

## Resident Care Associate

**DEPARTMENT:** Nursing

### **POSITION SUMMARY**

The Resident Care Associate (RCA) provides personal care, companion care, nursing assistance and other assigned tasks to residents living in Reutlinger communities. The Resident Care Associate duties include direct resident care, assisting in daily living activities, grocery or personal shopping, errands and other domestic tasks as well as documentation of care provided. Duties and assignments may be adjusted at the discretion of the Resident Care Coordinator, Memory Care Coordinator, or Wellness Nurse based on an evaluation of resident needs.

### **POSITION RESPONSIBILITIES INCLUDE:**

#### **Direct Resident Care**

- Provides companion care which can include reading, visiting, answering personal correspondence, assisting with bill paying or other tasks as listed on resident's plan of care.
- Provides or assists in bathing or showering for thorough cleanliness and hygiene of resident.
- Makes beds, straightens rooms, and keeps resident care area in an organized manner.
- Assists residents in dressing when needed and demonstrates concern for individual privacy while providing resident care.
- Can be responsible for preparing light meals at the direction of the resident when noted on resident's plan of care.
- Assists residents to schedule medical appointments or other vital services as indicated by the resident's plan of care. May accompany resident to appointments at the direction of the Resident Care Coordinator, Memory Care Coordinator, Wellness Nurse, or Executive Director.
- Promotes appropriate levels of independence in resident care and demonstrates awareness of safety for both resident and self in providing care.

- Assists resident with simple range of motion or other exercises as directed by nurse or therapist and ambulates resident according to his/her endurance levels. When directed by the plan of care, assists resident to site fitness program or individual planned events.
- Assists with activities, including participating and/or leading activities per Activity Director and Resident Care Coordinator, Memory Care Coordinator, or Wellness Nurse instructions.

### **Documentation**

- Accurately documents care or services provided to residents including the documentation of reportable resident problems. All reportable problems are to be immediately directed to the Resident Care Coordinator, Memory Care Coordinator, Wellness Nurse, or Executive Director as appropriate.
- Maintains required documentation procedures required by RCFE rules and regulations. Uses accurate medical terminology.

## **QUALIFICATIONS**

### **Education:**

High school graduate or G.E.D. preferred. Proficient ability to communicate orally and in writing in the English language.

### **Training and Experience:**

Six (6) months experience in providing personal care in a residential or long term care setting preferred. Valid/current first aid certification.

### **Knowledge and Abilities:**

Knowledge in performing personal care services in a residential environment. Ability to meet new and/or stressful situations with the appropriate responses. Ability to work effectively as part of a healthcare team, to share information freely, to use and seek supervision and consultation verbally and in writing, and be able to follow both verbal and written instructions.

*The final candidate must successfully pass The Reutlinger's post offer, pre-employment testing which includes a criminal background check, drug test, COVID test, TB screen test and health screen. All staff, except wait staff and dishwasher positions, must be at least 18 years of age.*

*The Reutlinger is an Equal Opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability, gender identity, sexual orientation or protected veteran status.*