

Good News Heroes Eskaton's unsung heroes – the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email: creative.team@eskaton.org.



Fire Evacuation

Due to the Jones Fire in Nevada County, residents at <u>Eskaton Village Grass Valley</u> (EVGV) were evacuated to other Eskaton communities or picked up by family members.

Around midnight on Monday night, EVGV residents were welcomed at four Eskaton communities with welcome signs, warm smiles and made-up beds in community room spaces throughout the communities.

Residents have returned home to Eskaton Village Grass Valley. The incredible teamwork is humbling and empowering. The strength of our community bond grows deeper and stronger through each challenge. Thank you team!



Coping With Covid... & Heat

How does a community cope with Covid and a record breaking ten day extreme heat wave? Water balloons!

Eskaton Lodge Cameron Park team members and residents cooled off with a water balloon battle and Kona Ice shaved ice treats.

Fun was had by all who participated. <u>Click</u> here to view the clip.



nerations Today | July-Aug 2020

The promise of technology for older adults: ephemeral or essential?

Technology and Older Adults

Eskaton board member, Dr. David Lindeman, wrote: "The promise of technology for older adults: ephemeral or essential?" an article featured in American Society on Aging (ASA) Generations Today digital publication.

In the article, Dr. Lindeman notes: "Analysts have predicted that within the next few years, voice will be the primary way in which we interface with digital devices and the world around us, reducing a major barrier for older adults who have difficulty operating new products."

Furthermore, "The onset of the COVID-19 pandemic has reinforced the need for all individuals in society, not just older adults, to



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have access to broadband for immediate access to information."

To read the entire article, <u>click here</u>. Dr. David Lindeman, Ph.D., is director of Health, Center for Information Technology Research in the Interest of Society (CITRIS) and the Banatao Institute, University of California, Berkeley, and director of the Center for Technology and Aging.

Tacos for Everyone

In celebration of the hard work and dedication of <u>Eskaton team members</u>, Chando's Taco Truck delivered their famous tacos in appreciation to our health care heroes. Eskaton and Chando's Tacos teamed up to celebrate team Eskaton and their

commitment to enhancing the quality of life of our residents.

From all of us throughout Eskaton, Thank you team members!

InnovAge PACE Center

New to the Sacramento region is a Program of All-Inclusive Care for the Elderly (PACE) Center.

A joint-venture between InnovAge, Adventist Health and Eskaton, the center will offer older adults (who are low-income and at risk of requiring skilled nursing) access to a new 37,000 square foot center designed to provide customized health care and social engagement. Eskaton is discontinued operations of the Eskaton Adult Day Health Center to reposition participants to the larger, multi-disciplinary center. <u>Click here</u>, to take a virtual tour of the PACE Center, or click on the left panel.

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Eskaton | Transforming the Aging Experience

