



## Good News Heroes

Eskaton's unsung heroes - the essential work behind the scenes

This special edition series of Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email [creative.team@eskaton.org](mailto:creative.team@eskaton.org).



### Wrapped in Gratitude

Residents at The Trousdale surprised their care team by wrapping a banner filled with hand-written messages and drawings of gratitude around the community's front desk.

The residents expressed their gratitude and thanked the staff for all of the care provided.

Though daily life may look a little different, the bonds between residents and team members have never been stronger.



### Love from Head To-ma-Toes

Independent Living residents at Eskaton Village Carmichael were treated to free cherry tomato plants and starter soil. The intention was to offer them something positive to focus on and nurture. It was so enthusiastically received, we expect a bountiful harvest soon!



### Full Bellies and Full Hearts

This week, [Raley's](#) donated over 100 prepared meals to all residents residing at Eskaton Jefferson Manor. With options such as fresh fruit and Chicken Alfredo on the menu, it's no wonder their smiles were as big as their happy hearts! Eskaton would like to express our heart-felt appreciation to our community partner, Raley's, who demonstrate every day the care and love they have for the older adults throughout the Sacramento area.



## Love is Everywhere

Residents at Eskaton Lincoln Manor received over 100 homemade cards from students at Golden Sierra High School this week.

Every resident received a card with a heartfelt message from a student, an act of kindness truly appreciated and needed by so many of our residents.



## Canine Comfort Chats

Knowing that their residents have really been missing their visits with their furry four-legged friends in recent weeks, team members at The Parkview partnered with staff from the Valley Humane Society's Canine Comfort Program in Pleasanton, CA to find an alternative.

The solution? Video chat calls between residents and animals awaiting adoption at the shelter!

Talk about a win-win (or is that a "woof-woof"?).

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