing Along 3:30 Hand massages 5:15 Movie</p>	<p>30</p> <p>9:30 Live Therapeutic Music 10:00 Walk and Wheel 10:15 Pictionary 12:30 Reading, IPOD, Puzzles, blocks 1:30 Guess the music 2:00 Finish the sentence 2:45 Refreshments 3:00 Bingo 5:15 Movie</p>	<p>31</p> <p>9:15 Walk and Wheel 9:30 Light and Lively exercises 10:00 Trivia 10:30 Opposite Word 12:30 Reading, IPOD, Puzzles, blocks 1:30 Balloon Volleyball 2:00 Cookie Decorating 2:45 Refreshments 3:00 Sing Along 5:15 Movie</p>	