	SUN	MON	TUE	WED	THUR	FRI	SAT
	September	Daily Activities: Excercise at 10.00 am Refreshments at 2.20 pm Movie at 6.00 pm		11:00 Reading a Book 1:30 Painting 2:30 Bingo 3:30 Bowling	10:30 Stretching & Music with Lois 11:25 1:1 Walking 1:30 Craft 2:30 Dance in the Chair 3:30 Sign a Song	11:00 Puzzles 1:30 Water color paint 2:30 Playing Musical Instruments 4:30 Tennis	11:00 Quirkle 1:30 Making Cards 2:30 Hair Style and Hand Massage 3:30 Movie and Pop Corn
N	11:00 General Knowledge 1:30 Breathing Exercise 2:25 Chair Dance 3:30 Balloon Toss	Labor Day 11:00 Uno 1:30 Creative Coloring 2:30 Horseshoes 3:30 Karaoke 6:30 Erev Rosh Hashanah	National Grandparent Day Rosh Hashanah 9:00 Rosh Hashanah Day 1 11:00 Picture Talk 2:00 Rosh Hashanah Day 1 3:30 Volleyball	9:00 Rosh Hashanah Day 2 11:00 Alphabet Game 1:25 Craft 2:30 Social Ice Cream at the Patio 3:30 Sign a Song	National Teddy Bear 10:00 Achi's Harmony 10:30 Stretching &	10:45 Torah Trivia 11:00 Dominoes 1:30 Art 2:30 Social Ice Cream at the Patio 4:30 Sign a Song	Patriot Day  10:30 Shabbat Shuvah  11:00 Reading a Book  1:30 Residents Choice  2:30 Senior Zumba  3:30 Movie and Pop Corn
N	11:00 Travelodge 1:30 Yoga 2:30 Pictionary Brain Game 3:30 Karaoke	11:00 Word Game 1:30 1:1 Walking 2:30 Music with Maya 3:30 Wii Game	10:00 Therapy Music by VJ 1:30 Special Project 2:30 Volleyball 3:30 Sign a Favorite Song	Yom Kippur Day 11:00 Making Shapes 1:30 Art & Craft 2:30 Travelodge 3:30 Horseshoes 6:30 Yom Kippur	9:00 Yom Kippur Day  10:30 Stretching & Music with Lois  11:25 Reading Time 1:30 Painting Rocks 2:30 Yoga Dance 3:00 Yom Kippur Day 3:30 Catch balls!	11:00 Favorite Animal 1:30 Painting 2:30 Gardening 4:30 Sign a Song	11:00 Reading a Book 1:30 Games 2:30 Voleyball 3:30 Karaoke
	11:00 Life Stories 1:30 Making a Collage 2:30 Yoga 3:30 Catch Balls	Erev Sukkot 11:00 Uno 1:30 Creative Coloring 2:30 Cruising around the world 3:30 Erev Sukkot	Sukkot  10:30 Sukkot  11:30 Alphabet Game  1:30 Craft  2:30 Chair Dance  3:30 Horseshoes	Sukkot  10:30 Sukkot  11:00 Games  1:30 Making Jewelry  2:30 Tennis  3:30 Bingo	10:00 Achi's Harmony 10:30 Stretching &	11:00 Match Shapes 1:30 Painting 2:30 Sign a Favorite Song 4:00 1:1 Walking	11:00 Reading a Book 1:30 Garden Walk 2:30 Cooking Time 3:25 Sign a Favorite Song
	11:00 Travelodge 1:30 Craft 2:30 Yoga Dance 3:30 Karaoke	10:00 1:1 Walking 1:30 Wii Game 2:30 Dance in the Chair 3:30 Balloon Toss	10:00 Therapy Music by VJ 10:30 Shemini Atzeret & Yizkor 11:30 Memory Game 1:30 Flower Arrangement & Sensory Smells 2:30 Social Ice Cream at the Patio 3:30 Music Time Playing Instruments	Simchat Torah 10:30 Simchat Torah 11:00 Dominoes 1:30 Special Project 2:30 Gardening 3:30 Voleyball	10:30 Stretching & Music with Lois 11:00 Picture Talk 1:30 Painting 2:30 Horseshoes 3:30 Sign a Song	All activities are subject to change at any given time due to the resident's preferences.	Rosh Hashanah

## September 2021

