



Eskaton Home Healthcare scored a PERFECT SURVEY for ZERO DEFICIENCIES from the Department of Public Health.

HOME HEALTHCARE VERSUS HOME CARE		Eskaton Home Healthcare	Home Care
TREATMENT 	Medical Rehabilitation	✓	
	Physical and Occupational Therapy	✓	
	Disease Management	✓	
	Skilled Nursing	✓	
	Pain Management	✓	
	Wound Care	✓	
	Prescription Medication Management	✓	
CARE 	Meal Preparation or Delivery		✓
	House Cleaning		✓
	Help with Bathing, Dress and Grooming		✓
	Transportation		✓
	Toileting help		✓
	Companionship		✓
PAYMENT 	Covered by Medicare	✓ (100% coverage)	
	Private Health Insurance	✓	
	Private Pay	✓	✓
	Long-term Care Insurance		✓ (if specified in policy)

eskaton.org/homehealth

Eskaton Home Healthcare

916-536-3750 or 800-499-8662 Toll Free

916-536-3749 Fax

License # 100000448

Guide to Home Healthcare

Home Healthcare and **Home Care** are distinct types of care which are both provided in a home setting, but most people aren't aware of the differences and use these terms interchangeably. The key difference is that **Home Healthcare is medical** care and **Home Care is non-medical** care. (See reverse side for chart that highlights some of the differences between these often confused services.)

Home Healthcare is a 100% covered Medicare benefit
Home Care is private pay (out of pocket)

ABOUT HOME HEALTHCARE:

Home Healthcare is medical care provided by a physical therapist, nurse, occupational therapist, speech therapist or other skilled medical professional, and requires a written order from a physician. This type of care helps people recover at home and transition back to independence from a serious health issue such as an illness, surgery, hospitalization, rehabilitation, or a stay at a skilled nursing facility.

HOME HEALTHCARE SERVICES INCLUDE:

Skilled Nursing: Including wound care, diabetic care, pain management, care management of chronic diseases or conditions, support with physical cognitive decline, and more.

Physical Therapy: Including fall prevention, exercises to ensure safety, balance training, gait training, range of motion exercises, transfers and body mechanics training, establishing a home exercise program, and more.

Occupational Therapy: Including training to perform activities of daily living with adaptive devices, therapeutic activities to restore physical functions, muscle re-education, fine motor coordination, and more.

Speech Therapy: Language disorders that result in communication problems, diagnosis and treatment for swallowing problems, and more.

Medical Social Worker Services: Including counsel for long-range planning and decision-making, community resources awareness and planning, financial resources, and more.

REQUIREMENTS THAT MUST BE MET TO QUALIFY FOR HOME HEALTHCARE:

1. Home Healthcare must be ordered and overseen by a physician.
2. The person must be seen by a physician for the condition requiring Home Healthcare.
3. The person must be "confined to home", meaning that leaving the home to receive care is unsafe, requires the assistance of another (includes verbal cueing), or a device (cane, walker, wheelchair), and/or requires a taxing effort to leave the home compared to their normal ability.
4. The care needed must be "medical" rather than "non-medical".

For more information about Eskaton Home Healthcare, please contact us at 916-536-3750