

weekly menu

Oct 23rd to Oct 29th

BREAKFAST 8AM TO 10AM LUNCH 11:30AM TO 2PM DINNER 4:30PM TO 7PM

Cafe Phone - Deliveries and Pick up Orders: 209-476-4080

Please place lunch orders before 10am and Dinner orders before 4pm

DINING MANAGER ON DUTY PHONE 209-687-0255 from 10:30am to 7:00pm

Menus subject to change due to availability

Independent Living

Monday 23

Tuesday 24

Wednesday 25

Thursday 26

Friday 27

Saturday 28

Sunday 29

Daily Breakfast Specials	Greek Omelet with Sliced Italian Sausage	Breakfast Ranchero Tostada Chorizo	Sunrise Breakfast Sandwich with Canadian Bacon	Eggs Benedict Canadian Bacon	Corned Beef Breakfast Skillet	Biscuit & Sawmill Gravy Sausage Links	Farmers Breakfast Skillet
Daily Soups	Classic Ground Beef and Bean Chili	Black Bean Soup(GF)	Southwest Vegetable Soup	Turkey Vegetable Soup	New England Clam Chowder	Cauliflower Cheese Soup	Potato Bacon Soup
	Curried Zucchini Soup	Creamy Pumpkin Puree with Turmeric and Ginger	Tomato Rice Soup	Wild Mushroom & Barley Soup	Vegetarian Lentil Soup	Chicken & Sausage Gumbo Soup	Chunky Mushroom Artichoke and Spinach Soup
Daily Lunch Special	Turkey Melt Carved Turkey on Toasted Sourdough with Melted Cheddar Cheese, Provolone and Caramelized Onions	Pulled Pork Sandwich with Cole Slaw and Onion Rings Tender Pulled Pork on a Kaiser Bun. Topped with Coleslaw and served with Onion Rings	Shrimp Po' Boy with Old Bay Potato Chips Butter Poached Shrimp in a Toasted Hoagie Roll with Cajun Mayonnaise, Tomato, and Lettuce. Served with Old Bay Potato Chips	Gyro Flatbread with Crispy Potato Fries Shaved Beef and Lamb Gyro stuffed in a toasted flatbread with Fresh Tomato, Lettuce and Creamy Yogurt Sauce	Crispy Chicken Sandwich with Crisp Tomato & Cucumber Salad Crispy Fried Chicken Breast on a Ciabatta Roll with Honey Mustard, Swiss Cheese, Lettuce and Tomato. Served with a Cucumber Tomato Salad	Turkey or Tofu Lettuce Wrap Ground Turkey or Crisp Tofu wrapped in a Lettuce Leaf with Ginger, Mushroom, Basil and Hoisin Sauce	Chicago Hot Dog with BBQ Potato Chips All Beef Hot Dog topped with Tomato, Onion, Relish and Mustard. Served with BBQ Potato Chips
All Day Special	German Style Beef Sauerbraten Beef Round Marinated with Burgundy Wine and Vinegar, Peppercorn and Bay. Served with Hot German Potato Salad and Stewed Purple Cabbage	Salmon Vera Cruz Pan Roasted Salmon topped with Fresh Tomato Salsa and Cilantro	Chicken Adobo with Jasmine Rice & Coconut Pineapple Salsa Soy and Garlic Braised Chicken Legs with Green Onions, Pineapple and Coconut Salsa and Jasmine Rice	Linguine with Sundried Tomato Cream Sauce Topped with your choice of Pan Roasted Salmon or Grilled Chicken Breast. Served with Parmesan Cheese and French Bread	Thai Coconut Curry Noodle Bowl Rice Noodles topped with Cilantro Lime Chicken, Shiitake Mushrooms, Carrot, Snap Pea, Green Onion, Sesame Seed, Peanut and Coconut Curry Broth	Herb Crusted Salmon Fillet Herbs Fines Crusted Salmon Filet with Lemon	Memphis BBQ Shrimp and Grits Creamy Cheese Grits topped with Southern Blackened Shrimp and Drizzled with BBQ Sauce
Daily Lunch Sides	Warm German Potato Salad Stewed Cabbage	Parsley Carrots Creamed Corn	Jasmine Rice Glazed Carrots	Roasted Asparagus Herbed Linguine	Crisp Tomatoes & Cucumbers Buffalo Cauliflower	Roasted Red Potatoes Dijonnaise Haricot Vert	Cheese Grits Butter Sauteed Fresh Collard Greens
Dinner Special	Poached Salmon with Dill Sauce Fresh Salmon Poached in White Wine and Lemon with Yogurt Dill Sauce and Steamed Spinach	Wonton Soup Char Siu Pork BBQ Pork and Shrimp Wontons in a Soy Ginger Chicken Broth with Chinese BBQ Pork, Carrot, Broccoli and Bok Choy	Carved Bistro Steak Medallions Medium Rare Carved Teres Major with Au Gratin Potatoes and Sea Salt Green Beans	Crispy Beef Tacos Crispy Corn Tortillas filled with Spiced Ground Beef, Lettuce, Tomato and Cheese. Served with Refried Beans, Mexican Rice and Zucchini & Corn	Butternut Squash Ravioli with Prosciutto Ricotta Stuffed Ravioli Sauteed with Roasted Butternut Squash, Sage, Prosciutto, Brown Butter and Parmesan Cheese	NY Strip Steak Carved NY Strip with Whipped Potatoes and Creamed Spinach. Served with Horseradish Cream	Chicken Caprese(OSG) Grilled Chicken Breast topped with Tomato, Fresh Mozzarella and Basil Bruschetta. Served with Rainbow Quinoa and Baked Acorn Squash
Daily Dinner Sides	Warm German Potato Salad & Stewed Cabbage Steamed Fresh Spinach	Butternut Squash Risotto Broccolini w/Garlic	Au Gratin Potatoes Sea Salt Green Beans	Refried Beans & Mexican Rice Mexican Zucchini & Corn	Ratatouille Herbed Red Potatoes	Parmesan Whipped Potatoes Creamed Spinach	Rainbow Quinoa Baked Acorn Squash
Dessert Features	German Apple Cake	Pumpkin Cheesecake	Brownie	Orange Custard with Roasted Rhubarb	Strawberry Peach Pie	Banana Bread	Chocolate Mousse Cake

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also available menu

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Always Available Entrees	French Cut Chicken Breast Choice of Fruit Salsa or Herb Butter Sauce		Chicken or Shrimp Teriyaki Stir Fry Served over Steamed Rice		Creamy Vodka Penne with Grilled Chicken and Spinach		Seared Salmon with Fruit Salsa or Garlic Aioli		Surf and Turf Grilled Petite Steak and Prawns with Herb Butter	
Always Available Handhelds	The O'Connor Burger Choose Turkey, Veggie, Beyond or All Beef		The O'Connor All-beef Hot Dog						OCW Deli Sandwiches Turkey, Ham, Tuna Salad, BLT, Grilled Cheese	
			The O'Connor Club Sandwich Turkey, Bacon, Lettuce, Tomato, Choose Cheese, Choice of Bread, Chipotle Mayo, Avocado			Naan Flat Bread Pizza Choose from Pepperoni, Veggie, or Combination		Classic Reuben Sandwich Corned Beef, Sauerkraut, 1000 Island, Lite Rye, Swiss Cheese		
Always Available Sides	Steamed Spinach	Broccoli Steamed or Sauteed	Sautéed Mushrooms	Carrots Steamed or Sauteed	Mashed Potatoes	Baked Potatoes or Sweet Potato	White Rice	French Fries or Onion Rings	Sweet Potato Fries	Coleslaw
Always Available Small Plates	O'Connor Woods Shrimp Cocktail				Choice of Shrimp, Chicken or Bacon Quesadilla with Sour Cream and Pico de Gallo			BBQ Pulled Chicken Sliders on Hawaiian Buns Two Sliders served with Coleslaw		
Always Available Salads	Warm Spinach Salad Spinach, Blue Cheese, Hard Cooked Egg, Red Onion, Kalamata Bacon Balsamic Vinaigrette Choose from Chicken or Salmon		Chef's Salad Sliced Turkey, Sliced Ham, American Cheese, Swiss Cheese, Hard Boiled Egg and Tomatoes			Cobb Salad Romaine, Hard Boiled Egg, Bleu Cheese, Bacon, Chicken, Avocado and Tomatoes		Asian Chicken Salad Shredded Romaine, Napa Cabbage, Chicken Breast, Mandarin Oranges, Cilantro, Green Onions, Cashews, Wonton Strips, Sesame Seed, Ginger Dressing		
Desserts	Assorted Ice Cream, Sherbet or Sorbet			NSA Chocolate Cake		NSA Apple Pie		Assorted Cookies	New York Style Cheesecake	
	Vanilla or Chocolate Pudding					Daily Dessert Special				