



Good News Heroes

Eskaton's unsung heroes – the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email: creative.team@eskaton.org.



“Kooking” at Eskaton Village Carmichael

Master Chef Kevin Casey is now offering EVC residents a virtual cooking class, called “Kooking with Kevin!”

Dining Services delivers all the necessary ingredients to the participants in advance, then residents follow his instructions via Zoom. While on camera, Chef Kevin takes his “students” on a virtual tour of the kitchen, and when the class is over, residents eat what they have prepared.

The upcoming cooking class will feature Beef Tenderloin – sounds good enough to eat!



Affirming Meals In Pleasanton

Residents at the The Parkview, an Eskaton managed community, are getting a little something extra with their meal deliveries. Staff members are adding positive, motivational messages to their meal containers, doors and small gifts in the form of S.M.A.C.K. cards (S.M.A.C.K stands for Sending Messages of Affirmation, Compassion and Kindness).

We could all use a little extra positivity in our lives, and we're grateful to the care team at The Parkview for making it happen for the residents!



Around the Campfire

Staff and residents at Eskaton Village Roseville had a blast this week as they enjoyed a “hallway campfire.”

Team members rolled around with a cart, singing songs and offering hot dogs, rice crispy treats, and beer.

Everyone was delighted with the chance to have a little taste of the great outdoors, and the smiles on the residents' faces were priceless.

Thank you, EVR! Your creativity knows no bounds!



For Love of Country

[Eskaton Lodge Gold River](#) certainly celebrated 4th of July week in style!

Team members showed off their spirit by dressing up and having a friendly competition to see who could decorate their office in the most patriotic style.

The big winner was the front desk! Congratulations to Sitarah, Arianna, Denise, and Maha - you four truly represent the Eskaton spirit!



Eskaton Love for Our First Responders

[Eskaton Village Roseville](#) offered a drive-thru tri-tip lunch as a way to say "Thank you!" to all of the wonderful firefighters that serve our community and who are always there for our residents!

An especial note of gratitude to EVR's amazing culinary chef, Michelle, for preparing 23 meals hot off the BBQ!



Age is Beautiful - Meet Skip

Skip Slaymaker, veteran, farmer, logger and fisherman, attributes his longevity to living a life of purpose.

A man that feels most at peace in nature, Skip has certainly had his fair share of adventures, with some of the happiest years of his life spent in the wilds of Alaska as a logger and commercial fisherman. Falling trees, running a chainsaw and clear-cutting is certainly hard work, but Skip feels he has never worked a day in his life because he loved his profession.

"The secret to a happy life is love everything you do," says Skip.

[Click here to read Skip's story](#), or click on the left to hear him share his story.

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