



**Caring for a Loved One?
Join our weekly virtual support group
for some added encouragement.**

Wednesdays, 3:30 pm - 4:30 pm

This support group, *Care Partner Perspectives*, will provide an opportunity for others with similar experiences to share, discover, and develop new strategies for caring for their loved ones and themselves. This program is free and will be led by Cynthia Driver of Live Well at Home by Eskaton.

Please RSVP to receive the event link.

Christine Luetke, 916-878-4725, or
Christine.luetke@eskaton.org

Group Facilitated by
Cynthia Driver
Associate Director
LiveWell at Home by Eskaton



Certified in Geriatric Care Management, Cynthia has over 15 years of experience in senior care and navigating families through transitions.