

Good News Heroes Eskaton's unsung heroes – the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email: creative.team@eskaton.org.







Staff Appreciation

Our thanks to Feed the Frontlines 916 and Limelight Bar & Cafe for graciously providing a delicious meal to recognize and appreciate the staff at Eskaton Monroe Lodge.

"It was amazing, so enjoyed and appreciated," says executive director Tristin Benjamin.

Eskaton is so grateful for the continued community support offered daily to our team members and residents. We couldn't do it without you!

Morning Yoga

Eskaton Support Center's wellness coordinator Catherine G. treated staff members to a healing and energizing (socially-distanced, of course) "Standing Flow" yoga session in ESC's parking lot this week.

Eskaton is grateful and proud to have such a knowledgeable and enthusiastic member of staff watching over and supporting the mental and physical well-being of their team. Many thanks, Catherine! We're looking forward to next week's session!

Staff Member Kudos

O'Connor Woods team member Annette Montes, LVN is a dedicated nurse, mentor and leader. In addition to supporting our staff with guidance and providing them with the correct tools and training needed for them to be successful at work, Annette has a very upbeat personality, positive mind and influential role model.

O'Connor Woods appreciates your care and professionalism, and your everyday compassion and commitment to keep our community safe.

Annette, you truly are the HEART of O'Connor Woods and with your help, we are STRONG!





Corvette Caravan for Seniors

Visiting Angels and the Cameron Park Corvette Club teamed up this week to thrill <u>Eskaton Village Placerville</u> residents with a drive-by parade of 22 beautiful Corvettes. Both residents and members of staff came out to watch and all had a great time. The parade was even featured live on <u>Good Day</u> <u>Sacramento</u> and a Mt. Democrat reporter was present as well. Thank you Cameron Park Corvette Club. You ROCK!

Meet Gloria

If you're lucky enough to catch Gloria Ruth out and about at The Reutlinger Community in Danville, CA, make sure you've got your best smile ready.

Known as the community's "resident paparazzi," Gloria has been snapping pictures of the care team, fellow residents and the beautiful grounds since she arrived in 2012.

To get to know Gloria, visit our <u>Age is</u> <u>Beautiful</u> webpage to read her story or watch her video, click on the left panel.

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Eskaton | Transforming the Aging Experience

