



# ESKATON<sup>®</sup>

Transforming the Aging Experience

IMPACT REPORT

BI-ANNUAL



## Stepping up to serve during COVID

Over the last nine months, the world has been profoundly impacted by the COVID pandemic. At Eskaton, we joined together with our healthcare partners to serve some of the most vulnerable residents of the greater Sacramento region.

In March of 2020, Eskaton opened a specialty wing at Eskaton Care Center Fair Oaks to care for those inflicted with COVID-19. To date, our incredible “Healthcare Heroes” have rehabilitated over 80 individuals who required specialized healthcare for a wide range of COVID-related symptoms, most of whom have been fully rehabilitated and were able to return home.

Eskaton-owned and managed communities have strict infection control protocols and wellness programs in place to ensure the health and well-being of our residents. The dedication and professionalism of all our care partners and team members is greatly valued and appreciated.

To learn more about Eskaton’s specialty COVID program, visit [eskaton.org/specialty-programs](https://eskaton.org/specialty-programs)

## Filling a critical need

Through the generous donations of residents, families and community members, Eskaton is fulfilling our mission of improving the lives of at-risk elders by providing housing and social services that connect, uplift and sustain them, wherever they might call home.

Meet Bruno, a recipient of the Resident Assistance Fund. When it became evident that Bruno would be unable to continue fully paying for his care, Eskaton responded to the need by supplementing his care costs through the Resident Assistance Fund, supported by the contributions of fellow residents, families and donors throughout Eskaton.

Your generous donation to this fund will allow us to continue helping residents like Bruno.

To learn more and donate to the Resident Assistance Fund, visit [blog.eskaton.org/filling-a-critical-need](https://blog.eskaton.org/filling-a-critical-need)



**\$28,043**

Raised to support Walk to End Alzheimer’s



**45,266**

Telephone Reassurance calls connected YTD



**26,000**

Health & Wellness newsletters delivered to older adults YTD





## Improving lives through research, education and teamwork

Eskaton was the proud presenting sponsor of the Alzheimer's Association's 2020 "Walk to End Alzheimer's," a fundraiser to finance much-needed research and support for individuals living with cognitive change. Over the last 10 years, Eskaton has raised nearly **\$140,000** for the organization, with team members and residents walking in solidarity with the Alzheimer's Association each year.

Across the organization, Eskaton had 13 teams and more than 330 employees, residents and family members participate in this year's virtual Walk. These individuals rose an unbelievable **\$28,043** through their combined fundraising efforts, which included socially-distanced car washes, bake sales, art auctions, raffles, and "dinners-to-go."

We are proud and overjoyed to be the recipient of the coveted "Senior Care Cup" for a second year in a row, awarded to each year's top fundraiser. We thoroughly

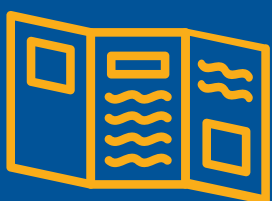


believe in the Association's mission to raise awareness of Alzheimer's in order to debunk myths and stereotypes associated with this and other forms of cognitive change.

"Thank you to EVERYONE that participated in the Sacramento Walk to End Alzheimer's and the Senior Care Cup Challenge! Because of your efforts, we have raised over \$355,000 for our community."

— **Stephanie Cardenas, Regional Director of the Sacramento Alzheimer's Association**

To learn more about the Walk to End Alzheimer's annual fundraiser, visit [eskaton.org/understanding-alzheimers](https://www.eskaton.org/understanding-alzheimers)



**155,000**

Engagement packets have been delivered to older adults to increase social engagement during COVID



**2,000 Letters  
500 Gift Bags**

Quarantine Kindness care packages delivered YTD



## Thank you for *valuing our elders*

Our mission of enhancing the quality of life of older adults remains a top priority at Eskaton. With the help of the community, we were able to provide meaningful connections to support and sustain our seniors during these times of social isolation through three virtual volunteer opportunities: the gift of friendly telephone conversation via Eskaton's Telephone Reassurance Program, sending residents personal letters of love and encouragement, and the delivery of activity bags to help keep them entertained.

Over the last few months, Eskaton has distributed over 2,000 beautiful letters and cards, and more than 500 gift bags from caring individuals throughout our region. The diversity of their backgrounds, ages and experience not only enriched our program, but has inspired us with confidence that the power of generosity remains strong throughout Eskaton and the communities we serve.

To learn more and sign up as a volunteer, visit [eskaton.org/volunteer-opportunities](https://eskaton.org/volunteer-opportunities)



## *Expanding services to those most in need*

In the summer of 2020, Eskaton joint-ventured with InnovAge and Adventist Health to bring a new 37,000 square foot PACE Center to North Sacramento. This InnovAge PACE (Program for All-Inclusive Care for the Elderly) Center delivers access to a dynamic wrap-around program providing clinical, therapeutic, social and medical support to older adults who are living on limited incomes and at-risk for institutionalized care. An alternative to nursing facilities, participants can obtain geriatrician and clinic services, dental services, adult day healthcare, social engagement, nutrition services, transportation and more.

Meet Charlotte, an Eskaton affordable housing resident who recently enrolled at InnovAge PACE Center. "The PACE Center is exactly the bridge I needed to stay independent and living in my own home. I'm so happy I made the decision to join," Charlotte says. To read her story of how the PACE Center has improved her quality of life, visit [blog.eskaton.org/expanding-services-to-those-most-in-need](https://blog.eskaton.org/expanding-services-to-those-most-in-need)

**Help others by donating today!**  
[eskaton.org/eskaton-foundation](https://eskaton.org/eskaton-foundation)