



## Good News Heroes

Eskaton's unsung heroes - the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email:

[creative.team@eskaton.org](mailto:creative.team@eskaton.org)



### We Are All Family

Eskaton Roseville Manor residents were delighted to receive a meal, courtesy of [Family Meal Roseville](#).

In response to the COVID-19 crisis, The City of Roseville and Health Education Council, in collaboration with Roseville restaurants, are working to meet the food security needs of Roseville community by providing free meals. While striving to keep people employed and small restaurants afloat.

Their generosity and support is deeply appreciated.



### Never Forgotten

In honor of Memorial Day, residents at Eskaton Village Carmichael received a little something extra with their delivered meals over the holiday weekend - handmade cards celebrating the day in memory of those who sacrificed everything for our country.

Eskaton is proud of our staff for demonstrating their deep respect for the veterans of our nation, and showing that the fallen are never forgotten.



### National Day of...

The Reutlinger Community's Dining Services team celebrated multiple national days of throughout March and April and they included: National Sourdough Bread Day, National Popcorn Day, Day of the Mushroom, National Picnic Day and many others.

The team coordinated meals, activities or treats associated with each celebratory day.



### Patriotic Harmony

Residents at [Eskaton Village Grass Valley](#) were treated to a patriotic sing-a-long to celebrate Memorial Day.

Joining in from around the courtyard, their windows and balconies, the air was filled with the sounds of people honoring those who served their country.

To all our veterans, their families, and our dedicated team members who honor them, we send our most heartfelt appreciation.



### In This Together

Eskaton would like to send a big “Thank you” to our community partners, [Blue Shield of California](#), for their never-ending generosity to the older adults in our region.

Residents and participants at Eskaton’s care centers were delighted to receive beautifully-made gift bags full of goodies to help them stay entertained and engaged during these trying times. Thank you, Blue Shield.



### We All Scream for Ice Cream

Ice cream socials have always been a traditional way to welcome the warmer weather, so the staff at Eskaton Care Center Fair Oaks got creative and had their own “Ice Cream Social *Distancing*” party in celebration of National Nursing Home Week.

Team members and residents alike enjoyed bowls of the good stuff while practicing social distancing.



### Life is an Adventure

*“Do something you enjoy each day. Otherwise, what’s the point?”*

Meet Inge Roberts, Eskaton’s [Age is Beautiful](#) profile for May.

Despite a rocky start in life and an Alzheimer’s diagnosis, Inge teaches us that perseverance is just a matter of attitude.

To read her full story and others, [click here](#). Or, click the image on the left to view Inge’s interview.

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