



**Caring for a Loved One?  
Join our weekly virtual support group  
for some added encouragement.**

**Wednesdays, 3:30 pm - 4:30 pm**

This support group, *Care Partner Perspectives*, will provide an opportunity for others with similar experiences to share, discover, and develop new strategies for caring for their loved ones and themselves. This program is free and will be led by Cynthia Driver of Live Well at Home by Eskaton.

**Please RSVP to receive the event link.**

Cynthia Driver, 916-459-3220, or  
[Cynthia.Driver@livewellathome.com](mailto:Cynthia.Driver@livewellathome.com)

Group Facilitated by  
**Cynthia Driver**  
Associate Director  
LiveWell at Home by Eskaton



Certified in Geriatric Care Management, Cynthia has over 15 years of experience in senior care and navigating families through transitions.