

# weekly menu

July 31<sup>st</sup> to Aug 6<sup>th</sup>

**BREAKFAST 8AM TO 10AM LUNCH 11:30AM TO 2PM DINNER 4:30PM TO 7PM**

Cafe Phone - Deliveries and Pick up Orders: 209-476-4080

DINING MANAGER ON DUTY PHONE 209-687-0255 from 10:30am to 7:00pm

Menus subject to change due to availability

**Independent  
Living**

	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
<b>Daily Breakfast Specials</b>	Egg and Cheese on English Muffin Breakfast Ham	Denver Scramble Chicken Apple Sausage O'Brien Potatoes	Banana Fosters French Toast Turkey Sausage	Breakfast Burrito Bacon	Blueberry Pancake Sausage Patty	Chorizo Breakfast Wrap Bacon Fingerling Potatoes	Scrambled Eggs Pork Sausage Links Hashbrowns
<b>Daily Soups</b>	Garlic Brussel Sprout	Potato Leek & Golden Beet	Maryland Crab Bisque	Seafood Gumbo	New England Clam Chowder	Vegetable Beef Barley	Vegetable & Rice
	Navy Bean (OSG)	Turkey & Vegetable	Minestrone	Cream of Broccoli	Vegetarian Chili (OSG)	Grilled Corn & Potato Bisque	Creamy Curry Sweet Potato
<b>Daily Lunch Special #1</b>	Sausage & Mushroom Flatbread with Potato Salad	Monte Cristo Sandwich with Strawberry Jam	Grilled Bratwurst with Onions & Peppers on Brioche Bun	Smothered Chicken Thigh with Savory Brown Gravy	Pecan Chicken Salad Sandwich on Croissant	Creamy Vegetarian Lasagna with Garlic Bread	Chicken Parmesan Sandwich with Sweet Potato Fries
<b>Daily Lunch Special #2</b>	Southern Fried Chicken	Thyme Roasted Turkey Breast with Poultry Gravy	Cheese Ravioli with Marinara Sauce	Thick Cut Pork Chop with Apple Chutney	Herbed Crusted Salmon with White Wine Velouté	Fried Onion Turkey Burger on Kaiser Bun	Beef Meatloaf with Beef Gravy
<b>Daily Lunch Sides</b>	Corn on the Cob Steamed Green Beans	Buttermilk Mashed Potatoes Roasted Broccoli with Garlic	Garlic Bread Herbed Roasted Yellow Squash	Creamy Corn Steamed Spinach & Mushrooms	Traditional Rice Pilaf Blistered Tomatoes	Steak Cut Fries Pineapple Coleslaw	Scalloped Potatoes Sauteed Zucchini with Fresh Herbs
<b>Dinner Special #1</b>	Southern Fried Chicken	Grilled Ham Steak	Cheese Ravioli with Marinara Sauce Garlic Breadstick	Smothered Chicken Thigh with Savory Brown Gravy	Herbed Crusted Salmon with White Wine Velouté	Creamy Vegetarian Lasagna with Garlic Bread	Beef Meatloaf with Beef Gravy
<b>Dinner Special #2</b>	Salisbury Steak with Brown Gravy	Thyme Roasted Turkey Breast with Poultry Gravy	Shrimp Puttanesca	Onions Braised Brisket	Chicken Greek Salad	Mojo Shrimp Skewers	Grilled Swordfish with Lemon Beurre Blanc
<b>Daily Dinner Sides</b>	Garlic Smashed Red Potatoes Grilled Zucchini	Buttermilk Mashed Potatoes Grilled Asparagus with Garlic & Red Peppers	Herbed & Butter Linguine Italian Stuffed Tomato	Roasted Heirloom Fingerling Potatoes Steamed Broccolini with Lemon & Garlic	Savory Polenta Cake Glazed Stemmed Baby Carrots	Steamed White Rice Greek Style Green Beans	Roasted marble Potatoes Steamed Broccoli Rabe
<b>Dessert Features</b>	Avocado Chocolate Mousse (NSA Available)	Strawberry Rhubarb Crumb Cake	Brownie	Milk Tea Panna Cotta	Banana Bread	Tuxedo Cake	Chocolate Raspberry Cream Pie

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June 31<sup>st</sup> to Aug 6<sup>th</sup>

# also available menu

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Living**

<b>Lunch &amp; Dinner Always Available Entrees</b>	<b>French Cut Chicken Breast</b> ® Choice of Fruit Salsa or Herb Butter Sauce		<b>Chicken or Shrimp Teriyaki Stir Fry</b> Served over Steamed Rice		<b>Spaghetti Marinara</b> ®		<b>Seared Salmon</b> with Fruit Salsa or Garlic Aioli		<b>Beef Medallions</b> ® With Demi Glaze	
<b>Lunch Always Available Handhelds</b>	<b>The O'Connor Burger</b> (Sub Turkey Burger upon Request)		<b>Naan Flat Bread Pizza</b> (Pepperoni, Veggie, or Combination)		<b>The O'Connor Club Sandwich</b>		<b>The O'Connor All-beef Hot Dog</b>		<b>OCW Deli Sandwiches</b> Turkey, Ham, Tuna Salad, BLT, Grilled Cheese	
<b>Lunch Always &amp; Dinner Available Sides</b>	Steamed Spinach	Broccoli	Sautéed Mushrooms	<b>Sauteed Carrots</b> ®	Mashed Potatoes	Baked Potatoes or Sweet Potato	White Rice	French Fries or Onion Rings	Sweet Potato Fries®	Coleslaw
<b>Always Available Small Plates Lunch &amp; Dinner</b>	<b>O'Connor Woods Shrimp Cocktail</b>				<b>Choice of Shrimp, Chicken or Bacon Quesadilla</b> with Sour Cream and Pico de Gallo			<b>BBQ Pulled Chicken Sliders on Hawaiian Buns</b> Two Sliders served with Coleslaw®		
<b>Dinner Always Available Handhelds</b>	<b>The O'Connor Burger</b> (Sub Turkey Burger upon Request)		<b>The O'Connor Turkey Club Sandwich</b>			<b>Naan Flat Bread Pizza</b> (Pepperoni, Veggie, or Combination)		<b>Pastrami &amp; Swiss Melt on Choice of Bread</b> ®		
<b>Always Available Salads</b>	<b>Strawberry Salad (OSG)</b> Mixed Greens, Strawberries, Avocado, Quinoa, Fried Goat Cheese Ball and Sage Vinaigrette		<b>Chef's Salad</b> Sliced Turkey, Sliced Ham, American Cheese, Swiss Cheese, Hard Boiled Egg and Tomatoes			<b>Cobb Salad</b> Romaine, Hard Boiled Egg, Blew Cheese, Bacon, Chicken, Avocado and Tomatoes		<b>Middle Eastern Grain Salad(OSG) @</b> Mixed Greens, Quinoa, Garbanzo beans, Chopped Cauliflower, Sweet potatoes, Chopped Dates, Feta Cheese & Toasted Almonds		
<b>Desserts</b>	Ice Cream, Sherbet or Sorbet			NSA Chocolate Cake		NSA Apple Pie		Café Cookies		New York Style Cheesecake

® Item Rotation