

Support Group

Join us. You'll discover that you're not alone in your journey.

Dementia Support Group

Second Tuesday of each month at 2:00 p.m.

The support groups are free and open to the public. We welcome anyone with dementia, as well as family members, friends, caregivers. We share information, experiences and coping skills. Please join us in this casual, comfortable setting. Refreshments will be served.

For more information, please call 916-988-2200.



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A nonprofit community-based organization

eskaton.org