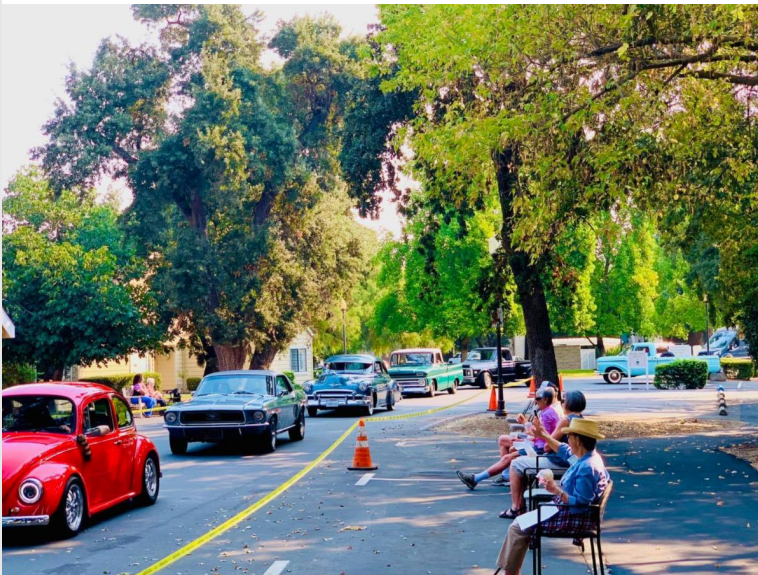# Good News Heroes
Eskaton's unsung heroes – the essential work behind the scenes

Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email: creative.team@eskaton.org.

Classics at "The Woods"

O'Connor Woods, an Eskaton managed community, wrapped up "Hot August Nights" week with an amazing parade of classic cars.

Car owners and members of the Stockton Cruise Night drove through the main road at O'Connor Woods to showcase classic beauties!

Amazing classic vehicles brought smiles to residents and staff. Thank you to staff and members of Stockton Cruise Night for helping our residents relive fond memories.

Why Wear a Mask

In times like these, it's easy to become overwhelmed and fatigued with all the rules and regulations associated with a major health crisis.

Our team at Eskaton Lodge Gold River created a feel good and inspiring video showing "Why We Wear Masks."

Several of the reason mentioned are:
- For the safety of others
- For a loved one
- For the safety of residents

To be view the video click here, or click on the left panel.

Fall Prevention Month

Throughout September the Eskaton family of communities are celebrating Fall Prevention Month.
Residents from Eskaton Monroe Lodge mastered fall prevention techniques, thanks to the Sacramento Ballet and Kaiser Permanente Thrive for hosting these inspiring classes.
Click the video on the left panel or click here, to view.

National Senior Citizen Day

In celebration of National Senior Citizen Day, the staff at Eskaton Lodge Cameron Park created this incredible video showing the vibrancy, resiliency and optimism our older adults demonstrate every day.
We are beyond privileged to work beside these incredible individuals and believe their value grows exponentially with each passing year.
Join the entire Eskaton family in wishing all of our residents and older adults in our community a wonderful year to come!
To view the video, click on the left panel.

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#WeAreOne #WeAreEskaton #EskatonImpact

Eskaton | Transforming the Aging Experience