




SUN	MON	TUE	WED	THUR	FRI	SAT
			9:30 Fitness exercise 10:30 Talkive hour 1:30 Wii games 2:30 Sing a long 3:30 Resident's choice	1:15 Ask the Rabbi 9:30 Stretch & Strengthen 9:45 Stretch & Strengthen 10:45 Achi's harmony chorus 2:00 Favorite tunes with Jonathan francis 3:30 Beading for the Sukkot	9:45 Exercise fitness 10:30 Crafty morning 2:00 Beading for Sukkot 3:30 Shabbat Services	<b>National Wildlife Day</b> 10:00 Chair exercises 10:30 Shabbat Services 2:00 Beading for Sukkot 3:00 Activity variety
9:45 Chair yoga 10:30 Garden walks 2:00 New beginnings holiday concert 3:30 Bingo	<b>Labor Day</b> 9:45 Sit and be fit 11:00 Beading for Sukkot 11:00 Jeopardy 2:00 Music with Maya 3:00 Resident's choice	<b>Rosh Hashanah</b> 9:45 Exercise fitness 10:30 Beading for Sukkot 2:00 Tashlich Service 3:00 Beading for Sukkot	<b>Rosh Hashanah Day 2</b> 9:00 Morning service 10:30 1:1 walks 1:30 Film / Resident's choice 3:00 Exercise and fitness	<i>Happy Birthday Nedda Katzburg!</i> 9:45 Stretch & Strengthen 10:45 Achi's harmony chorus 1:30 Teddy bear tribute 3:30 Bingo	9:45 Exercise fitness 10:45 Torah Trivia 2:00 Patti's Piano Hour 3:30 Shabbat Services	10:00 Chair exercises 10:30 Shabbat Services 2:00 Beading for Sukkot 3:00 Activity variety
9:45 Chair yoga 10:45 1:1 walks 11:00 Resident's choice 1:30 Bingo 3:00 Moonglow Duo Jazz Band 3:30 Bingo	9:45 Sit and be fit 11:00 Beading for Sukkot 11:00 Dominos 1:30 1:1 walks 2:00 Music with Maya 3:00 Game variety	9:45 Exercise fitness 10:30 Word game 1:00 Rabbi Releigh's Piano/Vocals program 2:00 Klezmercise with Bruce 3:30 Bingo	<b>Yom Kippur</b> 10:45 Exercise fitness 10:45 Jewish/Hebrew Guitar led singing w/ Achi 1:30 Poetry readings 3:30 Crossword and Word Searches	<b>Yom Kippur</b> 9:00 Morning service 9:45 Stretch & Strengthen 1:30 Resident's choice 2:00 Happy birthday Nedda Katzburg! 3:00 Yizkor & concluding service 9:00 Morning service	9:45 Exercise fitness 10:30 Wii games 2:00 Bingo 3:30 Shabbat Services	10:00 Chair exercises 10:30 Shabbat Services 2:00 Students on stage 3:00 Activity variety
9:45 Chair yoga 10:30 Morning walks 1:1 11:00 Resident's choice 2:00 Patti's Piano Hour 3:30 Bingo	<b>Erev Sukkot</b> 9:45 Sit and be fit 11:00 Word game 2:00 Music with Maya 3:30 Erev sukkot service	<b>Sukkot</b> 9:45 Exercise fitness 10:30 Morning service 1:15 Name that tune w/ Vicky 2:00 Klezmercise with Bruce 3:15 Bubbe Meises stories	<b>Sukkot</b> 9:45 Exercise & Music 10:30 Morning service 1:15 Sukkot word games 2:00 Teaching kitchen/ honey cake 3:30 Sing a long	9:45 Stretch & Strengthen 10:45 Guitar Led Singing in the Sukkah w/ Achi 1:15 What's the news in washington 2:30 Jewelry design	9:45 Exercise fitness 10:30 Dominos 2:00 Bingo 3:30 Shabbat Services	10:00 Chair exercises 10:30 Shabbat Services 2:00 Bingo 3:00 Activity variety 3:15 Violinist/Yakov in concert
9:45 Chair yoga 10:30 Outside walks 1:1 11:00 Resident's choice 1:45 Drumming in the Sukkot 3:30 Bingo	<b>World Tourism Day</b> 9:45 Sit and be fit 10:45 Where have you been? 2:00 Music with Maya 3:00 Jeopardy	<b>Shemini Atzeret &amp; Yizkor</b> 9:45 Exercise fitness 2:00 Sukkot refreshment and harpist 3:30 Resident's choice 10:30 Service and Yizkor	<b>Simchot Torah</b> 9:30 Exercise and fitness 10:30 Morning service 1:15 What's the news in washington 2:30 Jewelry design 4:00 Timbrels & Torahs	<i>Happy Birthday John Dunstan!</i> 9:45 Stretch & Strengthen 10:45 Achi's harmony chorus 1:15 Ask the Rabbi 2:00 Happy birthday John Dunstan! 3:00 Bingo	<b>Daily Activities:</b>  Exercise 9:45am  Evening Movie 6:00pm	All acitivities are subject to change at any given time due to the resident's preferences

# September 2021