

Good News Heroes Eskaton's unsung heroes - the essential work behind the scenes

This special edition series of Good News Heroes is designed to keep Eskaton's staff abreast of positive news throughout our communities. To share your stories, please email <u>creative.team@eskaton.org</u>.



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"MY & YEAR OLD DAUGHTER FOUND OUT I WAS WRITING LETTERS TO NURSING HOME RESIDENTS WHO CAN NO LONGER HAVE VISITORS, AND SHE OFFERED TO WRITE ONE TOO!"

A photograph really is worth a thousand words.

Eskaton residents are reaching out to their loved ones through the power of technology. Though circumstances have our older adults socially isolated for their protection, nothing can stop them from sharing a moment and a smile with their loved ones.

Love Notes

Nothing is impossible when we share the love in our hearts. After comedienne Amy Poehler (of *Parks & Rec* fame) asked kids to spread a little cheer to older adults in social isolation, residents across Eskaton communities are receiving "love notes" from the community's youngsters, and the results are nothing short of amazing. Even in uncertain times, there is no uncertainty about the compassion we share for the well-being of older adults.



Sacramento River Cats mascot Dinger made a few special pizza deliveries

Community partners like the River Cats and Round Table Pizza in West Sacramento demonstrate what it truly means to stand together in challenging times. Even in these uncertain times, the community finds ways to support and uplift one another. In recognition of their tireless commitment to the safety and well-being of our residents.



Local news outlets feature Eskaton's Telephone Reassurance Program - calling isolated older adults

"The Sacramento community is coming through to help seniors when they need it most.

Local nonprofit Eskaton has seen a surge in the number of people asking to volunteer and chat with seniors at a time when many are feeling lonely." <u>Read more.</u>



B-I-N-G-O!

In an effort to keep the residents engaged and connected, communities are getting creative with everyday activities. Hallway Bingo has been a hit at EVC. Share all the creative ways you are remaining connected in these uncertain times. We would love to share to amazing activities.

Share . Like . Connect

#WeAreOne #WeAreEskaton #EskatonImpact

Eskaton | Transforming the Aging Experience

