ESI JUNE JUNE JUNE 2023







| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---------------------------------|--|--|
| Event Type Educational Emotional Physical Social Spiritual | Location 4L 4th Floor Lounge 6L 6th Floor Lounge BSW Beauty Shop Waiting Room D Departure DR Dining Room | FD Front Desk FDW Front Driveway FR Fountain Room GM Game Room GR Garden Room L Lobby | | 9:30 & 2:00 Seated Strength | 9:30 Yoga | 9:00 Seated Strength (GR) 10:30 Rosary Circle (4L) 10:30 Saturday Movie 1:30 Amaryn on Violin (GR) 2:00 Seated Strength (GM) 2:00 Tech w/ Tracy (L) 3:00 Pencil Art w/ Marilyn (GR) |
| 9:00 Seated Stretch (GR) 10:15 Popcorn in the Lobby 10:30 Catholic Comm. (6L) 1:00 Sports Club (GM) 7:15 Sunday Movie | 9:00 Seated Stretch (GR) 10:30 Bingo with Jack (FR) 10:30 Cindy's Walking Group (D) 1:00 Music Therapy (GR) 3:00 Seated Stretch (GR) | (GR) 10:00 Continuing Ed. Series 2:00 Seated Strength 3:00 Art on Canvas (GR) | 9:00 Seated Stretch (GR) 9:30 Hearing Aid Clinic (GM) 10:30 Violin and Piano Recital 10:30 Catholic Mass (6L) 11:30 Westminster Concert (D) 1:30 Stretch Ex w/ Pat (GR) 3:00 May Book Club mtg (GM) | 9:30 & 2:00 Seated Strength | 9:30 Yoga (GR) 10:30 TED Talks (GM) 10:30 Friday Movie (GM) 1:30 Handcrafts Group (GR) 1:30 Friday Movie (GM) 3:00 Seated Stretch (GR) 7:15 Friday Movie | 9:00 Seated Strength (GR) 9:00 Tech Assistance with Chris 10:30 Rosary Circle (4L) 10:30 Violin School Recital (GR) 2:00 Seated Strength (GR) 7:00 DUP Dancers |
| 9:00 Seated Stretch (GR) 10:15 Popcorn in the Lobby 10:30 Catholic Comm. (6L) 1:00 Sports Club (GM) 7:15 Sunday Movie | 9:00 Seated Stretch (GR) 10:00 Ride to PRIDE (D) 10:30 Bingo with Jack (FR) 10:30 Cindy's Walking Group (D) 3:00 Seated Stretch (GR) 7:00 Evening Game Group | | 9:00 Seated Stretch (GR) 11:00 Food for Thought (GR) 11:30 Westminster Concert (D) 1:30 Stretch Ex w/ Pat (GR) 3:00 June Happy Bday Cocktail Hr (GR) 3:00 Rhythm Club Band (GR) | 9:30 & 2:00 Seated Strength | Happy 50th Birthday EML! 9:30 Yoga (GR) 10:30 TED Talks 3:00 Seated Stretch (GR) 5:00 Anniversary Dinner (ONE SEATING) 7:30 Evening Games Group (GR) | 9:00 Seated Strength (GR) 10:30 Rosary Circle (4L) 10:30 Saturday Movie 1:30 Saturday Movie 2:00 Seated Strength (GR) 3:00 Sassy Jazz Duo (GR) 7:00 Healing Dance Circle (GR) |
| 9:00 Seated Stretch (GR) 10:15 Popcorn in the Lobby 10:30 Catholic Comm. (6L) 1:00 Father's Day Happy Hour (GR) 1:00 Sports Club (GM) 4:30 Father's Day Dinner | Juneteenth 9:00 Seated Stretch (GR) 10:30 Bingo with Jack (FR) 10:30 Cindy's Walking Group (D) 10:30 Zumba Gold 1:00 Music Therapy (GR) 3:00 Seated Stretch (GR) | 9:00 Seated Strength (GR) 10:00 Continuing Ed. Series 11:00 High hand Nursery 2:00 Seated Strength 3:00 Art on a Canvas 7:00 Evening Bingo (GR) | 9:00 Seated Stretch • 21 (GR) 11:30 Westminster Concert • (D) 1:30 Stretch Ex w/ Pat • (GR) 4:30 Kitchen Tour | 9:30 & 2:00 Seated | 9:30 Yoga | BBQ BASH 9:00 Seated Strength (GR) 10:30 Rosary Circle (4L) 10:30 Saturday Movie 11:00 BBQ BASH 50 Yr Ann. (FDW) 11:00 The Ekletix Band 1:30 Saturday Movie |
| 9:00 Seated Stretch (GR) 10:15 Popcorn in the Lobby 10:30 Catholic Comm. (6L) 1:00 Sports Club (GM) 7:15 Sunday Movie | 9:00 Seated Stretch (GR) 10:30 Bingo with Jack (FR) 10:30 Cindy's Walking Group (D) 12:00 BDG Pizza Party (DR) 1:00 Live Well Q & A 3:00 Seated Stretch (GR) | 9:00 Seated Strength (GR) 10:00 Continuing Ed. Series 11:00 Highhand Nursery 2:00 Seated Strength 3:00 Art & Wine Reveals 7:00 Evening Bingo (GR) | 9:00 Seated Stretch (GR) 11:30 Westminster Concert 1:30 Stretch Ex w/ Pat 2:30 June Book Club 4:30 Kitchen Tour (DR) | 9:30 & 2:00 Seated | 9:30 Yoga | Thurvers Arrivers Arr |