



## Good News Heroes

Eskaton's unsung heroes – the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email: [creative.team@eskaton.org](mailto:creative.team@eskaton.org).



### Feeding the Soul at The Reutlinger

Throughout the month of June, residents of [The Reutlinger Community](#) in Danville were treated to themed culinary delights!

With social distancing and safety protocols still in effect, the staff at The Reutlinger wanted to do all they could to make residents feel more comfortable in the dining room.

Celebrating everything from National Egg Day to National Cannoli Day, the themed meals sparked happy conversation between servers and residents, making them feel a little more connected.

Thanks to everyone at TRC for finding creative ways to support our older adults!



### Wacky Hatter

KC Sutorius, staff member at [Eskaton Washing Manor in Mt. Shasta](#), has been delighting residents and team members alike with his "Wacky Hat Wednesdays" since the spring.

In recognition of his tireless service and dedication to keeping spirits high, Eskaton extends a great big THANK YOU to KC for his uplifting spirit and can-do attitude!



### Quarantine Kindness

We at Eskaton continue to be amazed at the continued kindness and compassion shown to our residents during these uncertain times.

With gift baskets, letters of support and activity bags still arriving daily, there is no doubt that our community is just as dedicated to the well-being of older adults as we strive to be every day!

Thank you to all who have given your time, talent and resources to bring smiles to the faces of our residents and staff!

### Stand Strong Fall Prevention

Fall Prevention is an important aspect of



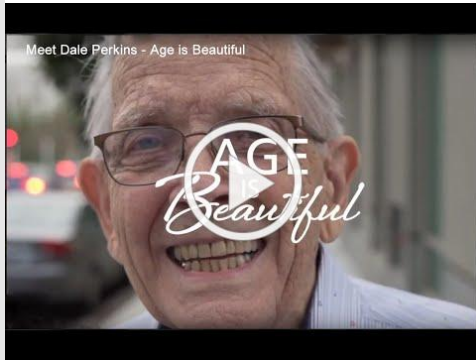
## STAND Strong

A Fall Prevention Booklet

health and well-being, particularly for older adults.

Eskaton's "[Stand Strong](#)" booklet provides information and resources to assist our residents and care teams in assessing fall risk and identifying ways to avoid injury-inducing falls.

We encourages everyone to take a look and pass it on! You never know who you might be helping to "Stand Strong!"



Meet Dale Perkins - Age is Beautiful

### [Age is Beautiful - Dale](#)

*"Doors will close, so open more.  
Find more. Create more. But keep pushing!  
If things look hopeless, and maybe they  
are, just keep going. Push, push, push!"*

Meet [Dale Perkins](#), a man of incredible warmth, intelligence and talent.

Still painting on commission at the age of 91 for some of the most prestigious art galleries in San Francisco, Dale shows us all that creating beauty is truly the endeavor of a lifetime.

To read his full story, [click here](#).

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